

AUGUST 2017 EVENTS

You are not alone ... Please join us at one of the following sessions

~ Family Caregiver Support Groups ~

ALZHEIMER'S & GENERAL SUPPORT GROUPS

WHEN: TUESDAY, AUGUST 1ST

TIME: 6:00 p.m.

WHERE: Y.W.C.A.

ADDR.: 4601 Corona Drive, Corpus Christi

PHONE: (361) 883-3935

WHEN: THURSDAY, AUGUST 10TH

TIME: 3:00 p.m.

WHERE: Mirador Plaza (back side of facility)

ADDR.: 5857 Timbergate Drive, Corpus Christi

PHONE: (361) 883-3935

WHEN: TUESDAY, AUGUST 8TH

TIME: 6:00 p.m.

WHERE: Woodridge Nursing & Rehab Center

ADDR.: 600 So. Hillside Dr., Beeville

PHONE: (361) 358-8880

WHEN: WEDNESDAY, AUGUST 9TH

TIME: 12:00 p.m.

WHERE: Lindale Center/Caregiver SOS

ADDR.: 3133 Swantner St., Corpus Christi

PHONE: (361) 826-2343

WHEN: THURSDAY, AUGUST 17TH

TIME: 10:30 a.m.

WHERE: Lexington Place Nursing & Rehab

ADDR.: 1661 West Yoakum, Aransas Pass

PHONE: (361) 758-7686

WHEN: TUESDAY, AUGUST 15TH

TIME: 9:30 a.m.

WHAT: General Caregiver Support Group

WHERE: Brookdale (Formerly Homewood Residence)

ADDR.: 6410 Meadow Vista, Corpus Christi

PHONE: (361) 980-0208 **FACILITATOR:**Anita Valles

WHEN: TUESDAY, AUGUST 15TH

TIME: 3:00 p.m.

WHERE: SCC River Ridge Nursing Rehab Center

ADDR.: 3922 West River Dr. (Off FM 624) Corpus Christi

PHONE: (361) 767-2000

WHEN: THURSDAY, AUGUST 24TH

TIME: 4:30 p.m.

WHERE: Kleberg County Nursing & Rehab.

ADDR.: 316 General Cavazos Blvd., Kingsville

PHONE: (361) 883-3935

WHEN: TUESDAY, AUGUST 29TH (NEW TIME AND DAY)

TIME: 4:00 p.m.

WHERE: Alice Public Library

ADDR.: 401 E. Third Street, Alice

PHONE: (361) 883-3935

GRANDPARENTS AND OTHER RELATIVES RAISING CHILDREN - GRRC

WHEN: TUESDAY, AUGUST 22ND

TIME: 10:00 — 11:00 a.m.

WHERE: Ben F. McDonald Library

ADDR.: 4044 Greenwood Drive, Corpus Christi

PHONE: (361) 883-3935

WHAT: (*) EVENING SUPPORT GROUP

WHEN: Thursday, August 31th

TIME: 6:00 p.m. — 7:00 p.m.

WHERE: First United Methodist Church

ADDR.: 900 South Shoreline Blvd., Corpus Christi

2nd floor—Rm #216 / parking & entrance behind church

PHONE: (361) 334-2255

FACILITATED/PRESENTED BY: MCH FAMILY OUTREACH

(*) Please call if you will bring your grandchild(ren)

CLASSES FOR ALL AGES

For additional information contact:

FELIPA LOPEZ WILMOT

Family Caregiver Program Specialist

Office: (361) 883-3935 ext - 5153

email: felipa@cbcogaaa.org

~ OR ~

SALLY EDSILL

NFCSP Administrative Assistant

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Facilitations are provided by:
THE NATIONAL FAMILY CAREGIVER SUPPORT PROGRAM
a program of
Texas Health and Human Services



TELECONNECTION

www.caregiverteleconnection.org



Free Telephone Learning Sessions

Call. Learn. Share.

Date	Time	Topic
Monday, August 7th	2:00 pm Eastern 1:00 pm Central 12:00 pm Mountain 11:00 am Pacific	Identifying and Working with Combative Dementia Behaviors with Tam Cummings, PhD <i>Caregivers often must deal with combative, aggressive and agitated behaviors from those who suffer from dementia. During this presentation, Tam will help audience members understand how dementia brain damage can result in negative verbal and physical behaviors. She also will introduce them to a behavioral charting system and teach them how to adapt their response to negative behaviors for the best possible outcome.</i>
Monday, August 14th	1:00 pm Eastern 12:00 pm Central 11:00 am Mountain 10:00 am Pacific	Assessing Needs and Finding Community and Online Resources <i>What does you loved one need and where can I find help and services? What is available for you as a caregiver? During these challenging times when resources are increasingly in demand, tools to find help can reduce the stress and manage expectations about what may be available. ***Sponsored by the North Central Texas Caregiver Teleconnection***</i>
Wednesday, August 23rd	3:00 pm Eastern 2:00 pm Central 1:00 pm Mountain 12:00 pm Pacific	Caregiving As A Human Rights Issue with Carol Zernial, MA <i>This session will look at the issue of caregiving through the lens of international human rights laws. Carol Zernial, MA, is the Executive Director of the WellMed Charitable Foundation, and the chair of the Board for the National Council on Aging. Join us as Carol leads us through this fascinating topic.</i>
Tuesday, August 29th	12:00 pm Eastern 11:00 am Central 10:00 am Mountain 9:00 am Pacific	Caregivers and Grief and Loss with Evalyn Greb, LCSW <i>This session will help participants understand that grieving is a process that may start at the diagnosis of a degenerative condition, that loss and grief are universal human conditions that cannot be avoided but must be endured, and that caregivers may grieve over long periods of time. Evalyn will discuss the techniques and resources that are available for help.</i>



WELLMED CHARITABLE FOUNDATION

A program of the WellMed Charitable Foundation

Register online at www.caregiverteleconnection.org or call 866.390.6491 Toll Free

Registration required at least 24 hours in advance

CARE PROVIDER TRAINING

A facilitation provided by:
The National Family Caregiver Support Program
a program of the:



~ **SAVE-THE-DATE** ~

WHEN: WED., Sept. 13, 2017

TIME: 9:00 a.m. to 5:00 p.m.

WHERE: AREA AGENCY ON AGING

ADDRESS: 2910 LEOPARD ST., CORPUS CHRISTI

!! FREE 8 HOUR TRAINING !!

LEARN TO PROVIDE PERSONAL CARE TO SENIORS AND PERSONS WITH PHYSICAL DISABILITIES TO ENHANCE AND PROMOTE THE "QUALITY OF CARE IN THE HOME".

MODULE TOPICS:



- ◆ **Roles & Responsibilities of a Care Provider**
- ◆ **Assisting with Personal Care**
- ◆ **How to Help Someone who uses Adaptive Aide(s)**
- ◆ **Caring for Someone with Early to Mid Stage Alzheimer's**
- ◆ **Caring for Someone with Mid to Late Stage Alzheimer's**
- ◆ **Community Resources**

* Seating is limited; call to reserve your space * Certificate of completion will be awarded at end of class *

For additional information contact:

~ **FELIPA LOPEZ WILMOT** ~

Family Caregiver Program Specialist

Office: (361) 883-3935 ext - 5153

Toll Free: 1-800-252-9240

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OR

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NFCSP Administrative Assistant

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