

The Coastal Bend Aging & Disability Resource Directory

2019 - 2020



CAROL BAILEY

700 Everhart Rd Ste B-2
Corpus Christi, Texas
361-814-9200



*Elder Law, Medicaid, Asset Protection, Wills,
Estate Planning, Probate, Guardianship,
Supplemental Needs & Miller Trusts*

2019-2020

Aging and Disability Resource Directory Committee

This publication is brought to you by the **Aging and Disability Resource Directory Committee**. The committee members represent **2-1-1 Texas, Area Agency on Aging of the Coastal Bend, City of Corpus Christi Committee for Persons with Disabilities, Coastal Bend Aging and Disability Resource Center, Coastal Bend Center for Independent Living, Mayor's Council on Aging, and Texas Health and Human Services Commission**. By listing organizations and services in this comprehensive directory, or by accepting advertising, the ADRD Committee neither endorse these services and products, nor support their quality.

Call the Area Agency on Aging if you would like additional copies of the Coastal Bend Aging and Disability Resource Directory (ADRD) at

361-883-3935

Additionally, if your agency or organization requires revisions or have potential addition to the ADRD, all requests **MUST** be mailed in; phone requests will **NOT** be accepted. Mail your revision request to:

**ADRD
P.O. Box 9909
Corpus Christi, TX
78469**

Coastal Bend Region Covers 12 Coastal Bend Counties



FREQUENTLY REQUESTED NUMBERS

Area Agency on Aging of the Coastal Bend (AAA)	361-883-3935
Catholic Charities of Corpus Christi	361-884-0651
City of Corpus Christi – Senior Community Services Home Delivered Meals	361-826-4120
Coastal Bend Aging and Disability Resource Center (CBADRC)	855-937-2372
Coastal Bend Center for Independent Living (CBCIL)	361-883-8461
Coastal Plains Community Health Center	361-777-3991
Community Action Corporation of South Texas (CACOST)	361-664-0145
Corpus Christi Metro Ministries	361-887-0151
Medicaid (Helpline)	800-335-8957
Medicare	800-633-4227
Nueces Center for Mental Health and Intellectual Disabilities	361-886-6970
Nueces County Community Action Agency (NCCAA)	361-882-4193
Nueces County Department of Social Services Corpus Christi Residents	361-888-0837
Robstown Residents	361-767-2731
Public Utility Commission of Texas (PUC)	888-782-8477
S.N.A.P. (Food Stamp Program)	877-541-7905
OR dial 2-1-1, press language option, then #2	
Social Security Administration (SSA) or Supplementary Security Income (SSI)	800-772-1213
Texas Department of Family and Protective Services	800-252-5400
Texas Department of Public Safety (DPS)	361-879-4500
Texas Department of State Health Services (DSHS) Region II	956-423-0130
OR dial 2-1-1, press language option, then #2	
Texas Health and Human Services Commission Intake Line (formerly known as Texas Dept. of Aging & Disability Services)	866-670-2424
Texas Office of Attorney General (OAG)	800-252-8011

TABLE OF CONTENTS

Accommodations	5
Adult Day Programs	5
Advocacy	5-8
Aging Services	8-9
Alzheimer’s Disease and Related Dementias	9-12
Architectural Barriers	13
Assistive Technology/Services	13
Blind/Low Vision	14-15
Burial Assistance	15
Caregiver Resources	15-16
Center For Independent Living	17
Child/Infant/Youth Services	17-21
Community Action Agencies	21-22
Counseling Services	23
Crime Prevention	24
Deaf/Hard of Hearing	24-26
Disaster Preparedness/Planning	26-28
Education	29-30
Employment/Jobs	30-31
Financial Assistance/Benefits Determination	32-33
Food and Nutrition	34-35
Food Assistance	34
Food Stamp Program.....	34-35
Grandparents and Other Relatives Raising Children Resources	35-36
Health Services	37-43
Home Care Assistance	43-44
Home Health Agencies	44
Home Repairs/Modification	45
Hospice and Palliative Care	45
Housing	45
Housing Information and Referral.....	45
Public Housing Authorities.....	47
Public Housing Developments.....	48
Residential Living.....	48

TABLE OF CONTENTS

Subsidized Housing (Low Income) by County.....	49
HUD Subsidized Rental Properties by County	49-53
Temporary Housing	53
Shelters/Transitional.....	53
Information & Referral.....	54
Insurance	54-55
Intellectual Developmental Disabilities (IDD).....	55-56
Legal Assistance/Civil Rights	56-60
Medicaid and Medicare	60
Medicaid.....	60
Medicaid Eligibility Offices.....	60-61
Medicaid Managed Care Programs	61-62
Medicaid Waiver Programs	62
Medicare.....	62-63
Mental Health/Mental Illness	63-65
Nursing Homes/Services By County	65-67
Prescription Expense Assistance.....	68-70
Protective Services	70
Recreation	71-72
City of Corpus Christi - Parks and Recreation.....	71
Aquatics	71
Recreation Centers.....	71
Tennis.....	71
Respite Services.....	74
Senior Centers By County	76-77
Senior Services.....	78
Social Security	78
Substance Abuse Information	78-79
Support Groups	79-81
Tax Aid Information.....	81-82
Transportation.....	82-84
Veterans Services	84-86
Volunteer Opportunities	86-87
Advertisers Index.....	88

ACCOMMODATIONS

Coastal Bend Center for Independent Living

.....**361-883-8461**
**877-988-1999**
**www.cbCIL.org**
See paid ad on page 58
 Information, referral, consulting and training on accessibility, accommodations and barrier removal.

City of Corpus Christi Human Relations Dept.....

.....**361-826-3190**
**www.cctexas.com**
See paid ad on page 59
 Technical assistance and also citizen complaints regarding compliance with the Americans with Disabilities Act (ADA).

Job Accommodation Network (JAN).....

.....**800-232-9675**
(TDD).....877-781-9403
 **www.Askjan.org**
 Provides information on self-employment and business issues.

Southwest ADA Center (ADA Networks) ...

.....**800-949-4232**
**www.southwestada.org**
 Information, resources and training on Americans with Disabilities Act (ADA), or other disability related laws for businesses, schools, public and private entities, people with disabilities and their families.

ADULT DAY PROGRAMS

Day care for older persons and persons with disabilities providing interaction and supervision during the day for people who live in the community.

See: LOCAL PHONE DIRECTORY FOR COMPLETE LISTING

Area Agency on Aging/Coastal Bend Aging & Disability Resource Center

.....**361-883-3935**
**800-252-9240**
**855-937-2372**

ADVOCACY

AARP 888-687-2277 Toll Free Chapter Directory

TTY 877-434-7598
**www.aarp.org**

Adapt of Texas 512-442-0252

..... **www.adapt.org**
 Access to public places, transportation housing and services for people with disabilities to live at home instead of being institutionalized. "My Medicaid Matters".

Americans with Disabilities Act-Southwest ADA Center

.....**800-949-4232**
**www.southwestada.org**
 Leading resource on the Americans with Disabilities Act and related disability rights laws.

Arc of Texas and Texas Advocates.....

.....**800-252-9729**
**www.thearcoftexas.org**
 Advocacy and resource information for people with intellectual and developmental disabilities.

Area Agency on Aging of the Coastal Bend

See: AGING SERVICES



Mayor's
Council on
Aging

Information. Education. Advocacy.

EVENTS CALENDAR

MAY

- Older Americans Month
- Senior Expo

JUNE

Emergency Preparedness Workshops

SEPTEMBER

Grandparents & Other Relatives Raising Children Conference

SPEAKER'S BUREAU

Topic experts are available for presentations

Mayor's Council on Aging

c/o Parks & Recreation Department
1201 Leopard St., Corpus Christi, TX 78401
mayorscouncilonaging@gmail.com
(361) 826-3150



Serving Corpus Christi since 1987

SENATOR JUAN

“ ”

Chuy

HINOJOSA

SEMPER FI

ENSURING WE HAVE THE DOCTORS AND HEALTH CARE OUR SENIORS NEED

Senator Hinojosa has been extremely vocal in advocating for increased investment in healthcare, while educating policymakers that these investments save money by preventing higher costs from being passed down to our local senior taxpayers who are on a fixed income.



Autism Spectrum Resource Center of Corpus Christi

.....**361-851-5111**
**www.asrc-cc.org**
 Parents and professionals dedicated to serving those on the autism spectrum and their families.

Better Business Bureau, Coastal Bend, Inc.

.....**361-852-4949**
 **www.corpuschristi.bbb.org**
 Provides consumers with pre-purchase information on companies and charities.

City of Corpus Christi Mayor's Council on Aging

.....**361-826-3150**
**www.cctexas.com**
 See paid ad on page 6
 Identifies needs of older persons and promotes information, resources and advocacy for Corpus Christi's senior citizens.

Coalition of Texans with Disabilities.....800-998-3363

.....**www.cotwd.org**
 Through governmental advocacy, public awareness activities. CTD ensures that persons with disabilities may participate fully in the community of their choice.

Coastal Bend Center for Independent Living

.....**361-883-8461**
**877-988-1999**
**www.cbclil.org**
 See paid ad on page 58
 Advocacy on behalf of persons with disabilities of all ages supporting independent living and community integration.

Corpus Christi State Supported Living Center Advocates of Natural Rights

.....**361-844-7887**

Support group of people with disabilities who live at or are associated with the Living Center that provides information for disability concerns.

Disability Rights Texas – Client Assistance Program (CAP) New Clients Intake Line

.....**800-252-9108**
Current Clients.....800-315-3876
Videophone.....866-362-2851
 **www.disabilityrightstx.org**
 Protection and advocacy for the legal rights of persons with all types of disabilities.

EveryChild, Inc.512-342-8844

.....**877-742-8844**
 **www.everychildtexas.org**
 Promotes family life for children with disabilities, so that every child grows up in a family environment. A Family-Based Alternatives Project.

Imagine Enterprises

.....**800-572-7159**
 **www.imagineenterprises.org**
 Self Determination Project for persons with intellectual and/or developmental disabilities.

National Active and Retired Federal Employees (NARFE)

.....**361-816-8111**
 **www.narfe.org**
 Preserving federal retirement and benefits for all civilian employees and retirees.

National Council on Disability

.....**202-272-2004**
TTY202-272-2074
 **www.ncd.gov**
 An independent federal agency charged with advising the President, Congress, and other federal agencies regarding policies, programs, practices, and procedures that affect people with disabilities.

Ombudsman Long Term Care Program

See: NURSING HOMES

South Texas Colonia Initiative, Inc.

.....**361-854-5248**
Improving the welfare, health conditions and prevalence of social injustice of all people living in the Colonias.

Texas Department of Insurance Consumer Protection Helpline

.....**800-252-3439**
..... **www.tdi.texas.gov**
Health insurance counseling for older persons and persons with disabilities on Medicare.

Texas Health and Human Services (HHS)

.....**800-252-9240**
..... **www.hhs.texas.gov**
Texas state level focal point for many activities related to the needs and services of older persons. Coastal Bend affiliate is the Area Agency on Aging.

Texas Health and Human Services (HHS) Civil Rights Complaints

.....**888-388-6332**
Ombudsman.....877-787-8999
..... **www.hhs.texas.gov**
Assists public when HHS normal complaint process cannot or does not satisfactorily resolve the issue.

Texas Health and Human Services (HHS) Consumer Rights

Complaint & Incidence Hotline
.....**800-458-9858**
..... **www.hhs.texas.gov**

Texas Silver - Haired Legislators

.....**361-883-3935**
.....**800-817-5743**
.....**www.txshl.org**
Senior advocates elected to establish priorities for consideration by the Texas Legislature.

AGING SERVICES

Area Agency on Aging of the Coastal Bend (AAA)

.....**361-883-3935**
.....**800-252-9240**
..... **www.aaacoastalbend.org**
.....See paid ad on page 10
Helps older persons (60+), their family members and caregivers receive information and assistance they need in locating and accessing community services. Services include information, referral and assistance, benefits counseling (legal assistance and legal awareness), long term care ombudsman program, care coordination, caregiver support services (training, education and support groups), in-home support services, nutrition services (at senior centers and home delivered meals) and falls prevention. Serves 11 Coastal Bend Counties.

Coastal Bend Aging and Disability Resource Center (CBADRC)

.....**361-883-3935**
.....**855-937-2372**
..... **www.coastalbendadrc.org**
.....See paid ad on page 11
Housed within the Area Agency on Aging ADRCs build on the strength of existing community agencies, to provide a single, more coordinated system of information

and access for all persons seeking long-term support to minimize confusion, enhance individual choice, and support informed decision-making. Serves 11 Coastal Bend Counties.

ALZHEIMER'S DISEASE AND RELATED DEMENTIAS

Eldercare Locator

.....**800-677-1116**

.....**www.eldercare.gov**

Resources and links for people who need assistance with state, tribal and local community based organizations who serve older adults and their caregivers.

First United Methodist Church

.....**361-884-0391**

Offering respite care program for caregivers of family members who have Alzheimer's or other dementias; assistance with dentures, eye exams, glasses, shoes and minor home repairs; 'Body Recall' exercise program free to people 60+.

H2U Health & Wellness Program

.....**361-761-5069**

.....**800-771-0428**

.....**www.H2U.com**

Provides educational meetings, guest speakers, prescription drug discount card, social events, health screenings and volunteer opportunities. Dedicated to seniors and people of all ages. Annual fees \$20.00.

Senior Center Sites

See: SENIOR CENTERS OF THE COASTAL BEND

Geriatric Psychiatry (Geropsychiatry or Psycho-Geriatrics) is a subspecialty of psychiatry dealing with the study, prevention and treatment of mental disorders in the elderly. A Geropsychiatric Unit is a hospital-based geriatric psychiatry program.

Alzheimer's Association

.....**800-272-3900**

.....**www.alz.org**

Information about Alzheimer's disease and support for families, 24 hour Help Line, Medic Alert & Safe Return® Program, professional educational symposiums, Alzheimer's lending library, support groups. Local information and resources about Alzheimer's disease is located at 3649 Leopard Street, Ste. 403, Corpus Christi, TX 78408. Free online education programs available at **training.alz.org**.

Alzheimer's Foundation of America

.....**866-232-8484**

.....**www.alzfdn.org**

Provides care and support to individuals with dementia, and to their caregivers and families through member organizations dedicated to improving quality of life.

Alzheimer's Support Groups

.....**361-883-3935**

.....See paid ad on page 10 Resources, information and educational trainings for patients, families and caregivers coping with Alzheimer's disease.





Area Agency *on Aging* OF THE COASTAL BEND



a program of the
COASTAL BEND
COUNCIL OF
GOVERNMENTS

Access & Assistance

- Benefits Counseling
- Care Coordination
- Falls Prevention Classes
- Information & Referral
And Assistance

Long-Term Care Ombudsman

- Advocates for Quality
of Life & Care
- Trains & Certifies
Volunteers
- Dedicated to the Needs
& Rights of Residents in Texas
Long-Term Care Facilities

Contract & Vendor Services

- Benefits Counseling
- Congregate & Home Delivered
Meals
- Home Accessibility
Improvements
- Short Term In-Home Support
- Transportation



Office: 361-883-3935
Toll Free: 1-800-252-9240



Fax: 361-883-5749



Mailing: PO Box 9909
Corpus Christi, TX 78469

National Family Caregivers Support Program

- Information & Assistance in
Accessing Services
- In-Home & Out-of-Home
Respite
- Support for Grandparents
and Other Relatives Raising
Children
- Support Groups, Peer
Counseling, Education &
Training



www.aacoastalbend.org



Location: 2910 Leopard St.
Corpus Christi, TX 78408

Funded in part by the Texas Health and Human Services

COASTAL BEND Aging & Disability Resource Center

An Initiative of the U.S. Department of
Health and Human Services

**Aging & Disability Resource Center (ADRC)
streamlines access to long term services and
supports, through a partnership of agencies
serving the Coastal Bend.**

How We Can Assist

- Assist family members ask the right questions
- Assist in accessing options for living independently
- Information on available services and/or resources
- Assist in maintaining independence, dignity and quality of life
- Provides information on housing and advocacy to help increase the availability of affordable, accessible and integrated housing options in the Coastal Bend Service Area.
- Help bring peace of mind

Who We Can Assist

ADRC assists individuals with disabilities of all ages, older adults, caregivers, families, advocates, health providers and other community resources.

Call CBADRC
for more information

361-883-3935

855-937-2372

www.coastalbendadrc.org



Face to Face Alzheimer’s Educational & Support Program

.....**361-238-7777**

..... **www.texasfacetoface.com**

.....See paid ad on this page
Doctor’s Regional Conference Center
3315 S. Alameda

Meets every 4th Wednesday of the month at 6:00 p.m., except in November and December. Walk For Memory held annually in November.

Medic Alert + Safe Return

.....**361-883-3935**

.....**800-272-3900**

.....**www.alz.org**

Member ID jewelry with imprinted information and Medic-Alert and Safe Return’s 24 hour emergency toll free number.

National Institute on Aging – Alzheimer’s Disease Education and Referral Center (ADEAR)

.....**800-438-4380**

..... **www.nia.nih.gov**

Includes publications, referrals to organizations and support, and information about ongoing clinical trials.

Care Provider Training 101 and/or Schmieding Caregiver Workshops: Basic Physical Skills & Dementia Care

Local **361-883-3935**

..... **800-252-9240**

Trainings designed to increase knowledge of basic caregiving skills needed to care or an adult in the home.

Virtual Dementia Tour® (VDT)

Local **361-883-3935**

..... **800-252-9240**

State..... **512-438-5138**

The Virtual Dementia Tour® (VDT) is a scientifically proven method designed to build sensitivity and awareness to individuals caring for those with dementia.

Memories on Canvas®

FACE TO FACE

WALK FOR MEMORY

(361) 238-7777

HELPING PEOPLE LIVE WITH ALZHEIMER'S

Nestor H. Praderio, MD (Founder)

TexasFaceToFace.com TexasFacetoFace@gmail.com fb.com/TexasFacetoFace

Alzheimer's Education and Support Program
Fourth Wednesday, January-October, 6:30-8:00 PM
Doctor's Regional Hospital-Conference Center 3315 S. Alameda, Corpus Christi, TX

Walk for Memory
Annual Alzheimer's awareness event first Saturday in November with 2-mile fitness walk. All proceeds remain local. Sponsorships available.

Family & Friends Caregiver Festival
Free annual event with Exhibitor Expo, Interactive Session, Panel of Experts, music, dance, door prizes, continental breakfast and lunch.

Memories on Canvas®
Engaging project designed for Alzheimer's patients to express life memories through art.

Healthy Aging Series
Annual half-day seminar promoting healthy aging.

ARCHITECTURAL BARRIERS

Coastal Bend Center for Independent Living

.....**361-883-8461**
**877-988-1999**
**www.cbciil.org**
See paid ad on page 58
 1537 Seventh St.

Provides information, referral, and assistance with addressing architectural barriers.

Texas Dept. of Licensing and Regulation, Architectural Barriers Section ...

.....**512-539-5669**
**800-803-9202**
TTY**800-735-2989**
**www.tdlr.texas.gov**

Ensure public safety and customer protection. Also provides a fair and efficient licensing and regulatory environment.

U.S. Access Board

.....**800-872-2253**
TTY**800-993-2822**
Fax**202-272-0081**
**www.access-board.gov**

A leading source of information and technical assistance on accessible design, and the enforcement of the Architectural Barriers Act (ABA).

U.S. Department of Justice – Americans with Disabilities Act

.....**800-514-0301**
TTY**800-514-0383**
**www.ADA.gov**

Information, technical assistance, and enforcement on the Americans with Disability Act (ADA).

ASSISTIVE TECHNOLOGY/ SERVICES

Abledata 800-227-0216

A federally funded clearinghouse that provides information about assistive technology.

ADA National Network/ Information Guidance & Training 800-949-4232

.....**www.adata.org**
 Information, resources and training on the Americans with Disabilities Act (ADA).

Cool Tools 254-933-7487
**800-326-4921**

... **www.hoctilc.org/cool-tools-store**
 An online store that provides assistive aide equipments to help persons with disabilities and seniors in their daily living activities.

Guide Dogs of Texas, Inc .

See: **BLIND/LOW VISION**

Texas Center for Disability Studies – Texas Technology Access Program

.....**800-828-7839**
TTY**512-232-0762**
 ...**www.techaccess.edb.utexas.edu**

Local Affiliate:

Assistive Technology (AT) Demonstration Center – Coastal Bend Center for Independent Living

.....**361-883-8461**
**877-988-1999**
**www.cbciil.org**
See paid ad on page 58

BLIND/LOW VISION

American Foundation for the Blind800-232-5463

..... **www.afb.org**
Helps people with vision loss in every aspect of life; education, career, family, technology, and the law.

Catholic Charities Ministry & Life Enrichment for the Disabled Program.....361-884-0651

..... **www.catholiccharities-cc.org**
Living Independently & Productively Program (LIP). Provides activities that will enhance the skills of blind and visually impaired persons and help them develop strategies that can assist them to live with independence and dignity.

Foundation Fighting Blindness National.....800-683-5555

..... **www.blindness.org**
Driving the research that will provide preventions, treatments and cures for people affected by retinal degenerative diseases.

Glaucoma Research Foundation800-826-6693

..... **www.glaucoma.org**
National non-profit organization dedicated to finding a cure for glaucoma.

Guide Dogs of Texas, Inc.210-366-4081

..... **800-831-9231**
..... **www.guidedogsoftexas.org**
Provides quality guide dogs for Texans who are visually impaired to increase their freedom, mobility and independence. Personalized service and lifelong dedication to clients and guide dogs.

Helen Keller Services for the Blindwww.helenkeller.org

Helps people of all ages who are blind or visually impaired to develop independence and to participate actively and fully in their communities.

Metro Ministries/Lions Club361-887-0151

Call for specific date, time for free eye exam and refurbished glasses.

National Eye Institute Communications Office301-496-5248

..... **www.nei.nih.gov**

National Federation of the Blind of Texas (NFBTX)

Texas281-968-7733
..... **www.nfbtx.org**

Free information, promotes literacy through Braille program and provide mentors for blind youth.

Onesight Support Center McIntyre, Avila & Jurica888-935-4589

..... **www.onesight.org**
Program for indigent clients based on referrals through local school districts, available to youth and adults.

Prevent Blindness America800-331-2020

..... **www.preventblindness.org**
Nation's leading volunteer eye health and safety organization dedicated to fighting blindness saving sight.

Seniors EyeCare Programwww.eyecareamerica.org

Online referral center dedicated to preserve sight by raising awareness about eye disease and providing access to medical eye care.

South Texas Lighthouse for the Blind.....361-883-6553

.....**888-255-8011**
.....**www.stlb.net**

Employment opportunities for persons who are blind or visually impaired.

Texas Eye Care**361-334.2635**
..... **www.TexasEye.Care**

.....See paid ad on this page

Texas State Library Talking Book Program

.....**800-252-9605**
..... **www.tsl.texas.gov**

Free program that loans books and magazines available on specialized digital cartridges and cassettes, large print, Braille and Spanish.

Vision USA

.....**www.aoa.org/visionusa**

Services for people with no insurance. Eligibility is based on income and must have had an eye exam within the last 24 months.

BURIAL ASSISTANCE

Indigent burials may be provided to eligible Texas County residents. Assistance is provided to families who lack the income or resources to afford any type of funeral expenses and who meet applicable eligibility requirements. Contact your local County Judge’s Office for application guidelines or additional information.

CAREGIVER RESOURCES

AARP**888-687-2277**

.....**www.aarp.org/caregiving**

Administration for Community Living.....**202-401-4634**

..... **www.acl.gov**

Information and resources on a variety of caregiving and aging related topics.

American Red Cross – Coastal Bend Texas Chapter

See: **HEALTH SERVICES**

Caregiver Action Network

.....**202-454-3970**

.....**www.caregiveraction.org**

Information, education, resources and data for caregivers.

Caregiver SOS by WellMed Charitable Foundation

.....**361-826-2343**

.....**866-390-6491**

..... **www.caregiversos.org**

.....See paid ad on page 17
3132 Swantner

Caregiver resource center offering programs designed to support family caregivers who are caring for a loved one

One Location
Multiple Specialties
World Class Ophthalmologists
Treating all your eye care needs



TEXAS EYE CARE NETWORK
CENTER FOR EXCELLENCE

Always welcoming new patients to schedule & be seen SAME DAY!

Call or Text 361.334.2625
or schedule online
www.TexasEye.Care

6002 S. Staples St.
Corpus Christi, TX 78413

Experience Excellence

with Alzheimer’s and Dementia related diseases, or other chronic illnesses. Center is housed at the Lindale Senior Center.

Department of Veterans Affairs Caregiver Support Program
.....855-260-3274
.....www.caregiver.va.gov
Supports caregivers of Veterans.

Family Caregiver Alliance
.....800-445-8106

Family Caregiver Support Services
..... www.caregiver.org
Offers a variety of fact sheets and caregiving information, caregiver issues, health conditions, and teleconference seminars in English and Spanish.

Morningside Ministries
.....888-414-3822
..... www.mmlearn.org
Free online caregiver training videos for those who care for older adults.

National Alliance for Caregiving
.....301-718-8444
.....www.Caregiving.org
Legislative activities, publications, research, advocacy and guides for caregivers.

National Eldercare Locator
.....800-677-1116
..... www.eldercare.gov
Find services available for older persons across the country.

National Family Caregiver Support Services
.....361-883-3935
..... www.aacoastalbend.org
Provides education, training, support groups, peer counseling and respite to caregivers.

National Family Caregiver Support Program (NFCSP)
.....361-883-3935
.....800-252-9240
.....855-937-2372
.....www.aacoastalbend.org
.....www.coastalbendarc.org
.....See paid ads on pages 10 & 11
Serves 11 Coastal Bend Counties by providing support to family caregivers for persons aged 60+, also for grandparents aged 55+ and other relatives caring for grandchildren or other relative under 18. Assistance includes in-home respite care, short-term institutional care, Adult Day Care, information and access to community resources, peer counseling, educational and training courses, dementia and personal skills training, support groups, resource library, and upon availability, loan medical equipment and donated supplies.

Well Spouse Foundation
.....800-838-0879
.....www.WellSpouse.org
Support information to help spouses who are serving as caregivers.

The Aging and Disability Resource Directory (ADRD) Committee extends a BIG THANK YOU to:
Community Partners
Corpus Christi Caller-Times
Jennifer Recio
Ninfa Ambriz
Your diligence is priceless.

CENTER FOR INDEPENDENT LIVING

CHILD/INFANT/YOUTH SERVICES

Coastal Bend Center for Independent Living
1537 Seventh St.....361-883-8461
**877-988-1999**
3833 S. Staples St., Ste. N201
**361-334-2899**
**www.cbclil.org**
See paid ad on page 58
 Assists people with cross disabilities of all ages to meet their goals to live independently. Services include Information & Referral, Independent Living Skills Training, Peer Counseling, Advocacy & Youth Transition Services, Independent Living Purchase Services, Relocation Services & CLASS Case Management and Disaster Prepared/Resilience Planning for individuals with functional needs.

Autism Society
**800-328-8476**
**www.autism-society.org**
 A comprehensive database for autism-related services throughout the United States.

Autism Speaks
**888-288-4762**
Spanish.....888-772-9050
**www.autismspeaks.org**
 National organization has a 100 day guide for parents, and offers numerous references/support. The Autism Response Team (ART) is specially trained to connect people with autism, their families, and caregivers to information, tools, and resources.



**Help for Families
 Caring for A Loved One**

CAREGIVER COACHING | CAREGIVER TELECONNECTION | STRESS-BUSTING PROGRAM

The Caregiver SOS program provides services at no cost for family members and friends providing care to an older loved one (60 years of age or older) with dementia or other chronic illness.

caregiversos.org | 866-390-6491

CAREGIVER SOS
 WELLMED
 BILINGUAL SERVICES ARE AVAILABLE
 SE OFRECEN SERVICIOS BILINGÜES

**Autism Spectrum Resource
Center of Corpus Christi**

.....**361-851-5111**
.....**www.asr-cc.org**

3440 S. Alameda St.

Provides affordable support services and makes a positive impact on the lives of the individual with autism and their families

**Baptist Child and Family
Services (BCFS) - Community
Services Division**

.....**361-334-2876**
Fax**210-208-5257**
..... **www.DiscoverBCFS.net**

4455 S.P.I.D., Ste. 116-A

Services include residential services, emergency shelters for abused or neglected children, assisted living services, vocational training for developmentally disabled adults, mental health services for children and families, foster care and adoption services, pre-natal and post-partum health services, and international humanitarian aid for children living in impoverished conditions in developing countries.

**Catholic Charities Parents as
Teachers Program**

.....**361-884-0651**
.....**www.catholiccharities-cc.org**

Certified parent educators work with children ages birth to five, pregnant mothers, families in their home to provide parents with resources, assessment and support. Nueces County only.

**Center for Autism and Related
Disorders (CARD)**

.....**361-881-4788**
.....**www.centerforautism.com**

2230 Saratoga Blvd.

CARD offers center-based services, remote clinical services, group ABA therapy, diagnostic and assessment services, and social skills groups.

**Center for Parent Information
and Resources (CPIR) Library**
.....**www.parentcenterhub.org/
resourcelibrary**

Webinars, articles, stand-alone pages and publications to include: advocacy, disabilities, family-centered services and federal resources.

**Children with Special Health
Care Needs**

.....**800-252-8023**
.....**www.dshs.state.us/cshcn**

State program helps children with special health care needs and people of any age with cystic fibrosis.

Children's Area Camps

See: RECREATION

**Coastal Plains Community
Center**

.....**361-777-3991**
Crisis Hotline**800-841-6467**
Fax**361-777-2940**

..... **www.coastalplainsctr.org**
200 Marriott Dr.; Portland

Youth Services for families with children ages 2 – 18 with behavioral problems. Serves Aransas, Bee, Brooks, Duval, Jim Wells, Live Oak, Kenedy, Kleberg and San Patricio Counties.

Driscoll Children's Hospital

.....**361-694-5000**
.....**800-324-5683**
TTY**800-735-2989**

..... **www.driscollchildrens.org**
Full-service hospital serving all of South Texas specializing in children's health providing medical care, evaluations, medications, medical specialty clinics and case management services for children with disabilities.

**Driscoll Children’s
Rehabilitation Services**

.....**361-694-5678**
TTY**800-735-2989**
.....**800-525-8687**

Comprehensive rehabilitation program for children ages birth to 18; offers hearing and development assessments, speech-language therapy, occupational and physical therapy.

**Early Childhood Intervention
Services (ECI)**

Program for families with children from birth to three, with disabilities and developmental delays. Supports families to better help their children reach their potential through developmental services. Local ECI agencies are:

CACOST ECI Services

.....**361-980-9652**
Fax.....**361-991-3419**
Crisis Hotline....**888-767-4493**
4444 Corona Dr., Ste. 139

Designed to develop cognitive, social/emotional, motor, self-help, and communication skills.

**Camino Real Community
Services**

Main**210-357-0300**
Crisis Line**800-543-5750**
Toll Free **800-491-5201**
..... **www.caminorealcs.org**

Provides intake, screening, evaluation, occupational, physical, speech and nutritional therapy, service coordination, transition services for day care, head start and school. Serves Atascosa, Bee, Dimmit, Frio, Gonzales, Guadalupe, La Salle, Live Oak, Maverick, McMullen, Wilson and Zavala Counties.

**Coastal Plains Community
Center**.....**361-777-3991**
Admin.**888-819-5312**

Crisis Hotline.....**800-841-6467**
Fax.....**361-777-2940**
..... **www.coastalplainsctr.org**

200 Marriott Dr.; Portland
Serves Aransas, Bee, Brooks, Duval, Jim Wells, Live Oak, Kenedy, Kleberg and San Patricio Counties.

**ECI Project Niños
Referral Number-**

.....**(361)-661-1192**
.....**866-688-1125**
..... **www.cacost.org**
65 N. Wright St., Alice, TX 78332

Developmental screening and assessment, medical services, nutritional services, OT/PT/ST services, vision and audiology services and family education. Serves Aransas, Brooks, Duval, Jim Hogg, Jim Wells, Kenedy, Kleberg, San Patricio, Webb and Zapata Counties.

**Education Service Center,
Region 2**.....**361-561-8400**
Fax.....**361-883-3442**
.....**www.es2.net**

Referral and tracking of previously underserved students ages birth to 21, resource identification, interagency coordination of services and Special Education Division. Serves 10 Coastal Bend Counties.

**Education Service Center,
Region 2**
Autism.....**361-561-8508**
.....**http://autism.esc2.net**

Program provides up-to-date information, training, and resources to parents, professional, and school personnel. In addition, this program coordinates the annual Autism Conference on behalf of the Texas Education Agency in order to increase awareness and understanding of students with autism spectrum disorders.

Health Outcomes Through Prevention and Early Support (HOPES II)

.....**361-561-8606**
.....**http://hopes2.esc2.net**

Community based program supports families with young children 0-5 years of age to promote healthy parenting connection. Kleberg, Nueces and San Patricio counties.

Preschool Program for Children with Disabilities

.....**361-561-8514**
.....**http://ppcd.esc2.net**

The program is designed to provide technical assistance and training to regional educators, parents, and early childhood caregivers in order to serve identified students with disabilities, ages 3-5. Interagency coordination occurs with ECI programs, Headstart programs, and childcare providers to help facilitate transition from home and/or center-based programs to school.

Education Service Center, Region 3

.....**361-573-0731**
.....**www.es3.net**

For families with children with developmental delays serving counties: Calhoun, Colorado, DeWitt, Jackson, Karnes, Lavaca, Matagorda, Refugio, Victoria and Wharton.

Head Start – Early Head Start Disability Services

See: **COMMUNITY ACTION AGENCIES**

March of Dimes Foundation

.....**361-855-4215**
.....**800-580-4215**
.....**www.marchofdimes.com**

Prevention of birth defects, premature birth and infant mortality.

Military Autism Network

.....**http://militaryautism.net**

Facebook page providing news, information, community and support to military families dealing with Autism Spectrum Disorder. Maintained solely by military families.

National Autism Association

.....**877-622-2884**
.....**www.nationalautismassociation.org**

Advocacy, education, thoughtful awareness, research, direct tools and hope through empowerment.

Nueces Center for Mental Health and Intellectual Disabilities

.....**888-767-4493**
.....**www.ncmhid.org**

.....See paid ad on page 66
Programs for children from birth to 17 years with diagnosis of mental illness. Serves Nueces County only.

Nueces County Home Visiting Program/United Way of the Coastal Bend

.....**361-882-2529**
.....**www.nccaatx.org/hvp**

Evidence-based home visiting program that address a wide range of needs for mother, child and family from pregnancy through start of kindergarten.

Nurse-Family Partnership (NFP) Program.....361-882-2529
 www.uwcb.org/apply-nfp-program

Program offers RN educational home visits for prenatal care and early childhood education. Must be a first-time mother, be at or under 28 weeks gestation, reside in Nueces County or live within 25 miles. Income requirements.

Partners Resource Network
 **800-866-4726**
 www.prntexas.org

The Partners Resource Network is one of three federally funded Parent Training and Information Centers (PTI), serving Texas parents of children and youth with disabilities aged 0-26.

Texas Health and Human Services Medically Dependent Children Program
 **877-438-5658**
 www.hhs.texas.gov

Services to support families caring for children and young adults who are medically dependent and to encourage de-institutionalization of children in nursing homes. A program through the Texas Health and Human Services.

Texas Parent to Parent
 **866-896-6001**
 www.txp2p.org

Provides information and support to parents of children with disabilities or chronic illness. Persons can be trained as a supporting parent volunteer.

The Rise School
 **361-814-9399**
 www.risecorpuschristi.org

2030 Rise Rd.
 The Rise School is a 501(c)(3) non-profit

organization. The Rise School is the city's first and only school dedicated to early education of children with and without disabilities in an inclusive classroom setting. Serves children 15 months to 6 years. Tuition assistance is available upon request.

The Youth Empowerment Services (YES)
 **844-253-4947**

YES waiver provides intensive community-based services to assist children and adolescents with severe emotional disturbances to live in the community with their families. Call to be placed on the inquiry list.

Youth Mental Health Services
 **361-851-6726**

3733 S. Port Ave.
 Provides services to eligible children ages 3-17 years.

COMMUNITY ACTION AGENCIES

The following agencies provide community services for low income individuals including information and referral, outreach case management, energy or utility assistance (Comprehensive Energy Assistance Program – **CEAP**), weatherization (Weatherization Assistance Program – **WAP**), transportation, education, medical, nutritional, dental services for children Early Head Start and Head Start, congregate and home delivered meals for elderly and disabled, affordable home ownership, and prevention of homelessness.

Community Action Committee of Victoria

CEAP 361-575-0478
..... 361-578-2989
..... 800-695-0314

CEAP program serves Aransas County only. WAP program serves Aransas, Bee, Live Oak, and Refugio.

Community Action Corporation of South Texas (Alice)

..... 361-664-0145
..... www.cacost.org
..... See paid ad on this page

CEAP Offices:

Toll Free 844-212-1937
Alice 361-664-4369
Serves Brooks, Duval and Jim Wells Counties.

Sinton 361-364-0220
Serves Kenedy, Kleberg, and San Patricio Counties.

WAP Offices:

Toll Free 844-212-1937
..... 361-661-1300
Serves Brooks, Duval, Jim Wells, Kenedy, Kleberg, and San Patricio Counties.

Kleberg County Human Services
..... 361-595-8572
CEAP serves Kenedy and Kleberg Counties.

Nueces County Community Action Agency 361-883-7201
CEAP 361-882-4193
Headstart 361-880-4141
Rural Service Center
..... 361-387-1527
WAP 361-654-7944
..... www.nccaatx.org

Community Action Corporation of South Texas

Our Commitment to our Clients



Breast and Cervical Cancer Screening Program

Provide breast and cervical cancer screening for women
Service Area:
Aransas, Bee, Brooks, Duval, Jim Hogg, Jim Wells, Kenedy, Kleberg, Live Oak, McMullen, Refugio & San Patricio

Weatherization

Assisting low-income households by controlling energy costs through consumer education and installation of weatherization materials
Service Area:
Brooks, Cameron, Duval, Hidalgo, Jim Hogg, Jim Wells, Kenedy, Kleberg, San Patricio, Starr, Webb, Willacy & Zapata

Health Programs: Federally Qualified Health Centers

Providing quality, affordable health services and dental care
Service Area:
Bee, Brooks, Duval, Jim Wells, Kleberg & San Patricio

Head Start 0-5 Program

Providing disability, health, mental health, nutrition, education, and family & community services to children and their families
Service Area:
Aransas, Brooks, Duval, Jim Hogg, Jim Wells, Kleberg & San Patricio

Community Service Block Grant Program

Service Area:
Bee, Brooks, Duval, Kenedy, Kleberg, Jim Wells & San Patricio

Comprehensive Energy Assistance Program

Assisting low income households that pay a high portion of household income for home energy
Service Area:
Bee, Brooks, Cameron, Duval, Jim Wells, San Patricio & Willacy

Early Childhood Intervention Project Niños (ECI)

Providing services to children, 0-3 years of age with disabilities and developmental delays
Service Area:
Aransas, Brooks, Duval, Jim Hogg, Jim Wells, Kenedy, Kleberg, Nueces, San Patricio, Webb, & Zapata

OUR MISSION:

"To continuously improve the lives of South Texans by providing high quality health care, education, housing and economic opportunities to reduce poverty through services and partnerships."

Expectant Mother Program

Providing the expectant mother with prenatal, labor and delivery and post-partum recovery information
Service Area:
Brooks, Jim Wells, Kleberg & San Patricio

South Texas Teen Leadership & Development Program (STLTD)

Service Area:
Brooks, Duval, Jim Hogg & Jim Wells



Senior Services

Providing nutrition services to seniors' ages 60+ in a congregate setting or as home delivered meals
Service Area:
Bee, Brooks, Jim Wells & San Patricio

For more information on our services please call toll free 1-866-688-1125



COUNSELING SERVICES

Access Counselors for the Coast
**361-729-0633**
 **www.accesscounseling.org**
 Affordable counseling services and educational programs for all persons.

Battering Intervention & Prevention Program (BIPP)
**361-248-3344**
**361-248-3345**
Email: ... BIPP@purpledoortx.org
**www.purpledoortx.org**
 Available to individuals wishing to end their pattern of violent behavior. Sliding scale fee.

Catholic Charities of Corpus Christi, Inc.....361-884-0651
 **www.catholiccharities-cc.com**
 615 Oliver Ct.
 Counseling services for families and individuals on a sliding scale fee.

Family Counseling Services
**361-852-9665**
**www.fcscb.org**
 Professional counseling, educational services for children, couples, individuals and families. Psychotherapy and crime victim services also available. Senior Sharing Group Sessions are facilitated at local Senior Centers.

Nueces Center for Mental Health and Intellectual Disabilities.....361-886-6970
 **www.ncmhid.org**
See paid ad on page 66
 1546 S. Brownlee
 Cognitive Behavioral Therapy – Counseling services for short-term counseling needs are available to eligible individuals based on diagnosis and assessment. Turning Point Project for victims of crime.

Methodist Healthcare Ministries of South Texas, Inc. – Church based Counseling Services (CBCS)..... www.mhm.org
 Provides mental health services benefits to all people. First session is free; follow-up sessions on a sliding scale fee. No one is denied services if cannot pay. Program sites located at United Methodist Churches (UMC) throughout the Coastal Bend Region:

Corpus Christi locations:

Asbury UMC 361-548-3801

First United Methodist Church..... 361-548-3801

Grace UMC 361-442-3670

St. Luke’s UMC
 **361-548-3801**

St. Peter’s by the Sea
 **361-548-3801**

Other locations:

..... **361-442-3670**
 Serves Alice, Falfurrias, Kingsville and Premont.

..... **361-652-3573**
 Serves Aransas Pass, Portland, Rockport, Sinton and Taft.

..... **361-652-3573**
 Serves Ingleside.

The Purple Door

.....**361-881-8888**
**www.purpledoortx.org**
 Provides victims and their families, emergency housing for safety, free counseling, legal advocacy, referrals and support groups.

CRIME PREVENTION

DEAF/HARD OF HEARING

City of Corpus Christi Crime Prevention for Senior Citizens
.....**361-886-2765**
.....**www.cctexas.com**
Corpus Christi Police Dept. provides older persons with prevention information through monthly programs at local Senior Community Centers on various topics. Home security surveys available.

Family Counseling Services
.....**361-852-7540**
.....**www.fcscb.org**
Crime victim compensation assistance and advocacy for victims during the criminal justice process; crime victims with disabilities.

Texas Attorney General Crime Victim Services
.....**800-983-9933**
.. **www.texasattorneygeneral.gov**
Assists victims of crime by providing information and administering victim services-related programs.

Texas Attorney General Consumer Protection - Identity Theft.....**800-621-0508**

Texas Legal Services Center Crime Victims Services
..... **www.tlsc.org**
Provides legal services and self-help advice, publications, resources, and referrals to crime victims.

Victims Initiative for Counseling, Advocacy, and Restoration of the Southwest (VICARS)**888-343-4414**

Alexander Graham Bell Association for Deaf and Hard of Hearing**202-337-5220**
..... **www.agbell.org**
Helps families, health care providers and educational professionals understand childhood hearing loss, and the importance of early diagnosis and intervention. Financial aid available to those who qualify.

American Academy of Audiology (AAA)
.....**800-222-2336**
..... **www.audiology.org**

American Tinnitus Association (ATA).....**800-634-8978**
..... **www.ata.org**
Exists to cure Tinnitus through the development of resources that advance Tinnitus research.

Better Hearing Institute
.....**202-449-1100**
..... **www.audiology.org**

Catholic Charities Ministry & Life Enrichment for the Disabled Program
.....**361-884-0651**
.....**www.catholiccharities-cc.org**
Living Independently & Productively Program (LIP). Provides activities that will enhance the skills of deaf and hard of hearing persons, and help them develop strategies that can assist them to live with independence and dignity.

CCISD – Regional Day School Program for the Deaf
.....**361-878-7328**
Comprehensive educational services for students from birth to 21 with hearing loss.

Deaf and Hard of Hearing Center **361-993-1154**
TTY **866-993-1154**
Video Phone..... **361-288-8774**
..... **www.deafhhcenter.org**
5151 McArdle Rd.

Offers ASL interpreters, social services videophone access, job training/placement, advocacy, outreach, adaptive equipment and sign language classes. Serves all ages with any degree of hearing loss, program for deaf adults with developmental disabilities. No income requirement.

Hear Now Program
..... **800-328-8602 x2508**
..... **www.sotheworldmayhear.org**

National non-profit program committed to assisting individuals permanently residing in the U.S. who are deaf or hard of hearing and have no other resources to acquire hearing aids. Applications available for low income persons to receive hearing help. Help is based on income and cash assets.

Lions Club Affordable Hearing Aid Project
..... **630-571-5466**

Provides repaired, used hearing aids. Items are donated and repaired for use.

National Association of the Deaf Videophone (2 Yrs)
..... **301-587-1788**
TTY **301-587-1789**

..... **www.nad.org**
Nation's premier civil rights organization of, by and for the deaf and hard of hearing individuals in the U.S.A.

RELAY Texas..... **7-1-1**
..... **800-735-2989**
..... **www.relaytexas.com**

Telephone interpreting services between individuals who have hearing and/or speech loss to those who do not. Available 24/7.

Speak Up Texas..... **877-325-8789**
..... **www.speakuptexas.com**

Outreach program by the Public Utility Commission (PUC) to increase awareness and use of Speech-to-Speech, a feature of Relay Texas.

Specialized Telecommunications Assistance Program (STAP)

Voice/TTY..... **361-993-1154**
Videophone..... **361-288-8774**
..... **866-993-1154**
..... **www.deafhhcenter.org**
5151 McArdle Rd.

Special telephone equipment or services for basic access to the telephone network. Texas residents only; no income eligibility requirements.

Texas Health and Human Services - Office for the Deaf & Hard of Hearing Services
..... **512-438-4880**
Videophone..... **512-410-1387**
TTY **866-581-9328**

..... **www.hhs.texas.gov**
Works in partnership with people who are deaf or hard of hearing to eliminate societal and communication barriers to improve equal access for people of all ages who are deaf or hard of hearing to enable them to express their freedoms, participate in society to their individual potential, and reduce their isolation regardless of location, socioeconomic status, or degree of disability.

Texas School for the Deaf
..... **512-462-5353**
..... **www.tsd.state.tx.us**

1102 S. Congress Ave.; Austin
Educational programs from birth to age 21.

DEVELOPMENTAL DELAY

See: CHILD/INFANT/YOUTH SERVICES

DEMENTIA

See: ALZHEIMER'S DISEASE AND RELATED DEMENTIAS

Coastal Bend Disaster Recovery Group

.....**361-587-5005**
.....**www.coastalbenddr.org**
.....See paid ad on this page

Deaf Link

.....**210-590-7446**
.....**www.deaflink.com/**
Provides access to emergency information (City, County and State) to individuals who rely on American Sign Language (ASL), text or audio to communicate. Information is delivered through the Accessible Hazard Alert System (AHAS), via ASL, text or audio (available in Spanish).

DISASTER PREPAREDNESS/ PLANNING

2-1-1 Texas/United Way HELPLINE

24-hour Access (*).....2-1-1
.....**877-541-7905**
.....**www.211texas.org**

2-1-1 Texas, a program of the Texas Health and Human Services Commission is committed to helping Texas citizens connect with the services they need especially during times of disaster by providing up to the minute disaster resource information.

(*) Dial 2-1-1, select language option, then Option #1

American Red Cross – Texas Coastal Bend Chapter

.....**361-887-9991**
.....**866-526-8300**
.....**https://www.redcross.org/local/texas/gulf-coast.html**

Disaster preparedness training and disaster assistance to victims of natural or man-made disasters.

City of Corpus Christi Office of Emergency Management

.....**361-826-1100**
.....**www.cctexas.com**

Responsible for city emergency management operations and activities regarding conditions during disaster response efforts.

The Coastal Bend Disaster Recovery Group (CBDRG) is a volunteer based coalition created to address the unmet needs of Coastal Bend area homeowners still in recovery after the effects from Hurricane Harvey.

If you are interested in volunteering time, materials or donations, please visit our website at:

www.coastalbendrg.org

If you are in need of case management assistance, please call 2-1-1 or visit www.211texas.org for more information.



coastal bend
disaster recovery group

STATE OF TEXAS EMERGENCY ASSISTANCE REGISTRY (STEAR)

Do you or anyone you know need some form of assistance during times of an emergency/disaster event? The state of Texas offers Texans the option to register with the STEAR program, a FREE registry that provides local emergency planners and responders with additional information on the needs in their community.

(Texas communities use the registry information in different ways. Registering yourself in the STEAR registry DOES NOT guarantee that you will receive a specific service during an emergency. Available services will vary by community. For more information on how your community will use information in the STEAR registry, contact your local emergency management office.)

Who Should Register?

- People with Disabilities
- People with access and functional needs such as:
 - People who have limited mobility
 - People who have communication barriers
 - People who require additional medical assistance during an emergency event
 - People who require transportation assistance
 - People who require personal care assistance

How to Register

- <https://STEAR.dps.texas.gov>
- Dial 2-1-1 or use your video phone relay option of choice to contact 211
- Printed or electronic forms (Contact your local government)

Required Information to Register

- Name
- Address
- Phone Number
- Primary Language

Additional questions asked to capture vital information for local emergency planners and responders

- Emergency Contact Information
- Caregiver Information
- Pets
- Transportation assistance for home evacuation
- Communication Barriers
- Disability, Functional or Medical Needs

Registration is **VOLUNTARY**.

All of the information you provide will be kept **COMPLETELY CONFIDENTIAL**.

Local Emergency Management Office

NUECES COUNTY	361-888-0513	BROOKS COUNTY	361-325-2422
City of Corpus Christi	361-826-1100	DUVAL COUNTY	361-279-6214
City of Robstown	361-387-2522	JIM WELLS COUNTY	361-460-1806
Port Aransas	361-939-7177	KENEDY/KLEBERG CO.	361-595-8527
Other Counties:		LIVE OAK COUNTY	361-449-2733 ext-4
ARANSAS COUNTY	361-729-2222	REFUGIO COUNTY	361-526-2820
BEE COUNTY	361-362-3271	SAN PATRICIO CO.	361-364-9650

DSHS Ready or Not

..... www.texasprepares.org
When disaster hits, Texans need to be ready. Use our free online resources to build your plan-includes family strategies, handy checklists, considerations for people with disabilities, the elderly and pets.

FEMA Plan & Prepare

..... www.ready.gov
Knowing what to do before, during and after an emergency is a critical part of being prepared. Resource information for seniors, individuals with disabilities, pet owners and more.

Local Emergency Planning Committees:

All-hazard emergency preparedness, working with industry.

**City of Corpus Christi/
County of Nueces**

..... **361-826-3960**
..... www.cclep.org

Coastal Plain LEPC

..... **361-587-3561**
..... www.coastalplainlepc.org
Serves Aransas, Refugio and San Patricio Counties.

New Day Port A Fund

..... **361-749-5919 ext 806**
..... www.newdayportafund.com
..... volunteers@portaransas.org
Re-building assistance specifically for pre-Harvey Port Aransas businesses and full-time residents.

Reverse Alert

..... www.ReverseAlert.org

State of Texas Emergency Assistance Registry (STEAR)

24-hour Access (*)..... **2-1-1**
..... **877-541-7905**

..... <https://STEAR.dps.texas.gov>
..... See paid ad on page 27
Free registry that provides local emergency planners and responders with information on the needs in their community. Registering yourself in the STEAR registry DOES NOT GUARANTEE specific service during an emergency.

(*) Dial 2-1-1, select language option, then Option #4.

Texas Division of Emergency Management (TDEM)

.... <http://www.txdps.state.tx.us/dem/>

(TDEM) coordinates the state emergency management program. Disaster information, updates and training opportunities posted on website.

Texas Rio Grande Legal Aid Disaster Assistance Hotline (TRLA)

..... **866-757-1570**
For information on your legal rights as a disaster survivor of any other natural disaster in Texas.

Texas Voluntary Organizations Active in Disaster(TX VOAD)

.... <https://txvoad.communityos.org/cms>

Humanitarian association of independent voluntary organizations that fosters efficient and streamlined services delivery to people affected by disaster, while eliminating unnecessary duplication of disaster efforts (preparation, response, recovery and mitigation).

EDUCATION

AARP – Driver Safety Program
888-227-7669
 www.aarp.org/55alive
 Refresher course for drivers aged 50 and older, classroom and online courses available.

Adult Education Program – Texas A&M Kingsville
361-593-2861
800-454-5768
877-426-8056
www.exploritas.org
 Educational program for persons 55+, providing low cost opportunities to study and explore new places in an academic environment.

City of Corpus Christi Central Library361-826-7000
 Provides large print and audio books. Patrons have access to internet and online resources.

Coastal Bend Center for Independent Living
361-883-8461
877-988-1999
www.cbclil.org
See paid ad on page 58
 Community advocacy and leadership classes for adults with disabilities, parents of children with disabilities and friends, offered annually at no cost.

Corpus Christi Literacy Council
361-826-7086
www.ccliteracy.org
 Ben F. McDonald Library
 4044 Greenwood Dr.
 Free literacy services for persons aged 17+ wishing to achieve English language proficiency.

Del Mar College
361-698-1200
800-652-3357
 www.delmar.edu

Counseling and Advising Services:

East Campus361-698-1298

West Campus ...361-698-1761

Senior Education Program Center for Economic Development361-698-1328
Basic Info361-698-1328
Registration361-698-1328
 The program assists senior citizens 55 and older with personal enrichment classes or prepares them for employment if considering re-entering into the workforce.

Education Service Center Region 2361-561-8400
TTY361-883-3442
www.esc2.net
 Trains educators; directs services for students with disabilities and offers technical assistance/training to schools. Assistive Technology, Child Find, Preschool program, transition, visually impaired orientation and mobility services.

Education Service Center Region 3361-573-0731
www.esc3.net
 Special Education Programs. Serves Refugio County.

Family Literacy Center
361-878-2560
Fax361-886-9219
 3902 Morgan Ave.
 Free Adult Education Classes, GED preparation, English as a second language (ESL), reading and math development, distance learning and citizenship.

G.E.D.

..... <https://ged.com/study/ged-classes>

G.E.D. course materials to help adults prepare for examinations.

COURSE LOCATIONS:

Alice ISD - Adult Education Center **361-660-2138**
501 Cactus Ave., Alice

Adult Learning Center/ Robstown Community Education
..... **361-387-2835 ext-222**
408 W. Main Ave.; Robstown

CCISD-Family Literacy Center
..... **361-878-2560**
3902 Morgan Ave.; Corpus Christi

Corpus Christi Literacy Council
..... **361-826-7086**
4044 Greenwood Dr.

Education Service Center, Region 2 - Adult Education Literacy (AEL)
..... **361-561-8488**
This program embraces the realization of personal visions for all adult learners and our goal to help each student set goals that lead to personal improvement, growth and success. Our classes are FREE and include the following:
High School Equivalency Prep, Basic Skills Upgrading, English as a Second Language (ESL), English Literacy Civics (EL Civics), Career and College Readiness, Distance Learning (online study).

San Patricio County Adult Literacy Council
..... **361-587-3536**
313 N. Rachal St., Ste. 201; Sinton

Texas A & M University – Corpus Christi (TAMUCC)
..... **361-825-5700**

Disability Services Office
..... **361-825-5816**
..... **www.tamucc.edu**
..... **disabilityservices.tamucc.edu**
Coordinates services and accommodations to ensure accessibility and utilization of all programs for students with disabilities.

EMPLOYMENT/JOBS

Goodwill Industries of South Texas **361-884-4068**
..... **www.goodwillsouthtexas.com**
Job training programs include vocational assessments, work experiences, job readiness, and placement services for persons with disabilities or other special needs.

STORE LOCATIONS:

Alice **361-668-0474**
1501 E. Main

Beeville..... **361-358-8283**
205 N. Washington

Corpus Christi
Annville..... **361-241-6656**
10522 Leopard St.

Flour Bluff..... **361-939-7088**
10209 S.P.I.D.

Port/Tarleton.. **361-884-3219**
2961 S. Port Ave.

Southside **361-993-6500**
6526 S. Staples St.

Kingsville361-221-9992
1601 S. Hwy. 77

Portland361-643-8446
1550 Wildcat Dr.

Nueces Center for Mental Health and Intellectual Disabilities

.....**361-886-6900**
..... **www.ncmhid.org**

.....See paid ad on page 66
Helps people with disabilities find paid work based on the person's individual choice.

Senior Community Services Employment Program (SCSEP)

.....**361-879-0076**
..... **www.aarpworksearch.org**

AARP Foundation/SCSEP helps low-income, unemployed individuals aged 55+ find work at temporary work assignments at local non-profit agencies.

Social Security Ticket to Work Program

Helpline866-968-7842
TDD/TTY866-833-2967

.....**www.ssa.gov/work/**
Supports career development for people with Social Security disability benefits 18 through 64.

Texas Division of Workers

Compensation361-883-2551
.....**800-252-7031**

.....**http://www.tdi.texas.gov**
5155 Flynn Pkwy., Ste. 218

State-regulated insurance program that pays medical bills and replaces some lost wages for employees who are injured at work or who have work-related diseases or illnesses.

Texas Workforce Solutions Vocational Rehab Services

.....**800-628-5115**
..... **http://www.twc.texas.gov**

Vocational rehabilitation services include counseling and guidance, job development and placement services,

vocational and academic training, and other services leading to employment.

OFFICES:

Beeville361-358-9201
.....**800-742-4214**

Corpus Christi...361-878-3000
.....**877-790-5203**

Kingsville361-221-3240
.....**800-628-5115**

Workforce Solutions of the

Coastal Bend.....361-882-7491
.....**888-860-5627**

...**www.workforcesolutionscb.org**

One-Stop Career Centers provide a full range of employment services to businesses, job seekers and community partners. Employment. Training. Business Services.

LOCATIONS:

Alice361-668-0167
.....**800-388-5813**

Coastal Bend College Campus
704 Coyote Trail

Beeville.....800-666-0479
.....**361-358-8941**

Coastal Bend College Campus,
Charco Rd.

Corpus Christi..361-882-7491
.....**888-860-5267**

520 N. Staples St.
5858 S. Padre Island Dr., Ste 1

Falfurrias361-325-9095
1200 E. Hwy 285 (State Office Building)

Kingsville.....361-592-1006
.....**800-864-3520**

Coastal Bend College Campus
1814 S. Brahma Blvd

Sinton361-364-3284
.....**800-727-4356**

1113 E. Sinton (Pirate Plaza)

**FINANCIAL ASSISTANCE/
BENEFITS
DETERMINATION**

Beeville Vineyard

.....**361-358-7500**

.....**361-358-2075**

Emergency services for food, clothes, prescriptions, gas cards, Toys for Tots, GED fees, dental extractions and diabetes devices for Bee County.

Catholic Charities of Corpus Christi, Inc. - Emergency Aid

.....**361-884-0651**

.....**www.catholiccharities-cc.org**

Social service agency, serving Corpus Christi and surrounding rural areas, providing financial assistance, help in "emergency cases only" with food, clothing, electric and utilities, rent assistance, bus tokens, counseling, money management, immigration, and housing counseling services.

City of Corpus Christi Gas Department/Operation Heat Help

.....**361-888-0837**

.....**www.cctexas.com**

Provides winter gas bill assistance to low-income families. Coordinated by Nueces County Department of Human Services. Applications are accepted from December 1 through March 31. Assistance is only for Natural Gas portion of utility bill.

Comprehensive Energy Assistance Program (CEAP) or Energy Assistance & Weatherization

See: COMMUNITY ACTION AGENCIES

Greenpath Debt Solutions

.....**361-854-4357**

Intake Line800-333-4357

..... **www.greenpath.com**

Offers credit counseling, debt management, financial education, housing counseling First Time Home Buyers education program, bankruptcy counseling, and student loan counseling/education services.

Kleberg County Human Services

.....**361-595-8572**

Services includes Meals on Wheels, transportation and utilities when funding is available.

LIFE-LINE/Lite-Up Texas

.....**866-454-8387**

.....**www.puc.state.tx.us**

Lifeline program designed to help qualified low-income individuals pay the monthly cost of basic telephone service. A resident is qualified if the current total household income is at or below 150 percent of the federal poverty guidelines or currently receiving: Medicaid, Low-Income Home Energy Assistance Program support, SNAP, Federal Public Housing Assistance, Supplemental Security Income (SSI), Health Benefit coverage under Child Health Plan (CHIP) under Chapter 62 support, National School Lunch Program - Free Lunch Program, Temporary Assistance for Needy Families (TANF).

Metro Ministries Vineyard

Services.....361-887-0151

.....**www.ccmetro.org**

Screening and intake center for all financial assistance provided by the agency include Homeless Prevention Assistance (rent, utilities, and deposits), distribution of hygiene products, clothing, referrals, information and referral, work clothes, winter jackets and blankets, and case management services. Serves the Coastal Bend.

Nueces County Department of Social Services

Information and referral, burial assistance, rent, utilities, food, and transportation. Must meet income guideline.

Corpus Christi Residents
.....**361-888-0837**

Robstown Residents and outlying area
.....**361-767-2731**

Rockport-Fulton Good Samaritans, Inc
.....**361-790-9828**
.....**www.rfgoodsam.com**
507 S. Ann St.

Short-term critical needs of food, shelter, utilities, medicine, and clothing for the low-income individuals of Aransas County.

Salvation Army
.....**361-884-9497 x1**
.....**800-725-2769**
... **www.salvationarmytexas.org/corpuschristi**

Assistance with food, clothing, bus tokens, referral for transitional housing and counseling. Programs include referrals, emergency shelter care and housing referrals.

SAV-Plus Inc.**361-883-5400**
.....**361-429-6299**

Provides free energy conservation services if home criteria is met. Serves Aransas, Jim Wells, Nueces and San Patricio Counties.

Texas Health and Human Services (HHS) Office of Eligibility Services
.....**877-787-8999**

24-hour Access (*).....**2-1-1**
.....**877-541-7905**
..... **www.yourtexasbenefits.com**
Apply for Your Texas Benefits, S.N.A.P. (food stamp) benefits, health care benefits (Medicaid/Women’s Health), cash help for families (TANF), Medicare Savings Program (MSP), or long-term care. (*) **Dial 2-1-1, select language, then select Option #2.**

Timon’s Ministries
.....**361-937-6196**

10501 S. Padre Island Drive
Offers free clothing and free lunch Monday through Friday, except some holidays, free showers and laundry once a week. Crisis Pantry for residents in the 78418, 78419 zip codes. Free haircuts available on Mondays at 8 a.m.

Health Clinic
Serves the uninsured on Tuesdays, Thursdays and Friday from 9 a.m. to 12 p.m. First come, first served basis. Clients need to be early to be seen. Diabetes testing and follow-up. Testing supplies and medications available for drug free clients.

Eye Exam and Glasses:
Free eye exam and free glasses if picked from one of our choices. Call for exam dates. Available for drug free clients.

William Allen Dental Clinic
For drug free clients. Call for dates. Clients must be here no later than 7:15 a.m., but not a guarantee you will be seen. Clients that are on antibiotics for a tooth infection will take priority.

FOOD AND NUTRITION

FOOD ASSISTANCE

Beeville Vineyard

.....361-358-7500
361-358-2075

Coastal Bend Food Bank

.....361-887-6291
 ... www.coastalbendfoodbank.org

Food distribution to non-profit agencies in 11 surrounding counties. Call for local food pantry.

Food & Drug Administration (FDA) Consumer Inquiries

.....888-463-6332
www.fda.gov

The FDA is responsible for protecting and advancing public health.

Helping Hands Food Pantry

.....361-749-5319
 Port Aransas residents only; Tuesday 10 a.m. – 2 p.m.

Hunters for the Hungry

.....www.tacaa.org/hunters.htm
 A statewide wild game donation program.

Live Oak Outreach

.....361-449-1860
 Emergency food for residents or transients of Live Oak and McMullen Counties. Monday, Wednesday and Friday from 1:00 p.m. to 4:00 p.m.

Nueces County Community Action Agency

.....361-882-4193
www.nccaatx.org

Emergency food for residents of Rural Nueces County only.

Nueces County Department of Social Services

Corpus Christi361-888-0837

Robstown361-767-2731

Food vouchers and other emergency assistance for low-income individuals.

Rockport-Fulton Good

Samaritans, Inc.....361-790-9828

.....www.rfgoodsam.com
 Short-term critical need for food. Serves Aransas County.

Salvation Army361-884-9497

.....800-725-2769
 ...www.salvationarmytexas.org/corpuschristi

513 Josephine St.

Emergency food pantry for the homeless or needy in Corpus Christi. Must meet income guideline. Office hours are Monday through Friday: 8 a.m. to 5 p.m.

St. Luke's United Methodist

Church.....361-854-5374

....www.stlukescorpuschristi.com

Food pantry – 2nd Wednesday of each month. 1pm @ Robinson Street Entrance.

Wesley Community Center

.....361-387-1451

Food pantry for Corpus Christi and Robstown area residents only.

FOOD STAMP PROGRAM

S.N.A.P. (Simplified Nutritional Assistance Program)

24-hour Access (*).....2-1-1

.....877-541-7905

..... www.yourtexasbenefits.com

Food stamps to purchase food items for income eligible individuals; also handles appeals and complaints.

(*) Dial 2-1-1, select language, then select Option #2.

HOME DELIVERED MEALS

Provides a home delivered mid-day meal for eligible persons aged 60+ and persons with disabilities.

City of Corpus Christi Senior Community Services
.....**361-826-3150**

Nueces County Senior Community Services
.....**361-414-6566**
Robstown area

Rural Areas (Outside Nueces County):

Area Agency on Aging/Coastal Bend Aging and Disability Resource Center (AAA/ADRC)
.....**361-883-3935**
.....**800-817-5743**
.....**855-937-2372**
..... **www.aaacoastalbend.org**
..... **www.coastalbendadrc.org**
.....See paid ads on pages 10 & 11

HOT MEALS/SNACKS

Loaves and Fishes at Metro Ministries
.....**361-887-0151**
1919 Leopard St.
Free hot meals Monday through Friday
12pm - 1pm Lunch; 5-6pm Dinner

Mother Theresa Day Shelter
.....**361-883-7372**
513 Sam Rankin
Free meals Monday through Friday.
Breakfast 8am, Snack 10:30am and 2pm.
Saturday and Sunday, Breakfast 7:30am.

Timon's Ministries
.....**361-937-6196**
10501 S. Padre Island Drive
Free hot lunch Monday through Saturday
12pm for Flour Bluff residents.

Tacos not Bombs
Artesian Park, 524 Twigg St.
Free hot lunch Sunday 12:30pm.

GRANDPARENTS AND OTHER RELATIVES RAISING CHILDREN RESOURCES

AARP **888-687-2277**
TTY **877-434-7598**
Spanish..... **877-342-2277**
.....**www.aarp.org/relationships/friends-family**

Authorization Agreement for Voluntary Adult Caregiver (Form 2638)
...**www.dfps.state.tx.us/site_map/forms.asp**
For assistance call

..... **361-883-3935**
..... **800-252-9240**
Legal document for a parent to voluntarily authorize a child's grandparents, adult sibling, aunt or uncle, or other voluntary adult caregiver to make certain decisions regarding a minor child.

Baptist Child and Family Services (BCFS) Health & Human Services
..... **361-334-2876**
..... **www.discoverbcfs.net/corpus christi**
4455 SPID, Ste. 116-A
Provides parenting classes and counseling.

Family Counseling Services
..... **361-852-9665**
..... **www.fcscb.org**
Curriculum courses on parenting skills and healthy family/relationship wellness training.

Grandparent Again

.....**646-839-8800**

.....**www.grandparents.com**

Resources, benefits & tips for grandparents.

Grandparents Raising Grandchildren

.....**www.raisingyourgrandchildren.com**

Website designed to help guide grandparents and other relatives (kinship parents) in their efforts to raise and educate the children in their care.

Grandparents and Other Relatives Raising Children – Area Agency on Aging

.....**361-883-3935**

.....**www.aaacoastalbend.org**

..... See paid ad on page 10
Offers guidance to grandparents and other relatives raising children (under 18 years) in navigating the system for services. Offers monthly support group meetings.

Methodist Children’s Home (MCH) Family Outreach

..... **361-334-2255**

5350 S. Staples St. , Suite 150A

Office of Innovative Programs

..... **361-695-7486**

..... **www.ccisd.us**

Promote parent/family involvement on all campuses, enhance communication between parents, community, and technology.

One Time Grandparent Payment Program

24-hour Access (*).....2-1-1

.....**877-541-7905**

.....**https://yourtexasbenefit.hhsc.texas.gov/programs/tanflone-timegrandparent**

Temporary Assistance for Needy

Families (TANF) offers a one-time payment of \$1000 to either the grandparent(s) or great grandparent(s) towards caregiving expenses. Must be caretaker/payee of TANF certified grandchild and meet income eligibility. (*) Dial 2-1-1, select language, then select Option #2.

Texas Kincare Project

..... **866-979-4343**

.....**www.tlsc.org/kincare**

Texas Legal Service Center provides access to fee legal Counseling to address questions and legal issues that come up when caring for a relative child.



HEALTH SERVICES

Additional Information on Health Related Services

See: **SUPPORT GROUPS**

AIDS Hotline (CDC)

.....800-232-4636

.....888-232-6343 TTY

.....www.cdc.gov/hiv/

Spanish (CDC)

.....800-344-7432

Alzheimer’s Association

.....361-883-3935

.....800-272-3900

.....www.alz.org

Leading voluntary health organization in Alzheimer’s care, support, and research.

Medic Alert + Safe Return

..www.alz.org/care/dementia-medic-alert-safe-return.asp

Member ID jewelry imprinted information and Medic-Alert and Safe Return’s 24-hour emergency toll-free number.

American Brain Tumor Assoc.

.....800-886-2282

.....www.abta.org

National organization committed to funding brain tumor research and providing information and education on all tumor types and all age groups.

American Cancer Society

.....361-857-0134

National 24 Hr. Hotline

.....800-227-2345

.....www.cancer.org

210 S. Carancahua, Ste. 301

Support Services for cancer patients, medical equipment and supplies, support groups transportation, health education,

Look Good Feel Better Program, breast prosthesis and wigs program.

American Diabetes Association Central S. Texas:

.....210-829-1765

.....888-342-2383

.....www.diabetes.org

American Heart Association

.....361-445-3190

.....800-2428-8721

.....www.americanheart.org

Educational materials related to heart health including nutrition, exercise, high blood pressure, and CPR contacts. Also coordinates an employee wellness program.

American Lung Association

.....800-586-4872

San Antonio210-308-8978

.....www.lung.org

American Parkinson Disease Association.....

.....800-223-2732

.....www.apdaparkinson.org

American Stroke Association

.....888-478-7653

.....www.strokeassociation.org/

STROKEORG/

American Tinnitus Association

.....800-634-8978

.....www.ata.org

Amistad Community Health Center

Medical.....361-884-2242

Dental361-886-3000

Pediatrics.....361-886-3030

Behavioral Health...361-886-3065

.....www.amistadchc.com

1533 S. Brownlee Blvd.

Federally Qualified Health Center that serves predominantly uninsured or underserved medical populations.

Arthritis Foundation

.....800-283-7800
Helpline:844-457-4357
Texas800-442-6653
.....214-826-4361
.....www.arthritis.org

Asthma & Allergy Foundation

.....800-727-8462
.....www.aafa.org

Brain Injury Association-TX

Help Line800-444-6443
..www.biausa.org/find-bial/texas

Cancer Info Service – National Cancer Institute

.....800-422-6237
.....www.cancer.gov

Centers for Disease Control (CDC)

Info Line.....800-232-4636
TTY888-232-6348
.....www.cdc.gov

Coastal Bend Kidney Foundation

.....361-884-5892
.....www.coastalbendkidneyfoundation.com

Facilitates programs, services and education about kidney disease in the Coastal Bend area.

Coastal Bend Wellness

Foundation.....361-814-2001
.....800-982-9629
.....www.cbwellness.org

Services include primary health care, mental health and substance abuse programs, infectious disease testing, education, and linkage to treatment, and youth education to provide information on the dangers of drug use.

Community Wellness and Family Outreach

.....361-884-0651
.....www.catholiccharities-cc.org
614 Oliver Ct.

Community Wellness includes free diabetes education, support services, and healthy cooking classes for individuals and groups. Education outreach includes ECI and the Parents as Teachers program to increase parent knowledge of early childhood development and improving parenting practices. Prescription medication assistance is also available.

Corpus Christi/Nueces County Public Health District

.....361-826-7200
.....www.cctexas.com/health/

Low-cost health services, health information and screening for immunization, Diabetes Prevention, WIC Services, TB testing and treatment, confidential STD/HIV testing and treatment, Environmental Health services, Food Handler's classes, well water testing and vital records

County Indigent Health Care Program**LOCATIONS:****Aransas County**

.....361-790-0132
301 N. Live Oak; Rockport

Beeville Christus Spohn Hospital

.....361-354-2038

1500 E. Houston Hwy; Beeville

Brooks County Welfare Department

.....361-325-5670 x4
P.O. Box 396; Falfurrias

Duval County
**361-279-6267**
 P.O. Box 189; San Diego

Jim Wells County CIHCP
**361-668-5714**
 200 N.Almond; Alice

Kenedy/Kleberg Counties
**361-595-8569**
 P.O. Box 231; Kingsville

Live Oak County
**361-449-2733**
 P.O. Drawer 530; George West

Nueces County Hospital District
**361-808-3301**
 555 N. Caranchahua St., Ste. 950; Corpus Christi

Refugio County Memorial Hospital District
**361-526-1514**
 114 Swift St.; Refugio

San Patricio County
**361-364-6217**
 313 N. Rachal Ave. Ste. 225; Sinton

Epilepsy Foundation – Central and South Texas
**210-653-5353**
24/7 Epilepsy & Seizures Helpline**800-332-1000**
 **www.epilepsy.com**
 Provide information and referral assistance, maintain individual and family support services, serves as advocates for the rights of those with epilepsy, and offer community-based education. Also do presentations on epilepsy.

Gabbard Health Clinic
**361-887-0151**
**www.ccmetro.org**
 First come, first served primary/acute care only, targeting low-income and homeless. Clinic hours: 1st Monday - eye clinic: 8:30 a.m. to noon; other Mondays - medical clinic 9 a.m. to 11:30 a.m.; 1st and 3rd Thursdays - 5 p.m. to 7 p.m.; Fridays - medical 9 a.m. to 4 p.m.

Health Resources and Services Administration (HRSA) Information Center
**www.hrsa.gov**
 Primary Federal agency for improving access to healthcare by assisting with healthcare insurance enrollment, locating local or rural health centers and oversees organ, bone marrow, and blood donation. Manages Hill-Burton Free and Reduced Cost Health Care program required by law to provide free or reduced-cost services. Find facility through website.

Amistad Community Health Center**361-884-2242**

Coastal Bend Wellness Foundation.....**361-814-2001**

Area Community Action Health Centers:
Alice**361-664-1417**
Beeville.....**361-362-0307**
Benavides.....**361-256-3663**
Falfurrias**361-325-9404**
Kingsville. **361-592-3237 x308**
Sinton**361-364-4486**
Three Rivers.....**361-786-3618**

Huntington’s Disease Society of America**800-345-4372**
 **www.hdsa.org**

Immune Deficiency Foundation
800-296-4433
 www.primaryimmune.org

Indian Health Service (IHS)
505-248-4501
 www.ihs.gov

The Indian Health Services is divided into twelve physical areas of the United States; Alaska, Albuquerque, Bemidji, Billings, California, Great Plains, Nashville, Navajo, Oklahoma, Phoenix, Portland, and Tuscan. Each area has a unique group of Tribes. The Indian Health Manual Part 2, Chapter I gives the eligibility requirements for receiving care at the IHS facility. Once eligibility is determined, consult the IHS Find Health Care website and search for a facility in your area

Juvenile Diabetes Research Foundation800-533-2873
 www.jdrf.org

Kidney Health Care Program
800-222-3986
www.dshs.state.tx.us/kidney

Kids Health
 www.kidshealth.org

Lung: See American Lung Association

Lupus Foundation of America Information Referral Line800-558-0121
TX Gulf Coast Chapter – Houston713-529-0126
 www.lupus.org

Medline Plus
 ... www.nlm.nih.gov/medlineplus/
 Health information from the National Library of Medicine, the world's largest medical library.

Mission of Mercy – Texas Clinics Appointment Line
361-883-5500
www.amissionofmercy.org/texas/

Provides free healthcare and prescription assistance for the uninsured and underinsured in the Coastal Bend

Mission of Mercy Clinic Locations:

Medical Center

2421 Ayers Street, Corpus Christi

Mobile Clinic

2377 FM 70, Sandia, TX

Muscular Dystrophy Association /San Antonio

.....800-999-8102
www.mda.org

Comprehensive list of services for individuals diagnosed or suspected of having a neuromuscular disease.

National Coalition for the Homeless

.....202-462-4822
 www.nationalhomeless.org

National Health Information Center (NHIC)

..... www.health.gov/nhic
 NHIC links consumers and health professionals to organizations that provide reliable health information.

National Institutes of Health (NIH)301-496-4000
TTY301-402-9612

.....www.nih.gov
 National medical research agency that offers health information and clinical medical research trials.

National Multiple Sclerosis Society/Texas/South Central Chapter

.....800-344-4867
...www.nationalmssociety.org/chapters/TXH

National Parkinson Foundation Helpline800-473-4636
.....parkinson.org

Nueces County Indigent Program Hospital 902-4855

..... www.nchdcc.org
Provides health care assistance for Nueces County residents who do not qualify for any other state or federal medical assistance programs. Enrollment counselors available at the following locations:

Christus Spohn - Family Health Center - Robstown
.....361-861-9005
.....361-861-9006
1038 Texas Yes Boulevard, Robstown, TX 78380

Christus Spohn - Family Health Center - Westside
.....361-814-8448
.....361-814-8449
4617 Greenwood Dr,
Corpus Christi, TX 78416

Dr. Hector P. Garcia Clinic - Nueces County Hospital District361-902-4855
2606 Hospital Blvd, Corpus Christi, TX 78404

Primary Care and Wellness Carlos R. Elizondo, M.D.
.....361-991-8000
Alice361-664-0303
.....See paid ad on page 43

Spina Bifida Association of America800-621-3141
... www.spinabifidaassociation.org

Southwest Transplant Alliance (STA) 1-800-788-8058
.....http://organ.org/
Non-profit organ and tissue donor program serving hospitals and patients in Texas. Also supports donor families and the Donate Life registry. 24-hour service.

Texas A&M Health Science Center – Coastal Bend Health Education Center

..... 361-561-8591
..... www.cbhec.tamhsc.edu
Provides continuing education for medical professionals, diabetes education program, asthma prevention education, and medication assistance program

Texas A&M AgriLife Extension Service361 -767-5223

..... www.nueces-tx.tamu.edu
Conduct educational programs on nutrition and wellness. “Do Well, Be Well” program offers free diabetes classes.

Expanded Food and Nutrition Education.....361-854-4112

.....https://efnep.tamu.edu
Program conducts free nutrition education classes to youth and adult groups.

Texas Association of Community Health Centers

.....512-329-5959
.....www.tachc.org
Provides primary health care, pharmacy, lab work, prenatal services, cancer and other disease screening, well child. visits, immunizations and screening for communicable disease, cholesterol, women’s services and elevated lead levels.

Community Health Center Locations:

Alice361-664-1417
700 Flournoy, Ste. 2A

Beeville361-362-0307
301 S. Hillside Dr., Suites 5 & 15

Benavides361-256-3663
115 W. Main St.

Falfurrias361-325-9404
1302 S. St. Mary's St. Ste. A

Kingsville361-592-3237
415 S. 6th St.

Mathis361-547-4121
502 E. San Patricio Ave.

Sinton.....361-364-4486
621 E. Sinton

Texas Health and Human Services (HHSC) – Office of Acquired Brain Injury

.....**512-706-7191**
..... **www.hhs.texas.gov**

Referral and service coordination for survivors of brain injuries and their families, including returning combat veterans.

Texas Department of State Health Services (DSHS) – Division of Family & Community Health Service

.....**800-252-8023**
TTD800-735-2989

..... **www.dshs.state.tx.us**

State governmental agency responsible for bringing comprehensive public health services to the citizens of Texas.

DSHS Region II Headquarters
.....**956-423-0130**

DSHS Field Offices:

Alice361 -668-1954
408 Flournoy Rd., Ste. C

Beeville361-362-6160
1800 S. Washington

Corpus Christi ..361-878-3469
5155 Flynn Pkwy.

Falfurrias361-325-3423
1200 E. Hwy. 285

Kingsville361-221-3023
1413 E. Corral St.

Rockport361-729-0312
1004 Main St.

Texas Heart Institute (Heart Information Center)

..... **www.texasheart.org**
Educational information about heart health and the prevention, diagnosis, and treatment of heart disease.

Texas HIV Medication Program (THMP).....800-255-1090
.....**www.dshs.state.tx.us**

Provides medications for the treatment of HIV and its related complications for low-income Texans.

Texercise.....800-889-8595
..... **www.Texercise.com**

HHSC statewide health promotions program encouraging individual and communities to adopt healthy lifestyle.

VA Texas Coastal Bend Health Care System

SEE ALSO: VETERAN SERVICES

Wesley Nurse Health Ministries – United Methodist Church

Faith-based community health ministry committed to serving the least served through health advocacy, education and improved wellness.

Clinic Locations:

Alice361-664-3801

Beeville.....361-358-6002
Kingsville.....361-592-3786
Rockport.....361-729-1659
Sinton361-364-2824
Taft361-528-4701
Corpus Christi Clinics:
Reid Dr.361-854-5374
Shoreline.....361-884-0391
Waldron Rd.361-937-1477

Women Infants Children (WIC) Program.....800-942-3678
.....www.texaswic.org
 Special Supplemental Nutrition Program for Women, Infants and Children. A nutrition program for pregnant, breastfeeding women and families with children younger than 5.

Women’s & Men’s Health Services (WAMHS) of the Coastal Bend, Inc.
.....361-855-9107
.....www.wamhs.org
 Offers preventative and primary care services to address acute and chronic conditions, general health maintenance, and reproductive health services.

WAMHS Clinic Locations:

Corpus Christi
Holly Clinic.....361-855-9107
 3536 Holly Rd.
Dillon Clinic.....361-857-0101
 4410 Dillon Ln., Ste. 1
Kingsville Clinic 361-595-1875
 1022-B S. 14th St.; Kingsville

CARLOS R. ELIZONDO, M.D.
FAMILY MEDICINE



PRIMARY CARE AND WELLNESS

- ✓ Accepting New Patients
- ✓ Most Insurances Accepted

Veronica Alaniz-Martinez, PA-C
 Jami Dodson, FNP-C
 Nancy McDowell, FNP-C

317 E 1st Street 5710 Esplanade Drive
 Alice, Texas 78332 Corpus Christi, TX
 P: (361) 664-0303 P: 361-991-8000

HOME CARE ASSISTANCE

Area Agency on Aging/Coastal Bend Aging and Disability Resource Center (AAA/ADRC)
.....361-883-3935
.....800-252-9240
.....855-937-2372
.....www.aaacoastalbend.org
.....www.coastalbendadrc.org
 See paid ads on pages 10 & 11
 Temporary gap-filling program that purchases personal care, caregiver respite, bathroom safety bars and other assistive

Home Delivered Meals

See: FOOD AND NUTRITION

Senior Companion Program

.....**361-826-3167**

Volunteers (aged 60+) assist with daily needs that include light housekeeping, meal preparation, respite care, social recreation and home management.

Texas Association for Home Care & Hospice

.....**800-880-8893**

.....**www.tahc.org**

Advocates for ethical practices, quality, and economic viability of licensed providers of home and community support services in Texas.

Texas Health and Human Services (HHS) Community Care for Aged & Disabled Home Provider Program

.....**866-670-2424**

..... **www.hhs.texas.gov**

Region II service to provide in-home assistance with personal care and household tasks to frail older persons or persons with disabilities who are functionally limited in daily activities. Personal care may include help with bathing, dressing, meal preparation, transfer/ ambulation, home delivered meals, emergency telephone, respite services, adult day care, community living arrangements. Serves the Coastal Bend Region.

Texas Health and Human Services (HHS)

Long Term Care

Complaints.....800-458-9858

.....**(press #2)**

..... **www.hhs.texas.gov**

Administers long-term services and supports for people who are aging, as well as for people with intellectual and physical disabilities.

HOME HEALTH AGENCIES

An agency that provides home health, hospice, or personal assistance services in the client's residence, an independent living environment or other community-based location.

Cornerstone Home Health

.....See paid ad on this page

See: LOCAL PHONE DIRECTORY FOR COMPLETE LISTING

Or Contact

Area Agency on Aging/Coastal Bend Aging and Disability Resource Center (AAA/ADRC)

..... **361-883-3935**

..... **800-252-9240**

..... **855-937-2372**




Cornerstone
Home Health

2600 Lakewood Drive, Ste 2
Rockport, TX 78382

P: 361-727-2131

F: 361-727-2179

Toll Free 1-855-328-2131



Joint Commission Accreditation

**HOME REPAIRS/
MODIFICATION**

**Area Agency on Aging of
the Coastal Bend/Aging and
Disability Resource Center**
.....**361-883-3935**
.....**800-252-9240**
.....**855-937-2372**

Housing Navigator

**City of Corpus Christi Housing
and Community Development**
.....**361-826-3010**

.....**www.cctexas.com**
Providing "One-Stop Housing Services"
for low to moderate income household.
The following services are provided:
Rehabilitation of existing houses,
Replacement housing, Minor Home
Repairs and Construction Management.

**Coastal Bend Center for
Independent Living**
.....**361-883-8461**
.....See paid ad on page 58

**Nueces County Community
Action Agency****361-883-7201**
CEAP, WAP, ramps

**Texas Department of Housing
and Community Affairs**
.....**800-525-0657**
..... **www.tdhca.state.tx.us**

Comprehensive Energy Assistance
Program (CEAP), WAP, Amy Young Barrier
Removal Program (AYBR), Section 811
Project Rental Assistance (PRA).

USDA Rural Development
.....**254-742-9700**
..... **www.rd.usda.gov/tx**
Home Repair Loan and Grant Program offers
loans and grants to low income families who
own homes in need of repair or to make
home accessible for people with disabilities.

**Weatherization Assistance
Program (WAP):**

See: **COMMUNITY
ACTION AGENCIES**

HOSPICE & PALLIATIVE CARE

Palliative care for the terminally ill consisting
of physician, nurses, social workers, aides
bereavement support groups, counselors,
chaplains and volunteers assisting patients
and their families.

Opus Care.....**361-208-0461**
.....See ad on back inside cover

See: **LOCAL PHONE
DIRECTORY FOR
COMPLETE LISTING**

**Area Agency on Aging/Coastal
Bend Aging and Disability
Resource Center (AAA/ADRC)**
.....**361-883-3935**
.....**800-252-9240**
.....**855-937-2372**

HOUSING

**HOUSING INFORMATION
AND REFERRAL**

**Area Agency on Aging/Coastal
Bend Aging and Disability
Resource Center (AAA/ADRC)**
.....**361-883-3935**
.....**800-252-9240**
.....**855-937-2372**
Housing Navigator

SPECIAL ALERT!
Income & resource limits have changed!



YOU MAY QUALIFY FOR “EXTRA HELP”

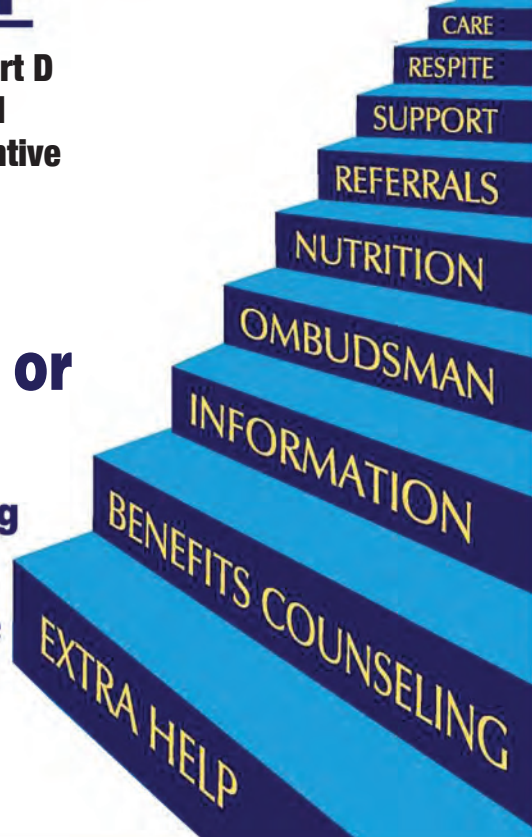
Learn more about Medicare Part D enrollment or cost savings and more information about preventive benefits to assist people with disabilities, older Texans, their families and caregivers.

**1-800-252-9240 or
1-855-937-2372**

www.aacoastalbend.org



TEXAS
Health and Human
Services



Catholic Charities of Corpus Christi, Inc. - Housing Counseling

.....**361-884-0651**
**www.catholiccharities-cc.org**
 Housing counseling for home buying education, HUD-approved mortgage credit counseling. Helps locate secure and maintain rental housing.

City of Corpus Christi, Housing and Community Development

.....**361-826-3010**
 CDBG, HOME, HUD and ESG programs.

Coastal Bend Center for Independent Living

.....**361-883-8461**
**www.cbcil.org**
See paid ad on page 58
 Housing options and services for people with disabilities.

Greenpath Debt Solutions

.....**361-854-4357**
Intake Line**888-776-6735**
 **www.greenpath.com**
 HUD-approved, non-profit credit counseling agency that assists clients with financial education, housing counseling (First Time Home Buyers education program and on-line education program).

Nueces County Community Action Agency First-Time Homebuyer Program

.....**361-883-7201**
**www.nccaa.tx.org**
 Housing programs and assistance.

Texas Dept. of Housing and Community Affairs

.....**800-525-0657**
 **www.tdhca.state.tx.us/**
 Lead state agency responsible for homeownership, affordable rental (Section 8, LIHTC), community and energy assistance programs, colonia access for primarily low-income.

USDA Rural Development

.....**361-664-0455 x4**
TTY**254-742-9712**
 **www.rurdevusda.gov/tx**
 Loan and grant programs for rural housing.

PUBLIC HOUSING AUTHORITIES

Alice Housing Authority

.....**361-664-3453**
 125 Olmito

Aransas Pass Housing Authority

.....**361-758-3032**
 254 N. 13th St.

Beeville Housing Authority

.....**361-362-0399**
 1101 W. Bowie
 Section 8, elderly and disabled

Corpus Christi Housing Authority

Administration Office

.....**361-889-3300**

Housing Choice (Section 8)

Vouchers **361-889-3308**
**www.hacc.org**
 3701 Ayers St.
 Committed to building and maintaining affordable housing for the low to mixed income residents in our community.

PUBLIC HOUSING DEVELOPMENTS

(in Corpus Christi unless noted otherwise)

Andy Alaniz Gardens I & II
**361-241-5766**
 3801 Violet Rd.

La Armada III
**361-889-3518**
 1404 Tompkins

Leeward Homes
**361-889-3341**
 2800 Sacky Dr.

McKenzie I & II
**361-241-5766**
 2842 McKenzie Rd.

Navarro Place
**361-889-3329**
 180 N. 19th St.

Parkway Homes I and II
**361-889-3385**
 3900 Ramsey

Ruthmary Price Place
**361-889-3512**
 4117 Gollihar Rd.

Treyway Terrace
**361-889-3365**
 2022 Treyway

Wiggins Homes
**361-889-3377**
 2320 Buford

Falfurrias Housing Authority
**361-325-5631**
 924 S. Gardner

Gregory Housing Authority
**361-643-5014**
 103 Granajo St.

Ingleside Housing Authority
**361-776-7812**
 2322 First St.

Kingsville Housing Authority
**361-592-3547**
 1000 W. Corral

Mathis Housing Authority
**361-547-3315**
 300 W. Fulton

Odem Housing Authority
**361-368-9063**
 500 Turner

Robstown Housing Authority
**361-387-4525**
 625 W. Ave. F

Sinton Housing Authority
**361-364-1901**
 900 Harville Dr.

Taft Housing Authority
**361-528-3000**
 223 Ave. C

Three Rivers Housing Authority
**361-786-2295**
 209 N. School

RESIDENTIAL LIVING (GROUP HOME):

See: NUECES CENTER FOR MENTAL HEALTH AND INTELLECTUAL DISABILITIES OR COASTAL PLAINS FOR LISTING OF "GROUP HOMES"

**SUBSIDIZED HOUSING
(LOW INCOME) – BY COUNTY**

HUD

SUBSIDIZED RENTAL PROPERTIES:

ARANSAS COUNTY

Fifty Oaks Apartments
.....**361-729-9981**
501 E. 2nd St.; Rockport

Linden Oak Apartments
.....**361-729-1875**
1201 N. Live Oak St.; Rockport

Live Oak Village
.....**361-758-6030**
2101 W. Wheeler Ave.; Aransas Pass

Saltgrass Landing Apartments
.....**361-729-3703**
1602 S. Church St.; Rockport

Sandy Oaks Apartments
.....**361-758-8117**
410 W. Highland Ave.; Aransas Pass

Sea Mist Townhomes
.....**361-727-9998**
2221 FM 3036; Rockport

The Palms Apartments
.....**361-758-1160**
200 S. Ave. A; Aransas Pass

BEE COUNTY

(in Beeville unless noted otherwise)

Amber Stone Apts.
.....**361-358-5000**
210 E. Crocket St.

Emma Fink Villa
.....**361-358-5865**
1101 E. Kennedy

**Lantana Northridge and
Sourthridge Apartments**
.....**361-358-7392**
2200 N. Adams

Poesta Creek
.....**361-358-8342**
1301 S. Tyler

DUVAL COUNTY

C.A.S.A. R.E.A.L. #3
.....**361-256-3110**
100 Cenizo Cir.; Benavides

C.A.S.A. R.E.A.L. #4
.....**361-279-8318**
1001 S. Tovar St.; San Diego

C.A.S.A. R.E.A.L. #5
.....**361-394-7661**
700 E. Jeff Cowley; Freer

Chula Vista Apartments
.....**361-279-3808**
201 Springfield Rd.; San Diego

East San Diego Housing Ltd.
.....**361-765-6809**
201 Springfield Rd.; San Diego

Los Laureles Apartments
.....**361-262-1562**
1100 Santa Rosa St.; San Diego

Vaquero Apartments
.....**361-279-2104**
305 W. 2nd St.; San Diego

JIM WELLS COUNTY

C.A.S.A. R.E.A.L. #1
.....**361-668-4157**
1300 Wyoming; Alice

C.A.S.A. R.E.A.L. #2
.....**361-348-3561**
325 N.W. 2nd St.; Premont

Cameron Village

.....**361-664-7100**
2555 S. Cameron St.; Alice

Easterling Village

.....**361-664-6141**
1455 Easterling Dr.; Alice

Guadalupe Hacienda

.....**361-664-1780**
2015 S. Cameron St.; Alice

San Diego Creek Apartments

.....**361-664-6141**
1499 Easterling Dr.; Alice

KLEBERG COUNTY

(in Kingsville unless noted otherwise)

Casa de Paz Apartments

.....**361-595-5700**
1200 W. Corral

Casa Ricardo

.....**361-592-3724**
200 W. Yoakum

**Court of Las Palomas
Apartments**

.....**361-516-0114**
600 General Cavazos Ave.

Heights at Corral

.....**361-592-0861**
1000 W. Corral Ave.

Los Años de Oro

.....**361-595-7171**
1220 W. Kennedy

LULAC Manor Apartments

.....**361-592-5131**
1220 N. 17th St.

LIVE OAK COUNTY**Live Oak Apartments**

.....**361-449-3232**
800 W. Ave.; George West

Live Oak Manor Apartments

.....**361-786-3733**
1870 E. King Dr.; Three Rivers

Lone Oak Manor Apartments

.....**361-786-4151**
7000 Hwy. 72 East; Three Rivers

NUECES COUNTY

(in Corpus Christi unless noted otherwise)

1602 S. Staples Housing

.....**210-531-0577**
(for persons with disabilities)

American GI Forum Village I and II

.....**361-387-4525**
1801 Bosquez, Robstown

Arrowsmith Apartments

.....**361-991-0222**
5701 Williams

Briarwood

.....**361-991-8081**
1701 Thames

Buena Vida Senior Village

.....**361-881-8000**
4650 Old Brownsville Rd.

Calallen Apartments

.....**361-933-2041**
14838 Northwest Blvd

Casa De Mañana

.....**361-888-4091**
4702 Old Brownsville Rd.

Castle Manor Apartments

.....**361-937-6421**
655 Castle Park

Costa Tarragona II

.....**361-289-6800**
2240 N. Padre Island Dr.

Coastal Haven

.....**361-852-0161**
4710 Middlecoff Dr. (for older persons)

Country Estate Apartments

.....**361-241-3658**
3720 Brookside Dr.

Elliott Grant Homes Apartments

.....**361-884-3828**
901 N. Alameda

El Paraíso

.....**361-855-1494**
1758 Delgado (for older persons)

Figueroa Square

.....**361-767-3200**
.....**361-387-7222**
630 Wright St.; Robstown

Glen Oak

.....**361-937-4051**
711 Glen Oak

Gulfway Manor

.....**361-991-0093**
1750-A Treyway

Hacienda Senior Apartments

.....**361-882-1088**
2625 Greenwood

Hampton Port Apartments

.....**361-991-2390**
6130 Wooldridge Rd.

Henry Harbour

.....**361-986-9098**
2421 Cimarron Blvd.
Affordable apartments for persons with mobility impairment, traumatic brain injury who qualify for HUD, Section 8 Housing.

Jefferine Lytle Estates

.....**361-884-3888**
509 Old Robstown Rd.
(for persons with disabilities)

Laguna Apartments

.....**361-937-2971**
1318 Waldron Rd.

Lantana Square Apartments

.....**361-289-5455**
5802 Academy Dr.

Lexington Manor

.....**361-852-1962**
3126 Ray Ellison Dr.

LULAC Village Park

.....**361-853-2569**
1417 Horne Rd.

LULAC West Park Apartments

.....**361-241-7421**
IH-37 10702

Navigation Pointe Apartments

.....**361-289-5575**
909 S. Navigation Blvd.

Northside Manor

.....**361-883-1622**
1401 N. Alameda

Nueces County Community Action Agency**Crestbrook Apartments**

.....**361-654-7940**
3609 Cresbrook
Non-subsidized. Accepts Housing Choice, TBRA and VASH Vouchers

Houston St. Apartments

.....**361-654-7940**
3226 Houston St.
Non-subsidized. Accepts Housing Choice, TBRA and VASH Vouchers

Robstown Homes

.....**361-883-7201**
 744 W. Avenue B; Robstown
 Non-subsidized. Accepts Housing
 Choice, TBRA and VASH Vouchers.

Oak Park I (Advanced Housing)

.....**361-937-2971**
 3700 Oak Park Ave.

Oso Bay Apartments

.....**361-991-9043**
 7502 McArdle Rd.

Palacio Residencial

.....**361-851-9890**
 1757 Gollihar
 (for older persons/people with disabilities)

Palms at Leopard

.....**361-883-1622**
 2725 Leopard St.

The Pointe Apartment Homes

.....**361-992-8872**
 1901 Rodd Field Rd.

Rancho De Luna Apts.

.....**361-767-0088**
 640 US Hwy. 77; Robstown

Riley Gardens, Inc.

.....**361-883-8461**
 5834 Riley Dr.
 Affordable rental housing community.

Riversquare Apartments

.....**361-241-8822**
 10342 River Run Blvd.

Samuel Place Apartments

.....**361-851-8031**
 4315 Carroll Ln. (for older persons/
 people with disabilities and multi-family)

Sea Breeze Senior Apartments

.....**361-289-0400**
 809 Derry Dr.

Sea Gulf Villa.....361-888-4821

416 N. Chaparral (for older persons)

Sierra Royal361-767-3200

630 Wright St.; Robstown

**South Bluff Apartments
(Advanced Housing)**

.....**361-937-2971**
 509 S. Carancahua

South Pointe Apartments

.....**361-986-9287**
 5925 Curtis Clark Dr.

Woodland Creek

.....**361-241-3530**
 11641 Leopard St. (for older persons/
 people with disabilities)

REFUGIO COUNTY

(in Refugio unless noted otherwise)

Mission Oaks

.....**361-526-4444**
 411 Swift St.

**Refugio Apartments - Refugio
Housing Association**

.....**361-526-5933**
 405 Osage St.

Refugio Elderly Housing

.....**361-526-4014**
 602 W. Commons

SAN PATRICIO COUNTY

(in Sinton unless noted otherwise)

Casa de Oro

.....**361-364-1476**
 200 Tooter Newlin

Cottonwood Apartments
**361-528-2804**
 1205 Murray St.; Taft

Country Village Apartments
**361-547-9733**
 1500 Hackberry Ln.; Mathis

LULAC Amistad Apartments
**361-364-4096**
 920 Flores

Mariposa Gardens Apartments
**361-547-1600**
 501 S. Hwy. 359; Mathis

Mathis Apartments
**361-547-2411**
 500 W. Freeman; Mathis

Portside Villas
**361-776-7900**
 2706 Hwy 361 E.; Ingleside

Sinton West Apartments
**361-364-4456**
 111 S. Chiltipin St.

Windridge Apartments
**361-364-4815**
 700 Gordon (for persons with disabilities)

**TEMPORARY HOUSING
 SHELTERS/TRANSITIONAL**
 (in Corpus Christi unless noted
 otherwise)

**Accessible Housing Resources,
 Inc. (AHRI)**
**361-883-8461**
 Accessible transitional units for individuals
 with disabilities.

**Catholic Charities Mother
 Teresa Shelter, Inc.**
**361-883-7372**
 Homeless individuals may shower, rest,
 wash clothes, look for work, receive
 counseling and minor health care. Services
 available from 8:00 a.m. to 4:00 p.m

**Corpus Christi Hope House/
 Gabriel Project****361-852-2273**
Fax**361-852-8211**
**www.cchope.org**
 658 Robinson St.
 Provides shelter and assistance to women
 and their dependent children when faced
 with homelessness.

Corpus Christi Metro Ministries
**361-887-0151**
**www.ccmetro.org**

Rainbow House**361-887-0670**
 906 Leopard St.
 Emergency shelter and transitional
 housing for homeless women and
 homeless women with children.

Rustic House.....**361-887-0151**
 1919 Leopard St.
 Emergency shelter and transitional
 housing for homeless men who are mentally
 ill, physically disabled, and/or elderly.

Good Samaritan Rescue Mission
**361-883-6195**
 210 S. Alameda

Mission 911.....**361-882-0911**
 911 Park Ave.
 Serves homeless men only.

The Salvation Army
**361-884-0331**
 1502 Lipan (single men only)
**361-888-6174**
 513 Josephine (women and families)

INFORMATION & REFERRAL

2-1-1 Texas / United Way HELPLINE

24-hour Access (*).....2-1-1
**www.211texas.org**
 Information and referral available 24/7.
 (*) dial 2-1-1, select a language, then choose Option #1 to access information on services available in your area.

Eldercare Locator

.....**800-677-1116**
 **www.eldercare.gov**
 Public service of the U.S. Administration on Aging connecting you to services for older adults and their families.

First Call for Help

..... **361-884-0651 x223**
**www.catholiccharities-cc.org/first-call-connecting-people-resources**

Catholic Charities program links churches of all denominations, faith-based and non-profit organizations in a 12 county area to provide for individual's unmet needs. Services include transportation, clothing, medical, shelter, food, household items and counseling.

Health and Human Services Ombudsman

Toll Free.....**877-787-8999**
Texas Relay**7-1-1**
**800-735-2989**
Fax**888-780-8099**

For problems or complaints about a state health and human service agency or program. Works closely with health and human services departments' leadership, management and program staff.

INSURANCE

Health Insurance Information and Counseling Program (HICAP) Local affiliate:

Area Agency on Aging/ Coastal Bend Aging and Disability Resource Center (AAA/ADRC)

.....**361-883-3935**
**800-252-9240**
**855-937-2372**

..... **www.aacoastalbend.org**
 **www.coastalbendadrc.org**

.....See paid ads on pages 10, 11 & 46
 Free information and assistance on Medicare, Medicaid, Medigap, Long-Term Care and other health insurance benefits.

Health Insurance for Children

See: **MEDICAID CHILDREN'S PROGRAMS**

Health Insurance Premium Program Hotline

.....**800-440-0493**
 Provides general information on assistance with private insurance premiums.

Insurance Information Institute

..... **www.iii.org**
 Online information about insurance.

Mar Insurance

.....**See ad on back cover**

Office of Inspector General - U.S. Dept. of Health and Human Services (HHS)

202-619-1343
**800-447-8477**
**www.oig.hhs.gov**
 Fights waste, fraud, Medicare and Medicaid abuse, along with over 300 HHS programs.

**Texas Dept. of Insurance (TDI)
Consumer Helpline**

.....**800-252-3439**

..... **www.tdi.texas.gov**

Processes complaints on insurance companies and provides information on various insurance issues.

PROPERTY

National Flood Insurance Program (NFIP)

..... **800-621-FEMA (3362)**

....**www.fema.gov/media-library/assets/documents/154**

Managed by FEMA, enables homeowners, business owners, and renters to purchase affordable, federally backed flood insurance. Encourages communities to adopt and enforce floodplain management regulations.

Texas Windstorm Insurance Association (TWIA)

.....**800-788-8247**

.....**www.twia.org**

Provides windstorm and hail insurance coverage to coastal counties denied by other insurance carriers. Processes wind storm certifications and claims.

**INTELLECTUAL
DEVELOPMENTAL
DISABILITIES (IDD)**

American Association on Intellectual & Developmental Disabilities

.....**202-387-1968**

.....**www.aaidd.org**

ARC of Texas

See: ADVOCACY SECTION

Autism

See: CHILD/INFANT/YOUTH

Catholic Charities Ministry & Life Enrichment for the Disabled Program

.....**361-884-0651**

.....**www.catholiccharities-cc.org**

Living Independently & Productively Program (LIP). Provides activities that will enhance the skills of persons with IDD and other disabilities, as well as help them develop strategies that can assist them to live with independence and dignity

Coastal Plains Community Center

Referral.....361-777-3991

Admin888-819-5312

Crisis Hotline.....800-841-6467

..... **www.coastalplainsctr.org**

200 Marriott Dr.; Portland

Provides community services to persons with intellectual and developmental disabilities. Programs include Day Habilitation Services, Texas Home Living (TxHmL), Home and Community-Based Services (HCS), IDD Respite Care Services, Immediate Care Facilities and. Service Coordination. Serves Aransas, Bee, Brooks, Duval, Jim Wells, Kenedy, Kleberg, Live Oak, and San Patricio Counties.

CLINIC LOCATIONS:

Alice.....361-664-9587

614 W. Front

Serves Duval and Jim Wells Counties.

Beeville361-358-8000

2808 Industrial Loop

Serves Bee and Live Oak Counties.

Falfurrias361-325-9776

101 W. Potts

Serves Brooks County.

Kingsville361-592-6481
1621 E. Corral
Serves Kenedy and Kleberg Counties.

Taft361-528-4516
201 Roots Ave.
Serves San Patricio County.

Imagine Enterprises
.....**888-437-4213**
..... **www.imagineenterprises.org**
Promotes self-determination, person-centered planning and employment. A Self-Determination for Texas Project.

National Down Syndrome Society**800-221-4602**
.....**www.ndss.org**
National advocate for the value, acceptance and inclusion of people with Down Syndrome.

Nueces Center for Mental Health and Intellectual Disabilities
Intake.....361-884-9854
Crisis Hotline888-767-4493
..... **www.ncmhid.org**
212 S. Staples St.
Provides services to persons with intellectual and developmental disabilities who are aged 4 years and older in Nueces County. Services are person centered and designed to assist the individual with obtaining and maintaining the skills and abilities needed to achieve life goals.

Texas Council for Developmental Disabilities
.....**800-262-0334**
..... **www.tcdd.texas.gov**
Helps people with developmental disabilities achieve their potential for independence, productivity and integration into their communities by working to develop a comprehensive system of service and supports..

**LEGAL ASSISTANCE/
CIVIL RIGHTS**

AARP800-424-3410
.....**www.aarp.org**
Service for members only.

Catholic Charities of Corpus Christi, Inc.361-884-0651
www.catholiccharities-cc.org
615 Oliver Ct.
Immigration and Refuge Services – Accredited by the U.S. Immigration and Naturalization service to assist in the preparation of family-based immigration petitions, adjustment of status, employment permits, naturalization and citizenship. Serves all 12 counties within the Diocese of Corpus Christi.

City of Corpus Christi – Human Relations Dept.
.....**361-826-3190**
www.cctexas.com/departments/human-relations-division
.....See paid ad on page 59
Free service to individuals who feel they have been discriminated in employment, housing or public business/accommodations.

Consumer Protection and Health Division-Texas Attorney General Office
.....**800-621-0508**
.... **https://texasattorneygeneral.gov/cpd/consumer-protection**

Dispute Resolution Services
.....**361-888-0650**
..... **www.co.nueces.tx.us/drs/**
Mediation service; no legal advice provided.

Equal Employment Opportunity Commission
.....800-669-4000
(TTY).....800-669-6820
.....www.eeoc.gov

Fraud Against Seniors-Texas Attorney General Office
.....800-621-0508
.....www.texasattorneygeneral.gov

Free Annual Credit Report
.....877-322-8228
.....www.annualcreditreport.com

General Service Administration Fraud Hotline
.....800-424-5210
.....www.gsaig.gov

Law Office of Carol Bailey
..... See paid ad inside front cover

Lawyer Referral
.....800-252-9690
.....www.texasbar.com
Online directory of all Texas attorneys by location, practice area, specialty certification and more.

Lawyer Referral Service of Nueces County
.....361-883-3971
.....http://www.lawyerlegion.com/lawyer-referral-directory/texas/corpus-christi/
Referral service of the Corpus Christi Bar Association to match client’s needs with legal representation. 30 minute consultation fee is \$20.00.

Legal Hotline for Older Texans
.....800-622-2520
.....www.tlsc.org
Free legal advice, self-help publications, and referrals to Texans over the age of 60 and Texans who receive Medicare.

“No Call List”
Texas 866-896-6225
.....www.texasnocall.com
National..... 888-382-1222
TTY 866-290-4236
..... www.donotcall.gov
Provides residential or wireless telephone customers the option to block unwanted solicitation calls.

Office of Attorney General
.....800-252-8011
.....www.texasattorneygeneral.gov

Office of Consumer Affairs for the Texas Dept. of Family and Protective Services
.....800-720-7777
.....www.dfps.state.tx.us

Public Utility Commission
.....888-782-8477
.....www.puc.state.tx.us
Regulates the state’s electric and telecommunication utilities, and water and sewer utilities and implements respective legislation and offers customer assistance in resolving consumer complaints.

South Central Pension Rights Project
.....800-443-2528
.....www.tlsc.org/pension
Free legal advice and representation for pension participants and beneficiaries. Serves Arkansas, Louisiana, New Mexico, Missouri, Oklahoma and Texas.

Texas Health and Human Services (HHS) Consumer Rights
.....800-458-9858
.....www.hhs.texas.gov
Accepts complaints about the treatment of older persons and persons with disabilities, and answers general questions about HHS programs and services.



Coastal Bend Center for Independent Living

assisting individuals with disabilities to reach their goals

Independent Living Services

Peer Counseling
Information and Referral
Independent Living Skills Training
Advocacy - Personal and Systemic
Transition Services
IL Purchase of Services Program
Coastal Bend Advocacy Development classes
Assistive Technology Demonstration Center

Housing Services

Tenant Based Rental Assistance Vouchers
Rebuild Texas Fund - Disaster assistance
Housing Navigator - AAA/ADRC of the Coastal Bend

Transportation Services

Mobility Options Project - Urban and Rural
Feonix Mobility Rising - Volunteer Driver Leadership Circle

Medicaid Community-based Services

Case Management, CLASS Program
Consumer Directed Services/Financial Management Services
Relocation Services - Institution to Community

Main Office

1537 Seventh Street

Corpus Christi, Texas 78404

361 883-8461 (voice)

Toll Free: 877 988-1999



P.O. Box 331660

Corpus Christi, Texas 78463

Office Park South

3833 S. Staples

Suite N201, N224

Corpus Christi, Texas 78411

361 334-2899 (voice)

Toll Free: 855 334-2634

www.cbciil.org



HUMAN RELATIONS

The liaison to the City's **Committee for People with Disabilities** (meets 1st Wednesday of the month, 3-5, at City Hall) and the **Human Relations Commission** (meets 1st Thursday of the month, 5-6, at City Hall).

Corpus Christi's Human Relations department provides assistance to persons experiencing difficulty in obtaining equal opportunity in Employment, Housing, Accessibility, and Places of Public Accommodations (public businesses).

Equal Employment Opportunities

As an authorized EEOC FEPA*, the office investigates allegations of discrimination in employment, or seeking employment, pertaining to the protected classes of: national origin, race, color, sex, religion, age, disability, genetics, or retaliation for participating in a complaint for one of the above protected classes.

Fair Housing Opportunities

Designated as a HUD Fair Housing Agency Program* office, allegations of housing discrimination are investigated under the protected classes of: national origin, race, color, sex, religion, disability, familial status or retaliation for participating in a complaint for one of the above protected classes.

ADA Compliance and Places of Public Accommodations

The office provides technical assistance per the ADA Standards of Accessible Design, and addresses public grievances/concerns pertaining to accessibility barrier impediments and concerns pertaining to denial of public goods and services on the protected basis of: national origin, race, color, sex, religion, age, and disability.

City Hall • 1201 Leopard St. • Corpus Christi • (361) 826-3190

*Accredited by the U.S. Equal Employment Opportunity Commission as a Fair Employment Practice Agency (FEPA) and by HUD as a Fair Housing Assistance Program (FHAP) office.

When local emergencies happen, Corpus Christi and Nueces County's new **ReverseAlert** system notifies you by phone, text, or email about imminent danger. Reverse alerts are automatically sent to residents in areas affected and include information about storms, fires, flash floods, industrial accidents, roadway closures, evacuations, crime bulletins, and other incidents that threaten public safety. Sign up now at reversealert.org.

When local emergencies happen, you'll know.



Quando pase una emergencia local, el nuevo sistema **ReverseAlert**, de Corpus Christi y del Condado de Nueces, le notifica por teléfono, texto o correo electrónico acerca de cualquier peligro inminente. Las alertas de **ReverseAlert** se les envían automáticamente a los residentes de áreas afectadas e incluyen información acerca de tormentas, incendios, inundaciones repentinas, accidentes industriales, cierres de carreteras, evacuaciones, boletines policiales, y otros incidentes que amenazan la seguridad pública. Insíbase ahora en reversealert.org.



REVERSEALERT 

REVERSEALERT.ORG

Quando pasen las emergencias locales, se enterará.

Texas Legislature Online
..... www.capitol.state.tx.us

Texas Rio Grande Legal Aid
General Info **361-880-5410**
Toll Free..... **888-988-9996**

..... www.trla.org
Offers free legal services to disadvantaged in civil matters and educates low income individuals about their legal rights and responsibilities. Serves Central, South and West Texas.

- Other Offices:**
- **361-888-0282**
Corpus Christi Courthouse serves Nueces County.
 - **361-880-5420**
Corpus Christi Pueblo serves Brooks, Duval, Jim Wells, Kenedy and Kleberg Counties.
 - **361-364-1133**
Sinton Office serves Aransas, Bee, Live Oak, McMullen, and San Patricio Counties.

Texas Community Care Eligibility Services (CCES)
Administers the Community Care for Aged and Disabled Programs, including both institutional and community based programs.

CCES Intake Line – Region I I
..... **866-670-2424**
Assist individuals to access community care for aged and disabled programs, including provider services, Home Delivered Meals, Emergency Response Services, Family Care, Day Activity and Health Services.

Texas Medicaid Helpline
..... **800-335-8957**
Provides information on services covered through the Medicaid program.

MEDICAID ELIGIBILITY OFFICES:

Medicaid-eligible individuals receive services through State programs; once they are determined eligible through the Texas Health and Human Services Commission (HHS).

Bee County
..... **361-358-9790**
1800 S. Washington; Beeville

Brooks County
..... **361-325-5621**
1200 E. Hwy. 285; Falfurrias

Jim Wells County (MEPD) **361-660-2233**
408 N. Flournoy; Alice

Kleberg County
..... **361-592-9351**
1413 E. Corral; Kingsville

MEDICAID AND MEDICARE

MEDICAID

To apply for Medicaid services or have questions regarding long-term services and supports (for qualified individuals) call:

24-hour Access (*)..... **2-1-1**
..... **877-541-7905**
..... www.yourtexasbenefits.com
(*) Dial 2-1-1, select a language, then select Option #2.

Nueces County

(MEPD)361-878-7792
4410 Dillon Ln.; Corpus Christi

(MEPD)361-878-3342
5155 Flynn Pkwy.; Corpus Christi

Robstown361-387-6571
429 E. Main St.

San Patricio County

Aransas Pass...361-758-7631
524 S. Commercial

Sinton361-364-1240
1115 E. Sinton

MEDICAID MANAGED CARE PROGRAMS

Medicaid Managed Care Helpline866-566-8989

Advocacy available to help access health care services for persons who are already on Medicaid through Star, Star+Plus, or Star Health. Helpline services include assistanceHealth. Helpline services include assistance for persons who are in a nursing facility, Medicaid/ Medicare recipients, changes to health plan or doctor, accessing services, and billing issues for managed care plans.

Medical Plan Choices and Services Helpline

Maximus800-964-2777

STAR+PLUS Waiver

Integrates the delivery of acute and long term services and supports for older persons and people with disabilities who receive Medicaid SSI in the Nueces Service Delivery Area. An array of in-home services that are available in the traditional CBA program are provided by participating health plans.

STAR+PLUS Waiver

Integrates the delivery of acute and long term services and supports for older persons and people with disabilities who receive Medicaid SSI in the Nueces Service Delivery Area. An array of in-home services that are available in the traditional CBA program are provided by participating health plans.

Nueces STAR+PLUS Service Areas:

Aransas, Bee, Brooks, Calhoun, Goliad, Jim Wells, Karnes, Kenedy, Kleberg, Live Oak, Nueces, Refugio, San Patricio and Victoria Counties.

Nueces Service Area MCOs - Enrollment Broker

MAXIMUS, Inc.

.....361-964-2777
STAR, STAR+PLUS and Texas Health Steps enrollment broker assists individuals with enrollment in the MCO of their choice.

United Health Care

.....888-887-9003

Ombudsman - Managed Care Assistance Team

STAR Link Advocate

.....866-566-8989
..... <https://hhs.texas>.

Serves as a central point of assistance in identifying appropriate programs or department for specific problems and/or complaints.



Personal Care Services (PCS)
.....**888-276-0702**

Assist Texas Medicaid clients from birth through 20 years who have physical, cognitive or behavioral limitations related to a disability, or chronic health condition that inhibits the client’s ability to accomplish ADLs, IADLs, or health-related functions.

STAR/STAR+PLUS
Helpline**800-964-2777**
TDD**800-267-5088**

STAR+PLUS Support Unit (HHSC).....**361-878-3235**
For transfers into or out of STAR+PLUS

Individuals receiving BOTH Medicaid SSI and Medicare:

- a) Long Term Services and Support Services will be provided through STAR+PLUS
- b) Acute Care is provided by Medicare

Texas Health Steps (THSteps)
.....**877-847-8377**

Title XIX Medicaid program administered by HHSC and Texas and treatment for children under 21; part of THSteps that provide any medically necessary health care services. Medicaid Healthcare Partnership (TMHP) that provides health screening, diagnosis

MEDICAID WAIVER PROGRAMS

Community and home-based long term services and support are provided to individuals who would qualify for admissions to a nursing facility or an ICF/MR. The following Medicaid programs are “waived off” of institutional entitlements to prevent and avoid institutionalization.

Community Living Assistance and Support Services (CLASS) Interest List**877-438-5658**

For individuals of any age with related conditions occurring prior to age 22.

Deaf/Blind/Multiple Disability (DB/MD) Interest List**877-438-5658**

For individuals of any age with deaf or blindness and one or more other disabilities that impair independent functioning.

Home and Community Based Services (HCS)
.....**361-886-6936**

Serves individuals of any age with ID-DD (IQ below 70) or related condition with an IQ below 75.

Medically Dependent Children Program (MDCP) Interest List**877-438-5658**

Serves individuals under 21 who meet the medical necessity for nursing home facility admission, and who live at home.

Texas Home Living (TxHmL)
.....**361-886-6936**

Serves individuals of any age with IDD or a related condition who live in their own home or their family’s home.

MEDICARE

Health insurance for people aged 65+, under 65 with certain disabilities, and persons of any age with End-Stage Renal Disease or a kidney transplant. To be eligible for premium-free Part A, a person or their spouse have worked and paid into Medicare taxes for at least 10 years.

For Medicare beneficiaries, the STAR+PLUS Program does not affect your Medicare Health Benefits.

Beneficiary Hotline
800-725-9216
 www.tmf.org

Medicare (Part A/Part B/Part D)
800-633-4227
TTY877-486-2048
www.medicare.gov

Medicare Advantage Plans (Part C)800-633-4227
TTY877-486-2048
www.medicare.gov

CMS Questions/Complaints
214-767-6423
800-633-4227
 www.cms.gov

Complaints for Fraud & Abuse
800-436-6184
www.oig.hhs.gov
 hhstips@oig.hhs.gov

Customer Services Center
800-633-4227
TTY877-486-2048

Insurance Claims/Appeals
www.medicare.gov
800-633-4227
TTY877-486-2048
 Information and status of pending claims.

Medicare Improvements for Patients and Provider Act (MIPPA)
 See page 46 for more info

Medicare Savings Program (QMB, SLMB and QI-1 Benefits) 24-hour Access (*)2-1-1
877-541-7905
 www.yourtexasbenefits.com
 For low income individuals. (*) Dial 2-1-1, pick a language, then select Option #2.

Medicare/Medigap Hotline for Complaints800-633-4227
www.medicare.gov

Quality of Care Complaints/ Appeals – Texas
844-430-9504
 www.keproqio.com/

Railroad Retirement Board (RRB)512-438-3011
800-252-9240
 <https://secure.rrb.gov>
 Provides assistance with lost RRB Medicare card, address change, and enrolling into Medicare. Railroad Retirement beneficiaries only.

MENTAL HEALTH / MENTAL ILLNESS

Coastal Plains Community Center
Crisis Hotline800-841-6467
 www.coastalplainsctr.org
 200 Mariott Dr., Portland, TX. Provides community services to persons with intellectual and developmental disabilities. Programs include Day Habilitation Services, Texas Home Living (TxHmL), Home and Community-Based Services (HCS), IDD Respite Care Services, Immediate Care Facilities and Service Coordination.

Clinic Locations:
Alice361-664-9587
 614 W. Front
 Serves Duval and Jim Wells Counties.
Aransas Pass361-226-3022
 1010 Commercial
 Serves San Patricio County.

Beeville361-358-8000
2808 Industrial Loop
Serves Bee and Live Oak Counties.

Falfurrias361-325-3673
101 W. Potts
Serves Brooks County.

Freer.....361-244-8782
101 N. Main
Serves Duval County.

Kingsville361-592-6481
1621 E. Corral
Serves Kenedy and Kleberg Counties.

Rockport361-727-0988
620 E. Concho
Serves Aransas County.

Taft.....361-528-4516
201 Roots Ave.
Serves San Patricio County.

Three Rivers.....361-786-2626
105 E. Thornton
Serves Live Oak County.

Consumer Rights for Mental Health Services

.....**800-252-8154**
Voice.....800-735-2988
TTY800-735-2989
.....**www.dshs.state.tx.us/mhsa-rights/**

Assist consumers seeking rights, services, or file a complaint.

Depression and Bipolar Support Alliance

.....**800-826-3632**
.....**www.dbsalliance.org**

Intellectual/Developmental Disabilities (IDD)

See: INTELLECTUAL/DEVELOPMENTAL DISABILITIES (IDD)

Mental Health America of TX
.....**512-454-3706**
.....**www.mhatexas.org**

NAMI of Corpus Christi– National Alliance on Mental Illness
.....**281-300-3837**
.....**361-452-4227**
.....**www.namitexas.org/ngcc/**

.....See paid ad on page 65
Support group for families of persons with mental illness, educational programs, and printed materials on mental disorders.

Northwest Regional Hospital
.....**361-767-4300**
Providing both inpatient and outpatient care, specialized care, geriatric unit, and psychiatric evaluation.

Nueces Center for Mental Health and Intellectual Disabilities Intake.....361-886-6970
Crisis Hotline.....888-767-4493
.....**www.ncmhid.org**

.....See paid ad on page 66
1546 S. Brownlee Blvd.; Corpus Christi Adult Mental Health Services for in individuals aged 18 years and up in Nueces County. Programs include: Intake/ Assessment/Referral, Crisis Hotline/ Crisis Services, Mobile Crisis Outreach Team (MCOT), Crisis Respite Services, Routine Case Management, Rehabilitative Case Management, Medication Clinic, Assertive Rehabilitation Treatment (ART), Continuity of Care, Project Home, Inpatient Psychiatric Services, and Projects for Assistance in Transition from Homelessness (PATH).

Robstown Outpatient Clinic
.....**361-387-1445**
1038 Texas Yes; Robstown
Services includes: Assessment, Case Management, Psychiatric Services, Medication Services, Counseling, and Rehabilitation Services.

**Rio Grande State Center/
Outpatient Clinic**

.....**956-364-8000**
.....**www.dshs.state.tx.us/
mhhospitals/**

Offers outpatient medical healthcare, inpatient mental health services, and long-term services for individuals with intellectual and developmental disabilities.

U.S. Dept. of HHS/Substance Abuse and Mental Health Services Administration

.....**877-726-4727**
TDD.....**800-487-4889**
..... **www.samhsa.gov**

Coastal Bend Long-Term Care Ombudsman Program

.....**361-883-3935**
.....**800-817-5743**
..... **www.aacoastalbend.org**

.....See paid ad on page 66
Specially trained staff and volunteers advocate for quality of life and care of nursing home and assisted-living facility residents.

BEE COUNTY

(in Beeville unless noted otherwise)

Hacienda Oaks at Beeville

.....**361-358-5612**
.....See paid ad on page 66
4713 Bus. Hwy. 181 No.

NURSING HOMES / SERVICES BY COUNTY

See: **PHONE DIRECTORY FOR LOCAL LISTINGS**

Area Agency on Aging/Coastal Bend Aging & Disability Resource Center

.....**361-883-3935**
.....**800-252-9240**
.....**855-937-2372**

NUECES COUNTY

(In Corpus Christi, unless noted otherwise)

Alameda Oaks Nursing Center

.....**361-882-2711**
.....See paid ad on page 67
1101 S.Alameda St.

Wooldridge Place Nursing Center.....**361-991-9633**

.....See paid ad on page 66
7352 Wooldridge Rd.



National Alliance on Mental Illness

nami

Greater
Corpus Christi

**Know someone with a mental health condition?
Need help?**

We offer no-cost programs for people affected by mental illness and their families, as well as education and training for schools, workplaces and faith communities. NAMI Greater Corpus Christi is a vital resource for individuals and families when they need a place to turn.

- Individual & Family Support Groups
- Mental Health Education Classes
- Monthly Speaker Events and Outreach

www.namigcc.org

281-300-3837 ♦ 361-452-4227

info@namigcc.org

Find Help. Find Hope.



NIMH
Outreach Partner
for
Texas (South/West)

Connect with
US!



Behavioral Health Center
of Nueces County
IS NOW...



MHID

Nueces Center for
Mental Health and Intellectual Disabilities

WWW.NCMHID.ORG

We Serve

- Adults
- Children
- People with Intellectual Disabilities
- Homeless Individuals

Services

- Medication Management
- Crisis Respite
- Case Management
- Skills Training
- Employment and Housing Supports
- Veteran Support

24hr Psychiatric Crisis Hotline
1-888-767-4493

Equal Opportunity/Affirmative Action/
Veterans/Disability Employer



**Do you care
about older
Texans in
your community?**

The Ombudsman Program of the Area Agency on Aging of the Coastal Bend is looking for volunteers to advocate for people who live in local nursing homes and assisted living facilities. A Certified Volunteer Ombudsman promotes quality care and ensures individual rights are protected. Our goal is to help older Texans enjoy the highest quality of life possible, and Certified Volunteer Ombudsmen can make a significant contribution to the lives of long-term care residents. Free training is provided.

Couples and friends who want to team up to volunteer are welcome. Please join other caring citizens in your community and become a Certified Volunteer Ombudsman. For information, Call (361) 883-3935 or 1 (800) 252-2412.



**4 Star Overall
&
5 Star Quality Measures**

PRODUCT LINES

Fast Track Rehabilitation & Recovery

Wound Care Program • Hospice/Respite • Peritoneal Dialysis

Extended Stay Resident Care/Long Term Care

Referral Intake Fax: 361-358-0128

4713 Business 181 N.

Phone: 361-358-5612

Beville, TX 78102



Peace of mind

Personalized therapy and skilled nursing services with the attention and compassion you deserve.

- Skilled Nursing Care
- Short-Term Therapy
 - Post-Acute Care
- Rehabilitation Including
 - Ortho & Cardiac
 - Respite Services



LIFE CARE CENTERS OF AMERICA

Joint Commission accredited | LCCA.com

Alameda Oaks Nursing Center

361.882.2711 | 1101 S. Alameda St. | AlamedaOaks.com

Wooldridge Place Nursing Center

361.991.9633 | 7352 Wooldridge Rd. | WooldridgePlaceNursingCenter.com

PRESCRIPTION EXPENSE ASSISTANCE

Aransas Council on Aging
**361-729-5352**
 **www.Aransascounty.org/councilaging**
 912 S. Church; Rockport
 Assists older persons 60+ to obtain free or reduced price medications.

Aransas Pass First Baptist Church
**361-758-3066**
 Assist clients to obtain free or reduced prescriptions when funds are available.
 1st Tuesday 1:00 p.m. to 3:00 p.m.

Community Action Corporation of South Texas - Community Health Clinics
 (Sliding scale fee for health care and prescriptions.)

Clinic Locations:

Alice.....361-664-1417
 700 Flournoy, Ste. 2A

Beeville361-362-0307
 301 S. Hillside

Benavides361-256-3663
 115 W. Main St.

Benavides361-256-3663
 115 W. Main St.

Falfurrias361-325-9404
 1302 S. St. Marys St.

Kingsville361-592-3237
 415 S. 6th St.

Mathis.....361-547-4121
 315 S. Duval St.

Sinton.....361-364-4486
 621 E. Sinton St.

Corpus Christi Metro Ministries
**361-887-0151**
**www.ccmetro.org**

1919 Leopard St.
 (Gabbard Health Room)
 Provides prescriptions when funds are available for those seen by a Gabbard Health Room Doctor and who qualify for help. Medical care provided Tuesday through Thursday by appointment only when doctors are available.

Corpus Christi First United Methodist Church-Rx Assistance

..... **361-884-0391 x310**
 900 S. Shoreline Blvd.
 Monday -Thursday 1:30 p.m. – 3:00 p.m.
 Telephone assistance to clients to obtain free or reduced-price medications. Proof of income and medication or prescriptions are required.

Kleberg County Indigent Program Department
**361-595-8569**

Prescription drug assistance for indigent older persons and families in Kleberg County.

Medicare Extra Help (Social Security)
**800-772-1213**
TTY800-325-0778

..... **www.ssa.gov/medicare/prescriptionhelp/**
 For those who have limited income and resources (based on income/resource guidelines).

Medicare Prescription Drug Coverage
General800-MEDICARE
**800-633-4227**
TTY887-486-2048
**www.medicare.gov**

State Health Insurance Program (SHIP).....800-252-9240

.....www.medicare.gov/Contacts/
State-specific SHIP websites with information about local, personalized counseling and assistance to people with Medicare and their families.

Open Arms and Thankful Heart (OATH)361-343-6221

Pharmaceutical assistance program for uninsured Texans. Fees based on ability to pay. Offices in Alice, Beeville, and George West.

Nueces County Hospital District Indigent Program

.....**361-902-4855**
.....nchdcc.org/apply.cfm
Health care assistance to low income individuals of Nueces County only.

Nueces County Prescription Program - Coast2Coast Rx Card

.....**www.coast2coastrx.com**
Free prescription discount card provided by Nueces County. Cardholders save on both brand names and generic drugs. All family members can use card for up to 55% savings discount. Cards available at Nueces County Courthouse.

Partnership for Prescription Assistance

.....**888-477-2669**
www.pparx.org/prescription_
assistance_programs

Pharmaceutical Manufacturers Association publishes a directory of indigent programs for those who cannot afford medications.

Rockport First United Methodist Church - Rx Assistance361-729-1666

801 E. Main St.
Phone calls accepted only on Mondays from 1:00 p.m. – 4:00 p.m.

Sinton First United Methodist Church.....361-364-2824

Assists with free or reduced cost medications. 1st and 3rd Tuesday 1:00 p.m. – 4:00 p.m.

St. Pius X Catholic Church (Medication Assistance Program – M.A.P)361-906-2529

.....**www.stpiusxcc.org/77**
5620 Gollihar Rd.

Community Center #1

Assistance with free or low cost medications through special programs offered by drug companies. Open Tuesdays from 12:30 p.m. - 3:00 p.m. and Wednesdays from 9:00 a.m. - 12:00 p.m.

Texas A&M Health Science Center - Coastal Bend Health Education Center

.....**866-524-1408**
.....**https://cbhec.tamhsc.edu/medication-assistance/**

Community health workers can connect uninsured, underinsured, or those with high co-pays to assistance for most maintenance medications, or prescription medications for chronic or long-term conditions.

Corpus Christi

Amistad Community Health Center361-886-3014

1533 S. Brownlee St.

Hector P. Garcia Memorial Family Health Center

.....**361-902-4230**
2606 Hospital Blvd.

Falfurrias Blumer Building

.....**361-667-3350**
217 East Miller St.

Kingsville

Kleberg County Courthouse
.....**361-592-3590**
700 E. Kleberg Ave.

Together Rx Access Card

.....800-444-4106
..... www.togetherrxaccess.com

Savings on brand-name and generic prescriptions.

U. S. Dept of Veterans Affairs - Corpus Christi VA Outpatient Clinic

.....361-806-5600
.....855-864-0516
TeleMed (refills) ...800-209-7377
... www.texasvalley.va.gov/index.asp
5823 Old Brownsville Rd.; Corpus Christi

CASA of the Coastal Bend

.....361-884-2272
..... www.coastalbendcasa.org

Nueces County Attorney's Office

.....361-888-0391
Guidance and assistance for anyone in a family violence situation in applying for a protective order. No cost to applicants.

Texas Department. of Family and Protective Services Report by phone or online

24/7/365
.....800-252-5400
..... www.txabusehotline.org
Agency Website

..... www.dfps.state.tx.us
Adult/Child Protective Services are authorized to investigate allegations of abuse, neglect and/or financial exploitation of children, older adults or persons with disabilities, and to put services in place to alleviate the abuse and prevent it from happening again.

Texas Health and Human Services - Consumer Rights and Services

.....800-458-9858
Email
....crscomplaints@hhsc.state.tx.us

The Purple Door

.....361-881-8888
.....800-580-4878
..... www.thepurpledoortx.org
Safe shelter for abused women and their children. Counseling and support groups for residential and non-residential adult and child victims of family violence, and sexual assault services.

NOTE:

Many pharmacies offer generic drugs at special discounts. Call your local pharmacy for more information.

PROTECTIVE SERVICES

CASA (Court Appointed Special Advocates)

Provide trained and qualified community volunteers who advocate for the best interests of children before the court as a result of abuse or neglect.

Brush Country CASA

.....361-595-7233
.....<http://brushcountrycasa.org/wpl/>

CASA of Bee, Live Oak & McMullen Counties

.....361-542-4407

CASA of the Coastal Bend

.....361-884-2272
..... www.coastalbendcasa.org

RECREATION

Arthritis Foundation South Texas Chapter

.....713-942-9063
.....www.arthritis.org
Information and referral agency for persons with arthritis, offering support groups, self help courses, aquatic programs and a P.A.C.E. (People with Arthritis Can Exercise) program.

Camp Aranzazu

.....361-727-0800
.....www.camparanzazu.org
Dedicated to enriching the lives of children and adults with chronic illnesses and disabilities by providing unique camping, environmental studies, and retreat experiences to groups with special needs.

Challenge Baseball

..... ccchallenger@hotmail.com
For children with disabilities.

Children’s Association for Maximum Potential

.....210-671-5411
..... www.campcamp.org
Camp for autistic children and their families.

CITY OF CORPUS CHRISTI PARKS AND RECREATION

.....361-826-7529
.....www.ccparkandrec.com
..... See paid ad on page73
Call for current classes, programs and location.

AQUATICS

Collier Pool361-826-1720

Natatorium361-826-1728

SUMMER POOLS

Greenwood Pool

.....361-826-1729

HEB Pool361-826-1724

Oso Pool361-826-1727

West Guth Pool 361-826-1723

RECREATION CENTERS

Ben Garza Gym

.....361-884-2194

Coles361-884-9552

Corpus Christi Gym

.....361-826-1726

Joe Garza.....361-826-4080

Lindale361-826-3449

Oak Park361-826-3481

Oso361-826-3110

TENNIS

HEB Tennis Center

.....361-882-6013

Al Kruse Tennis Center

.....361-883-6942

Corpus Christi Senior Softball Association

Contact Forrest Voelkel
.....361-852-0513
60+ league plays on Mondays, 55+ league plays on Tuesdays, 50+ league plays on Wednesdays and 65+ league plays on Thursdays. Games are played at Kiwanis Field.

Miracle League of Corpus Christi (MLCC)

.....**361-882-1741**
.....**www.miracleleagueofcorpuschristi.org**

Non-profit organization that provides opportunities for children ages 5 to 17 and adults 18 and up with mental and/or physical disabilities to play sports. MLCC also offers additional seasonal programs, such as adaptive Zumba and summer camp. For more information, please visit our website.

myTeam Triumph

.....**361-834-6545**
.....**www.mtt-wingsoftexas.org**

.....See paid ad on this page myTeam Triumph is an athletic ride along program created for children, teens, adults and veterans with disabilities who would normally not be able to experience endurance events such as triathlons or road races.

Special Olympics Texas

.....**361-857-5679**

Year-round sports training and athletic competition for children and adults with IDD, building self-esteem and training for life.

Surfrider Foundation

.... **www.surfridercoastalbend.org**

Non-profit environmental organization that coordinates annual Leo Garza Surf Camp for Persons with Disabilities and Surf Camp for the Blind.

Texas Elks Children’s Services Summer Camp

.....**830-875-2425**
.....**www.texaselks.org**

Annual summer camp offered for children with disabilities.

U.S. Youth Soccer

.....**800-476-2237**
.....**www.youthsoccer.org**

Non-profit educational organization to foster the physical, mental, emotional growth and development of America’s youth through soccer.

YMCA

.....**361-882-1741**

Wellness programs for the entire family. Older adult activities include water exercise classes, fitness evaluations, aerobic fitness classes and personalized exercise programs.

YWCA - Y Wellness

..... **361-857-5661 x 101**

For those 50+ the fee is \$30-single, \$45-couple. Silver Sneakers, Silver Fit.



myTEAM TRIUMPH
- WINGS OF TEXAS -



BECAUSE EVERY PERSON DESERVES THE
CHANCE TO EXPERIENCE THE JOY OF
CROSSING THE FINISH LINE

FIND OUT HOW TO GET INVOLVED

WWW.MTT-WINGSOFTEXAS.ORG

accessible



Stay Active At Any Age

There's something for everyone.

Did You Know?

Beaches

- Aqua wheelchair available

Oso Bay Wetlands Preserve

- All-Terrain wheelchair available

50+ Active Adult Programs

- Fitness and recreation
- Meal program
- Social services

Volunteer Opportunities

- Senior Companion Program
- Retired & Senior Volunteer Program (RSVP)

Swim Programs & Pools

- Zero-depth entry pools

...and more!

Reasonable Accommodations

are available upon request and in accordance with the Americans with Disability Act.

volunteer



fitness



Call (361) 826-3460

ccparkandrec.com

Live. Learn. Play!



RESPITE SERVICES

Respite care is short-term, temporary care designed to help caregivers who are responsible for the primary care of a loved one. Respite care is available to caregivers of people who are unable to care for themselves because of their physical or medical condition or age.

For More Information:

..... **361-883-3935**

..... **855-937-2372**

..... **www.aacoastalbend.org**

..... **www.coastalbendadrc.org**

..... See paid ads on pages 11 & 12



CORPUS CHRISTI
Caller Times
PART OF THE USA TODAY NETWORK

Subscribe today!

Call 361-883-3800

ZAVALA SENIOR CENTER

510 Osage St., Corpus Christi, TX 78405

MEET FRIENDS, STAY HEALTHY

ACTIVITIES INCLUDE:

- Caregiver Services
- Health and Nutrition Education
- Physical Activities
- Cardio Exercise Equipment
- Computer Classes
- Community Resource Referrals

Seniors in Corpus Christi have access to this facility free of charge. Members must be 55 years of age or older.



FOR MORE INFORMATION CALL
361.826.3099

SENIOR CENTERS BY COUNTY

Activities vary at each center, and focus around nutritionally balanced meals. Some centers in the rural areas may offer only noontime meals and limited activities.

ARANSAS COUNTY

Aransas County Council on Aging **361-729-5352**
912 S. Church St.; Rockport

BEE COUNTY

Beeville Senior Center
..... **361-542-4596**
301 W. Corpus Christi St.; Beeville

Pettus Community Center
..... **361-375-2119**
700 E. Main St.; Pettus

BROOKS COUNTY

Alaniz Senior Center
..... **361-325-9052**
500 W. Travis; Falfurrias

DUVAL COUNTY

Benavides Civic Center
..... **361-256-3953**
131 W. Main; Benavides

Concepción Civic Center
..... **361-539-4377**
FM 716; Concepción

Freer Civic Center
..... **361-394-7382**
608 East Carolyn; Freer

Realitos Civic Center
..... **361-527-4091**
Hwy. 359 E.; Realitos

San Diego Civic Center
..... **361-279-6115**
210 E. Gravis St.; San Diego

JIM WELLS COUNTY

Alice Senior Center
..... **361-701-5161**
600 E. Front.; Alice

Community Action Corporation of South Texas (CACOST)

Home Delivered Meals
..... **361-664-0099**

Home Delivered Meals
..... **361-348-3766**
109 W. Main St., (Premont only)

Orange Grove Senior Service Center **361-384-9522**
116 Eugenia; Orange Grove

Sandia Senior Center
..... **361-547-3837**
12111 N. Hwy. 359; Sandia

KENEDY / KLEBERG COUNTIES

Kleberg County Human Services
..... **361-595-8572**
1109 E. Santa Gertrudis; Kingsville

Ricardo Senior Center
..... **361-595-8572**
N. Nix St.; Ricardo

Riviera Senior Center
..... **361-296-3351**
103 N. 7th St.; Riviera

LIVE OAK COUNTY

Live Oak Senior Center
..... **361-786-3820**
102 N. Harborth; Three Rivers
Home delivered and Senior Center meals

NUECES COUNTY

(in Corpus Christi, unless noted otherwise)

City of Corpus Christi Senior Centers.....361-826-3150

Home Delivered Meals361-826-4120

.....www.cctexas.com

.....See paid ad on page 73
Senior Center meals, information & assistance, other wellness and recreational activities for older persons.

Broadmoor.....361-826-3138
1651 Tarlton St.

Ethel Eyerly.....361-826-2330
654 Graham

Garden361-826-2345
5325 Greely

Greenwood.....361-826-1368
4040 Greenwood

Lindale361-826-2340
3135 Swantner

Northwest.....361-826-2320
9725 Up River Rd.

Oveal Williams361-826-2305
1414 Martin Luther King

Zavala.....361-826-3099
.....See paid ad on page 75
510 Osage

NUECES COUNTY (RURAL)

Agua Dulce Senior Center361-998-2208
1513 2nd St.; Agua Dulce

Banquete Senior Center361-387-5665
Hwy 44 & 4359 4th St.; Banquete

Driscoll Senior Center361-767-9799
200 E. 6th St.; Driscoll

Nueces County Bishop Community Center361-584-3755
102 W. Joyce; Bishop

Nueces County Community Center361-387-6396
415 Mainer Rd.; Robstown

Port Aransas City Hall361-749-4111
Home Delivered meals only

REFUGIO COUNTY

Home Delivered Meals361-526-5579

Williamson Senior Center361-526-2824
414 N. Alamo; Refugio

SAN PATRICIO COUNTY

Home Delivered Meals361-758-6128

Gregorio Martinez Senior Center361-547-6232
123 E. Laredo St.; Mathis

Ingleside Senior Center361-776-2605
2850 S. Main; Ingleside

MacSwain Senior Center361-758-6313
250 S. 13th St.; Aransas Pass

Odem Senior Center361-368-3178
700 Cook St.; Odem

Portland Senior Center361-643-9431
601 Wildcat; Portland

SENIOR SERVICES

See: **AGING SERVICES**

SOCIAL SECURITY

Catholic Charities of Corpus Christi, Inc. - Representative Payee Program

.....**361-884-0651**
.....**www.catholiccharities-cc.org**
Representative payee services for eligible individuals within the community.

Social Security Administration (SSA)**800-772-1213**
TTY**800-325-0778**

.....**www.ssa.gov**
Apply for Retirement, Survivors, Disability and Medicare benefits, apply for a new or replacement Social Security number. Visit website for online benefits, file an appeal, estimate your retirement, sign up for direct deposit, change address and/or phone number, check the status of online application, request for Social Security statement, 1099 or Benefit Verification letter.

Supplemental Security Income (SSI)**800-772-1213**
..... **www.socialsecurity.gov/disabilityssi/**

SSI is a program for children and adults with disabilities and for individuals aged 65+. Eligibility is based on income and resources.

Local Offices:

Alice.....**888-388-8744**
1000 Medical Center Blvd.

Corpus Christi
.....**866-613-2765**
.....**866-613-2859**
3801 S. Port.

Texas Dept. of Disability and Rehabilitative Services (DARS) – Disability Determination Services.....**512-437-8000**

.....**800-628-5115**
.....**www.dars.state.tx.us**
Disability determination for Texans after they applied with Social Security for either SSDI or SSI.

SUBSTANCE ABUSE INFORMATION

Alcoholics Anonymous
.....**361-992-8911**
.....**866-672-7029**
..... **www.cbiala.org**

An international fellowship of people who have had a drinking problem. A nonprofessional, self-supporting, multiracial, apolitical, and available almost everywhere. Call for local information and meetings.

Al-Anon National
..... **888-425-2666**
..... **www.texas-al-anon.org**

A fellowship of people who have been affected by the alcohol abuse of a loved one. Call for local information and meetings.

Charlie’s Place
.....**361-826-5350**
24 Hour Hotline**361-883-8109**
.....**877-267-8110**
..... **www.charliesplaceonline.org**

Complete continuum of care, which includes medical detoxification, residential and outpatient programs for adults aged 18+.

The Council on Alcohol & Drug Abuse

.....**361-854-9199**
..... **www.coada-cb.org**
Continuum of care in the prevention, intervention and outpatient treatment of the disease of alcoholism and other drug abuse for youth and adults.

Palmer Drug Abuse Program

.....**361-887-8900**
.....**361-446-5309**
.....**www.pdadpcc.org**
Substance abuse services for youths aged between 12-17 preventive program for youth 5-12 yrs, younger support group services and older group 18+. Coordinates family support group. Serving nine county area including: Corpus Christi, Kingsville, and Alice.

Salud Project Offender Reentry Program

.....**361-882-9979**
.....**www.stsars.org/services.html#salud**

Program will offer sustainable and reentry services to adult men and women currently incarcerated, and in need of substance abuse or co-occurring mental health/substance abuse services. Services include case management, outpatient, counseling (individual/group), recovery support services and HIV testing.

South Texas Substance Abuse Recovery Services

.....**361-882-9979**
..... **http://stsars.org/index.html**
Offers variety of programs to address the outpatient substance abuse needs of individuals residing in the Coastal Bend area.



SUPPORT GROUPS

ALS Association - Texas Chapter
.....**210-733-5204**
..... **www.alstexas.org**
3321 Cimarron Blvd.

Amyotrophic Lateral Sclerosis (ALS – Lou Gehrig’s Disease). Monthly Support Group at Galilean Lutheran Church. A Family Support group to educate and connect with other families.

**American Cancer Society
Corpus Christi** **361-857-0134**
..... **877-227-1618**
..... **www.cancer.org**
210 S. Carancahua Ste. 301

Support groups, 24/7 access to the latest cancer information and resources, referrals for financial assistance; for patients and their families.

American Diabetes Association Support Group

.....**361-850-8778**
.....**888-342-2383**
..... **www.diabetes.org**

Anger-Insight Resolution

.....**361-242-2121**
..... **www.angerinsightresolution.org**

Learning to communicate anger, deal with rage, family violence issues and individual support groups for men and women.

Christus Spohn Support Groups

Breast Cancer Support Group

.....**361-985-5600**
.....**800-582-7327**

1415 Santa Fe

Education for anyone who has experienced breast cancer. Pre-registration required.

Stroke and Brain Injury Support Group

.....**361-881-3000 x14415**
600 Elizabeth

Educational topics for people who have survived a stroke and/or brain injury and their family members, caregivers and the community.

Coastal Bend Parkinson's Support Group

.....**361-960-9597**
.....**361-815-1451**

Monthly support group for families and caregivers are caring for a loved one with Parkinson's. 3rd Saturday at 10:00 a.m.

Corpus Christi Stroke Club

.....**361-761-5017**
Support group for families, caregivers, and persons who have survived strokes.

Corpus Christi Vet Center

.....**361-854-9961**
4646 Corona, Ste. 250

Various support groups available for Veterans already receiving services with the Vet Center. All services are free and are strictly confidential.

Family Caregiver Support Group- Area Agency on Aging

.....**361-883-3935**
..... **www.aaacoastalbend.org**

TLC from people who understand your situation, learn coping mechanisms, information about resources to support your caregiving journey

Grandparent Support Group

Provides support and education for grandparents taking on bigger roles in raising their grandchildren.

OIF/OEF Support Group

Aimed for Veterans of Operation Iraqi Freedom/Operation Enduring Freedom.

Spouse Support Group

Intended for spouses of Veterans looking for support, tools, and education.

Yoga Group

Uses yoga for therapeutic benefit of stress relief and to decrease dissociation.

Diabetes Support Group and Family Night

.....**361-561-8584**
..... **www.cbhec.tamhsc.edu/diabetes-education**

209 N. Water St.

Once a month support group for participants of "Controlling Your Diabetes Class" for follow-up lab work, continuing education, motivation and support.

Face to Face (Alzheimer's Educational & Support Program)

See: ALZHEIMER'S DISEASE AND RELATED DEMENTIAS

**Homicide Survivors Support Group First Christian Church
.....361-937-4962**

3401 Santa Fe
Offers emotional support and educational guidance of the judicial system.

Lean On Me.....361-694-5763
Bereavement Support Group to help children (aged 6+) and families.

NAMI of Greater Corpus Christi- National Alliance for the Mentally Ill

.....281-300-3837
.....361-452-4227
.....See paid ad on page 65
Support group for families of persons with mental illness, educational programs, and printed materials on mental disorders.

NAMI Connection Peer Support Group

Every 2nd and 4th Thursdays
6:00 p.m. to 7:30 p.m.
Family Counseling Services
3833 S. Staples St, Room 218
Corpus Christi

Every 1st and 3rd Fridays
7:00 p.m. to 8:30 p.m.
Satellite Youth Activities Center
Our Lady of Perpetual Help
5833 Williams Dr
Corpus Christi

NAMI Family Support Group

A support group evening for family members of individuals living with mental illness.
Every 1st and 3rd Fridays
7:00 p.m. to 8:30 p.m.
Our Lady of Perpetual Help
5833 Williams Dr.
Corpus Christi

San Patricio County Diabetes Support Group
San Patricio County Fairgrounds Civic Center. 219 W. 5th St.; Sinton

TAX AID INFORMATION

AARP TAX-AIDE & AARP Tax Aide Site Info
.....888-227-7669
..... www.aarp.org/money/taxes/aarp_taxaide

Available free to taxpayers with low to moderate income, with special attention to those 60+.

Internal Revenue Service (IRS)
.....800-829-1040
Federal Tax Forms

.....800-829-3676
Automated Refund Info Line
.....800-829-4477
TTY800-829-4059
..... www.irs.gov

Office of Taxpayer Advocate
.....877-777-4778
TTY800-829-4059

.....www.irs.gov
Assists taxpayers with problems or economic hardship not resolved through normal IRS channels.

**Tax Property Tax Assistance
Division of Texas Comptrollers
Office.....800-252-9121
..... [www.comptroller.texas.gov/
taxinfo/proptax](http://www.comptroller.texas.gov/taxinfo/proptax)**

**State Tax Exemptions for People
with Disabilities (96.273)
.....888-334-4112
..... [www.comptroller.texas.gov/
taxinfo/taxpubs/index.html](http://www.comptroller.texas.gov/taxinfo/taxpubs/index.html)**
Specific guidelines on items and services
exempt from State Sales and Use Tax for
people with disabilities.

**Texas State Comptroller of
Public Accounts
.....888-334-4112
..... www.comptroller.texas.gov**

**Volunteer Income Tax
Assistance (VITA) Program
.....800-906-9887
Site Locations.....2-1-1
Press language option, then
option #1
..[www.irs.gov/individuals/Free-
Tax-Return-Preparation-for-
You-by-Volunteers](http://www.irs.gov/individuals/Free-Tax-Return-Preparation-for-You-by-Volunteers)
Free tax help to people who make
\$54,000 or less and need assistance in
preparing tax returns.**

**Coastal Bend Center for
Independent Living - Mobility
Options Project
.....361-883-8461
.....877-988-1999
.....www.cbcl.org**

Transportation is provided through
purchase of services from private and/
or public transportation providers for
individuals with disabilities and seniors
needing gap-filling trips.

**Corpus Christi Metropolitan
Planning Organization
.....361-884-0687
..... www.corpuschristimpo.org**
A multi-modal transportation planning
agency for Nueces and San Patricio
Counties.

**Feonix Mobility Rising
.....361-504-0040
..... see paid ad on page 83**

**Kleberg County Human Services
- Paisano Express
.....361-595-8572**
Call for scheduling. Rural transit provider
in Kleberg County.

**Medical (Medicaid)
Transportation Program
.....877-633-8747**
Medical care transportation for people
receiving Medicaid. 48 hr. notice required.

TRANSPORTATION

**American Cancer Society
.....361-857-0136
To schedule a ride..800-227-2345
..... www.cancer.org**
Provides free rides for cancer patients
needing assistance with medical
appointments.

**Corpus Christi Regional
Transportation Authority
(CCRTA)**
Provides public transportation services in
Nueces and San Patricio Counties which
include cities of Agua Dulce, Banquete,
Bishop, Corpus Christi, Driscoll, Gregory,
Port Aransas and Robstown. CCRTA
provides B-Line Paratransit, van pools,
commuter and seasonal services.



Feonix – Mobility Rising is a non-profit organization whose mission is to enhance transportation options for vulnerable and underserved individuals.

MULTI-MODAL	24/7 SUPPORT
 <i>Public</i>	 <i>Call</i>
 <i>Private</i>	 <i>App</i>
 <i>Volunteer</i>	 <i>Online</i>

www.feonixmobilityrising.org
361-504-0040

CCRTA Customer Service Center

..... 361-883-2287
 855-834-2287
 www.ccrta.org

Provides bus route information, bus pass purchases, lost items, B-Line applications, employment, reduced fare, program information, customer service and information on all other services.

CCRTA “B” RideLine 24 Hr Automated Information Services..... 361-289-2600

Provides fixed bus route information available seven days a week.

CCRTA Administration and Operations Facility

..... 361-289-2712
 5658 Bear Ln.

CCRTA B-Line Paratransit Service Reservations Line


..... 361-289-5881
 B-Line is a shared ride public transportation service for people with disabilities that prevent them from using fixed route services. Individuals must meet eligibility requirements.

CCRTA Flexi-B


..... 361-749-4111
 Demand response service from Port Aransas to Corpus Christi offered Monday – Saturday. 24 hr. notice required to schedule reservation.

Refugio County Senior Services

..... 361-562-5579
 Serves Refugio County residents only, persons 60 and over and persons with disabilities.



Around The Coastal Bend



Rural Economic Assistance League – R.E.A.L.

Fees are charged for public transportation service. Serves Aransas, Bee, Brooks, Duval, Jim Wells Live Oak, Refugio, and San Patricio Counties. 24 hour notice required.

- Alice.....361-668-3158**
-800-634-8082**
- Bee.....361-358-7229**
-800-358-5534**
- Falfurrias361-325-3625**
- George West.....800-634-8082**
- Sinton.....361-364-0154**
-866-348-0153**

Texas Department of Transportation Corpus Christi District Office

.....361-808-2315
..... www.txdot.gov

VETERANS SERVICES

Coastal Bend State Veterans Cemetery

.....361-248-4830
.....800-252-8387
9974 IH 37 Access Rd.
Exclusive cemetery for veterans, their spouse, and dependent children.

Corpus Christi Vet Center

.....361-854-9961
4646 Corona, Ste. 250
Veteran’s re-adjustment and help with benefits services.

Corpus Christi Veterans Affairs Outpatient Clinic

.....361-806-5600
5283 Old Brownsville Rd.
Provides Texas Veterans in Corpus Christi area with primary healthcare including primary care, X-Ray and EKG, dietic counseling and social services.

Corpus Christi Veterans Affairs Specialty Clinic

.....361-939-6510
205 S. Enterprize Pkwy
Center provides veterans healthcare including mental health, pulmonary, cardiology services, pharmacy, lab, podiatry, orthopedics, physical therapy, and compensation/pension exams.

Department of Veterans Affairs Caregiver Support Program National Support Line

.....855-260-3274
.....www.caregiver.va.gov
Offering a wide range of services for caregivers of eligible veterans of all eras. Additional services are available for eligible veterans who were seriously injured in the line of duty on or after September 11, 2001.

Military Autism Help

.....866-366-9710
....www.operationautismonline.org
Online guide, and military specific. Steps lead you through deployments, moves, Tri-Care, etc.

Military OneSource

.....800-342-9647
.....www.militaryonesource.mil
24/7 Resource provided by the Department of Defense at no cost to Active Duty, Guard or Reserve (regardless of activation status) and their families.

**National Guard / Reserves
Vets 4 Warriors**

.....**855-838-8255**
Peer support line available 24 hours for National Guard and Reserve service members.

Peer to Peer Support Group
.....**361-886-1086**

Provide veterans an opportunity to sit and talk with other vets who have been in war. Topic discussions allow vets to make transition from “there” to “here.” Trained peer facilitators and volunteers provide guidance for the members.

**Texas Veterans Commission
Claims and Representation
Office Corpus Christi**

..... **361-806-5610 x274**
.....**800-252-8387**
..... **www.tvc.texas.gov**
5283 Old Brownsville Rd., Rm. 173.3

Claims and benefit counselor assists Texas Veterans, their families and their survivors in obtaining all the benefits they earned through their service.

Texas Veterans Land Board
..... **1-800-252-8387**
..... **www.glo.texas.gov/vlb**

Land, housing and home improvement loan programs, state nursing homes and state cemetery benefits available to eligible Texas Veterans.

**Texas Veterans Leadership
Program.....361-882-7491**

Veterans Resource and Referral Specialists connect returning veterans of Iraq and Afghanistan to referrals for employment, training, medical, educational, and other needs. Located in Workforce Solutions at Sunrise Mall.

TexVet
.....**www.texvet.org**

Collaborative effort serving Texas Military, veterans and family members with information and referral services and facilitating a service delivery.

**U.S. Department of Housing and
Urban Development -
VA Supportive Housing
(HUD-VASH)**

.....**361-806-5600**
5283 Old Brownsville Rd.

**U.S Department of
Veterans Affairs**
.....**800-827-1000**

..... **www.va.gov**
Responsible for providing federal benefits to veterans and their families.

**U.S. Department of
Veteran Health Care**
..... **www.va.gov**

Benefits
..... **800-827-1000 (List)**

Health Care.....877-222-8387
Primary care, specialized care, related medical and social support services.

VA Inspector General
.....**800-488-8244**

VA Veterans Crisis Line
..... **800-273-8255 (press 1)**

Vet2Vet Veterans Crisis Hotline
.....**877-838-2838**

Peer hotline for returning armed forces men and women and veterans from previous conflicts and wars. Confidential help 24 hours a day.

Veterans Assistance Grant Program

.....**361-888-0820**
Emergency Financial Assistance program for eligible Nueces County veterans, dependents, and surviving spouses. Call Nueces County Department of Human Services for application/information.

Veterans Services Offices

Ensure that veterans, their dependents and survivors receive assistance with applications for compensation, pensions, hospitalization and other benefits through an intake process that includes information and referral services:

Aransas County

.....**361-790-0154**
301 N. Live Oak, Rockport
Mon. 8:00 a.m. to 5:00 p.m.
Tues. - Wed. 8:00 a.m. to 12:00 p.m.

Bee County361-621-1550

210 E. Corpus Christi St.; Beeville
Mon. – Fri. 8:00 a.m. to 5:00 p.m.

Duval County....361-279-6214

400 E. Gravis St.; San Diego
Mon.,Wed.and Fri. 8:00 a.m. to 5:00 p.m.

Jim Wells County

.....**361-668-5715**
200 N. Almond St, Alice
Mon. – Fri. 8:30 a.m. to 12:00 p.m.

Kleberg County

.....**361-595-8552**
700 E. King Ave., Kingsville

Nueces County

.....**361-888-0820**
901 Leopard St., Courthouse, Ste. 101
Mon. – Fri. 8:00 a.m. to 5:00 p.m.

Refugio County

.....**361-526-4413**
808 Commerce St., Rm. 104B, Refugio
Mon. - Fri. 8:30 a.m. to 12:00 p.m.

San Patricio County

.....**361-364-9356**
400 W. Sinton St., Rm. 105; Sinton
Mon. – Fri. 9:00 a.m. to 4:00 p.m.

VOLUNTEER OPPORTUNITIES

American Red Cross, Coastal Bend Texas Chapter

.....**361-887-9991 (option 7)**
.....**800-656-9991**
.....**www.cbtreddcross.org**
Volunteer opportunities in many different areas.

C.E.R.T. (Community Emergency Response Team)

.....**361-776-7422**
Volunteer opportunities throughout the Coastal Bend area. Volunteers will go through emergency preparedness training and learn information to empower volunteers to be able to assist their community in an emergency.

Court Appointed Special Advocates (CASA) of the Coastal Bend

.....**361-884-2272**
...**www.casaofthecoastalbend.org**
Community volunteers advocate for the best interests of abused and neglected foster children in Aransas, Nueces and San Patricio Counties. Must complete required 24 hours of free training.

Foster Grandparent Program

.....**361-878-7766**
 Texas Health and Human Services (HHS)
 Program offering volunteer opportunities
 for persons 55+ who meet federal income
 eligibility guidelines. Volunteers receive
 \$2.65 an hour for 20 hours a week as
 well as training, a daily hot meal and so
 much more.

Ingleside Fire Corps (IFC)

.....**361-776-7422**
 Any citizen may join IFC from 18 years
 to Seniors with a desire to give to the
 community. Helps with department's non-
 firefighting activities such as administrative
 functions, life safety education, canteen
 services, public relations, fundraising and
 more.

**Long Term Care (LTC) Volunteer
 Ombudsman Program**

.....**361-883-3935**
**800-252-2412**
**www.aaacoastalbend.org**
See paid ad on page 66
 Volunteer Ombudsmen are trained to
 receive complaints and concerns from
 residents of Nursing Homes and their
 families.

**Nueces County Public
 Health & Emergency
 Preparedness – Medical Reserve
 Corps Unit (MRC)**

.....**361-361-826-7280**
 Volunteer medical and support personnel
 resource whose purpose is to augment,
 assist and support the existing public
 health and health care delivery systems
 during disasters, public health emergencies
 and community outreach projects.

**Retired and Senior Volunteer
 Program (RSVP)**

.....**361-826-3136**
**www.cctexas.com**
See paid ad on page 84
 Recruiting program for persons 55+
 to fill the needs in the community for
 non-profit agencies, public and private
 healthcare agencies and social services.

Senior Companion Program

.....**361-826-3154**
**www.cctexas.com**
See paid ad on page 73
 Program providing volunteer
 opportunities for persons aged 55+ who
 meet federal income guidelines and who
 qualify for tax free hourly stipend, to
 assist home bound elderly.

**SCORE Association (Counselors
 to Small Business)**

.....**361-879-0017 x305**
**www.corpuschristi.score.org**
 Retired corporate and business managers
 serve as volunteers to provide free
 counseling to individuals planning to start
 a new business and to business owners
 who need help to make their business
 survive and grow.

**Texas Health and Human
 Services (HHS) – Volunteer and
 Community Engagement (VCE)**

.....**512-438-3057**
**800-889-8595**
 The HHS - VCE works with state and
 local businesses, community leaders
 and citizens to help HHS achieve its
 vision that older Texans and people with
 disabilities are provided with programs
 and supports that promote and enhance
 individual well-being, dignity and choice.
 Various volunteer programs available.

ADVERTISERS INDEX

Alameda Oaks Nursing Center	67
Area Agency on Aging of the Coastal Bend	10
Area Agency on Aging ~ Long-Term Care Ombudsman Program.....	66
City of Corpus Christi ~ Human Relations Department.....	59
City of Corpus Christi ~ Park & Recreation Department	73
Community Action Corporation of South Texas.....	22
Coastal Bend Aging and Disability Resource Center.....	11
Coastal Bend Center for Independent Living.....	58
Coastal Bend Disaster Recovery Group	26
Cornerstone Home Health.....	44
Corpus Christi Caller-Times.....	75
Face to Face.....	12
Feonix Mobility Rising	83
Hacienda Oaks Nursing & Rehab	66
Law Office of Carol Bailey.....	Inside Front Cover
Life Care Centers of America - Corpus Christi.....	67
Mar Insurance Solutions	Back Cover
Mayor's Council on Aging.....	6
Medicare Improvements for Patients and Provider Act (MIPPA)	46
myTeamTriumph	72
NAMI Greater Corpus Christi.....	65
Nueces Center for Mental Health & Intellectual Disabilities	66
OpusCare.....	Inside Back Cover
Primary Care and Wellness - Carlos R. Elizondo M.D	43
Reverse Alert.....	59
Senator Juan "Chuy" Hinojosa.....	6
STEAR (State of Texas Emergency Assistance Registry)	27
Texas Eye Care.....	15
WellMed Caregiver SOS	17
Woodridge Nursing & Rehabilitation Center	67
Zavala Senior Center	75



**We can't change the destination
but we can affect the journey.**



Local Care

OpusCare corporate headquarters are located in the heart of the communities we serve. We are involved and engaged with the community.



Quality Care

OpusCare offers Palliative and Hospice care services. We are focused on providing our patients a better quality of life and focused care.



Teamwork

Our Interdisciplinary Team includes: an RN, Case Manager, Social Worker, CNA, Chaplin/Spiritual Supporter, Bereavement Counselor, Doctor, and more.



Care Continuum

Each patient's case is different. A personalized plan of care created to fit the specific needs of the patient and its family.



"Our nursing staff is prepared to provide much more than clinical care. Our service is designed to cater to our patient's physical, emotional and spiritual needs with the goal of achieving a sense of love, peace and closure at end of life. Our nurses focus on quality of life while decreasing physical pain and creating emotional well-being."

Lizandra Morales, BSN
Director of Clinical Management

100%

COVERED BY MEDICARE MEDICAID

27 years
OF EXPERIENCE



Corpus Christi Phone Line
(361) 208-0461
WWW.OPUSCARE.ORG



Mar Insurance Solutions Inc.

Office: 361-730-7003

361-232-8660

4450 S. Staples St.

Corpus Christi Tx, 78411

marinsurance.solutions



**Enroll
Here!**

Se Habla Espanol

- Medicare Supplements
- Medicare Advantage Plans
- Medicare Part D
- Dental Plans
- Final Expense Life Insurance
- ACA Affordable Care Act (Obamacare)



Licensed Agents:
Ubaldo & Araceli Martinez