

JULY 2017 EVENTS

You are not alone ... Please join us at one of the following sessions

~ Family Caregiver Support Groups ~

ALZHEIMER'S SUPPORT GROUP

WHEN: TUESDAY, JULY 4TH (CANCELLED FOR JULY)
TIME: 6:00 p.m.
WHERE: Y.W.C.A.
ADDR.: 4601 Corona Drive, Corpus Christi
PHONE: (361) 883-3935

WHEN: THURSDAY, JULY 13TH
TIME: 3:00 p.m.
WHERE: Mirador Plaza (back side of facility)
ADDR.: 5857 Timbergate Drive, Corpus Christi
PHONE: (361) 883-3935

WHEN: TUESDAY, JULY 11TH
TIME: 6:00 p.m.
WHERE: Wooldridge Nursing & Rehab Center
ADDR.: 600 So. Hillside Dr., Beeville
PHONE: (361) 358-8880

WHEN: WEDNESDAY, JULY 12TH
TIME: 12:00 p.m.
WHERE: Lindale Center/Caregiver SOS
ADDR.: 3133 Swantner St., Corpus Christi
PHONE: (361) 826-2343

WHEN: THURSDAY, JULY 20TH
TIME: 10:30 a.m.
WHERE: Lexington Place Nursing & Rehab
ADDR.: 1661 West Yoakum, Aransas Pass
PHONE: (361) 758-7686

WHEN: TUESDAY, JULY 18TH
TIME: 9:30 a.m.
WHERE: General Caregiver Support Group
ADDR.: Brookdale (Formerly Homewood Residence)
PHONE: (361) 980-0208 FACILTATOR: Anita Valles

WHEN: TUESDAY, JULY 18TH
TIME: 3:00 p.m.
WHERE: SCC River Ridge Nursing Rehab Center
ADDR.: 3922 West River Dr. (Off FM 624) Corpus Christi
PHONE: (361) 767-2000

WHEN: THURSDAY, JULY 27TH
TIME: 4:30 p.m.
WHERE: Kleberg County Nursing & Rehab
ADDR.: 316 General Cavazos Blvd., Kingsville
PHONE: (361) 883-3935

WHEN: TUESDAY, JULY 25TH (NEW TIME AND DAY)
TIME: 4:00 p.m.
WHERE: Alice Public Library
ADDR.: 401 E. Third Street, Alice
PHONE: (361) 883-3935

GRANDPARENTS AND OTHER RELATIVES RAISING CHILDREN - GRRC

WHEN: TUESDAY, JULY 25TH
TIME: 10:00 a.m. — 11:00 a.m.
WHERE: Ben F. McDonald Library
ADDR.: 4044 Greenwood Drive; Corpus Christi
PHONE: (361) 883-3935 .

WHAT: (*) EVENING SUPPORT GROUP
WHEN: Thursday, July 27th
TIME: 6:00 p.m. — 7:00 p.m.
WHERE: First United Methodist Church
ADDR.: 900 South Shoreline Blvd.; Corpus Christi
2nd floor—Rm #216 / parking & entrance behind church
PHONE: (361) 334-2255
FACILITATED/PRESENTED BY: MCH FAMILY OUTREACH
(*) Please call if you will bring your grandchild(ren)
CLASSES FOR ALL AGES

For additional information contact:

FELIPA LOPEZ WILMOT

Family Caregiver Program Specialist

Office: (361) 883-3935 ext - 5153

email: felipa@cbcogaaa.org

~ OR ~

SALLY EDSILL

NFCSP Administrative Assistant

Office: (361) 883-3935 ext - 5156

email: NFCSP@cbcogaaa.org



Facilitations are provided by:
THE NATIONAL FAMILY CAREGIVER SUPPORT PROGRAM
a program of
Texas Health and Human Services

CARE PROVIDER TRAINING

A facilitation provided by:

The National Family Caregiver Support Program

a program of the:



~ **SAVE-THE-DATE** ~

WHEN: WED., July 26, 2017

TIME: 9:00 a.m. to 5:00 p.m.

WHERE: AREA AGENCY ON AGING

ADDRESS: 2910 LEOPARD ST., CORPUS CHRISTI

!! FREE 8 HOUR TRAINING !!

LEARN TO PROVIDE PERSONAL CARE TO SENIORS AND PERSONS WITH PHYSICAL DISABILITIES TO ENHANCE AND PROMOTE THE "QUALITY OF CARE IN THE HOME".

MODULE TOPICS:



- ◆ **Roles & Responsibilities of a Care Provider**
- ◆ **Assisting with Personal Care**
- ◆ **How to Help Someone who uses Adaptive Aide(s)**
- ◆ **Caring for Someone with Early to Mid Stage Alzheimer's**
- ◆ **Caring for Someone with Mid to Late Stage Alzheimer's**
- ◆ **Community Resources**

* Seating is limited; call to reserve your space * Certificate of completion will be awarded at end of class *

For additional information contact:

~ **FELIPA LOPEZ WILMOT** ~

Family Caregiver Program Specialist

Office: (361) 883-3935 ext - 5153

Toll Free: 1-800-252-9240

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OR

~ **SALLY EDSILL** ~

NFCSP Administrative Assistant

Office: (361) 883-3935 ext - 5156

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*The Area Agency on Aging of the Coastal Bend
is funded in part by the:*

Texas Health and Human Services

*The Area Agency on Aging
is a program of the:*





11TH ANNUAL FAMILY AND FRIENDS CAREGIVER FESTIVAL

“EDUCATION, RESOURCES AND RESPITE FOR CAREGIVERS AND FAMILIES”

Friday, July 28, 2017

American Bank Center
1901 N. Shoreline Drive – Henry Garrett Ballroom – 2nd Floor

8:00 am to 12:00 pm Conference & Exhibit Expo
12:00 to 1:00 pm Luncheon
1:00 to 2:30 pm Dance Festival

◆ CONTINENTAL BREAKFAST ◆ DOOR PRIZES ◆ EXHIBITOR EXPO

◆ ASK THE EXPERTS SESSION ◆ RESOURCES ◆ CAREGIVER'S ROUNDTABLE

INTERACTIVE SESSION WITH DR. PRADERIO ◆ SUPERVISED ACTIVITY AREA FOR

LOVED ONES DURING THE CONFERENCE ◆ LUNCH ◆ DANCE FESTIVAL

Free Admission - RSVP

Sponsors & Attendees call 361-238-7777

Registration & Tickets online at www.TexasFaceToFace.com

Email Elsa Munoz events@texasfacetoface.com

Fax 361-238-7777

Follow us on www.Facebook.com/TexasFaceToFace

This community event is presented by Nestor H. Praderio, MD and Face to Face, LLC, in partnership with • Area Agency on Aging of the Coastal Bend • Caregiver SOS Center at Lindale Senior Center by WellMed Charitable Foundation • City of Corpus Christi Parks and Recreation Department - Senior Community Services • Del Mar College – Department of Nurse Education • Texas Department of Family and Protective Services



TELECONNECTION

www.caregiverteleconnection.org



Free Telephone Learning Sessions

Call. Learn. Share.

Date	Time	Topic
Monday, July 10th	1:00 pm Eastern 12:00 pm Central 11:00 am Mountain 10:00 am Pacific	Avoiding Caregiver Isolation with Zanda Hilger, LPC <i>It's easy for caregivers to become isolated. You may feel that other people just do not understand what your life is now. Staying connected with others, and even forging new relationships, can be key to your well-being. Learn some ways to identify what might help get you motivated and resources in the community.</i> ***Sponsored by the North Central Texas Caregiver Teleconnection***
Wednesday, July 19th	1:00 pm Eastern 12:00 pm Central 11:00 am Mountain 10:00 am Pacific	Dealing with Sex and Other Dementia-Related Surprises with Elaine Sanchez <i>There are many challenges associated with caring for people who have dementia. One of which is surprising and inappropriate sexual behavior. Elaine Sanchez offers insights into the reasons people with dementia exhibit surprising and inappropriate sexual behavior and provides practical strategies for improving communication with people who are living with dementia-related diseases. Elaine Sanchez is the author of Letters from Madelyn, Chronicles of a Caregiver and is the co-founder of CaregiverHelp.com, an online support program for family and professional caregivers.</i>
Monday, July 24th	12:00 pm Eastern 11:00 am Central 10:00 am Mountain 9:00 am Pacific	Enough is Enough when setting personal boundaries as a Caregiver with Lucy Barylak, MSW <i>Lucy Barylak, MSW, is a Social Gerontology Consultant with West-Central Montreal Health in Montreal, Canada. Lucy is a renowned expert in caregiving having won the Queen's Jubilee Award twice, presented by the Canadian Homecare Association. In this session Lucy will focus on what it means to set boundaries and why it is important for Caregivers to do this. She will also go over strategies that Caregivers can use when setting boundaries with the person they are caring for as well as with those around them.</i>



WELLMED CHARITABLE FOUNDATION

A program of the WellMed Charitable Foundation

Register online at www.caregiverteleconnection.org or call 866.390.6491 Toll Free

Registration required at least 24 hours in advance