

MAY 2017 EVENTS

You are not alone ... Please join us at one of the following sessions

~ Family Caregiver Support Groups ~

ALZHEIMER'S & GENERAL SUPPORT GROUPS

WHEN: TUESDAY, MAY 2ND

TIME: 6:00 p.m.

WHERE: Y.W.C.A.

ADDR.: 4601 Corona Drive, Corpus Christi

PHONE: (361) 883-3935

WHEN: TUESDAY, MAY 9TH

TIME: 6:00 p.m.

WHERE: Woodridge Nursing & Rehab Center

ADDR.: 600 So. Hillside Dr., Beeville

PHONE: (361) 358-8880

WHEN: WEDNESDAY, MAY 10TH

TIME: 12:00 p.m.

WHERE: Lindale Center/Caregiver SOS

ADDR.: 3133 Swantner St., Corpus Christi

PHONE: (361) 826-2343

WHEN: THURSDAY, MAY 11TH

TIME: 3:00 p.m.

WHERE: Mirador Plaza (back side of facility)

ADDR.: 5857 Timbergate Drive, Corpus Christi

PHONE: (361) 883-3935

WHEN: TUESDAY, MAY 16TH

TIME: 9:30 a.m.

WHAT: General Caregiver Support Group

WHERE: Brookdale (Formerly Homewood Residence)

ADDR.: 6410 Meadow Vista, Corpus Christi

PHONE: (361) 980-0208

FACILITATOR: Anita Valles

WHEN: TUESDAY, MAY 16TH

TIME: 3:00 p.m.

WHERE: SCC River Ridge Nursing Rehab Center

ADDR.: 3922 West River Dr. (Off FM 624) Corpus Christi

PHONE: (361) 767-2000

WHEN: THURSDAY, MAY 18TH

TIME: 10:30 a.m.

WHERE: Lexington Place Nursing & Rehab

ADDR.: 1661 West Yoakum, Aransas Pass

PHONE: (361) 758-7686

WHEN: THURSDAY, MAY 25TH

TIME: 4:30 p.m.

WHERE: Kleberg County Nursing & Rehab.

ADDR.: 316 General Cavazos Blvd., Kingsville

PHONE: (361) 883-3935

WHEN: TUESDAY, MAY 30th (NEW TIME AND DAY)

TIME: 4:00 p.m.

WHERE: Alice Public Library

ADDR.: 401 E. Third Street, Alice

PHONE: (361) 883-3935

GRANDPARENTS AND OTHER RELATIVES RAISING CHILDREN - GRRC

WHEN: TUESDAY, MAY 23RD

TIME: 10:00 — 11:00 a.m.

WHERE: Ben F. McDonald Library

ADDR.: 4044 Greenwood Drive, Corpus Christi

PHONE: (361) 883-3935

WHAT: (*) EVENING SUPPORT GROUP

WHEN: Thursday, MAY 25TH

TIME: 6:00 p.m. — 7:00 p.m.

WHERE: First United Methodist Church

ADDR.: 900 South Shoreline Blvd., Corpus Christi

2nd floor—Rm #216 / parking & entrance behind church

PHONE: (361) 334-2255

FACILITATED/PRESENTED BY: MCH FAMILY OUTREACH

(*) Please call if you will bring your grandchild(ren)

CLASSES FOR ALL AGES

For additional information contact:

FELIPA LOPEZ WILMOT

Family Caregiver Program Specialist

Office: (361) 883-3935 ext - 5153

email: felipa@cbcogaaa.org

~ OR ~

SALLY EDSILL

NFCSP Administrative Assistant

Office: (361) 883-3935 ext - 5156

email: NFCSP@cbcogaaa.org



Facilitations are provided by:
THE NATIONAL FAMILY CAREGIVER SUPPORT PROGRAM
a program of
Texas Health and Human Services



TELECONNECTION

www.caregiverteleconnection.org



Free Telephone Learning Sessions

Call. Learn. Share.

| Date | Time | Topic |
|---------------------|--|--|
| Tuesday, May 2nd | 12:00 pm Eastern 11:00 am Central 10:00 am Mountain 9:00 am Pacific | Thoughtful Hospitalizations with Dementia Patients with Michael Splaine, BA <i>There are circumstances when someone with Alzheimer’s disease may need to go to the hospital for an assessment, surgery or some other form of treatment. This can be a challenging time for the patient, the caregiver and hospital staff. In order to reduce the potential for problems, it is wise for both the caregiver(s) and hospital staff to prepare themselves for the admission.</i> |
| Monday, May 8th | 1:00 pm Eastern 12:00 pm Central 11:00 am Mountain 10:00 am Pacific | How do you Know? Signs When It’s Time to Take the Next Step in Caring for Your Loved One with Lynell Bond, LPC <i>Although there is no step-by-step procedure for caring for a loved one, there are medical and behavioral signs along the way. These signs signal that it is time for the next step in the care you provide through medical interventions and community services. Our speaker, a Licensed Counselor, has 15+ years of counseling experience</i> Sponsored by the North Central Texas Caregiver Teleconnection |
| Wednesday, May 17th | 3:00 pm Eastern 2:00 pm Central 1:00 pm Mountain 12:00 pm Pacific | I’m not the Same Person Anymore: Coping with Caregiver Role Changes with Evalyn Greb, LCSW <i>Do your caregiving responsibilities make you feel like a different person? This session will help you understand the definitions of role changes, role reversal, role overload, and role engulfment. You’ll also find out why caregivers are susceptible to role related challenges and learn how to cope with role-related challenges.</i> |
| Tuesday, May 23rd | 2:00 pm Eastern 1:00 pm Central 12:00 pm Mountain 11:00 am Pacific | The A’s of Dementia with Tam Cummings, PhD <i>This presentation takes a detailed look at the A’s of Dementia – from anxiety, anger, aggression, apathy to amnesia, aphasia, agnosia and apraxia – in a manner that allows caregivers to connect how each “A” is a result of specific damage in the brain’s lobes. Understanding the link between the behaviors of each “A” provides a method for professionals and family caregivers to track the progression of a person’s dementia and provide useful information to medical professionals.</i> |



WELLMED CHARITABLE FOUNDATION

A program of the WellMed Charitable Foundation

Register online at www.caregiverteleconnection.org or call 866.390.6491 Toll Free

Registration required at least 24 hours in advance

STRESS-BUSTING PROGRAM FOR FAMILY CAREGIVERS



*DO YOU PROVIDE CARE FOR A LOVED ONE WITH DEMENTIA?
If so, this FREE program is for YOU!*

PROGRAM FOR:

Family caregivers caring for a loved one with dementia

PROGRAM COMMITMENT:

- 9 week program
- 90 minute weekly session
- Group of up to 8 family caregivers
- Confidential & Supportive
- Trained & Caring Facilitators

All Materials Are Provided

❧ YOU ARE NOT ALONE ❧

- We recognize that caregiving can be very stressful
- This FREE program will teach and enhance:
 - ✓ **STRESS MANAGEMENT TECHNIQUES**
 - ✓ **RELAXATION AND COPING STRATEGIES**
- These basic skills can reduce daily stress in your life

This Stress-Busting Program is

Distributed by: **WELLMED** Charitable Foundation

~ AND ~

Developed by: **UT Health Science Center** - San Antonio

1st Session Begins: THURSDAY, MAY 4, 2017

Time: 6:00 p.m. ~ 7:30 p.m.

Where: Woodridge Nursing & Rehab Ctr. 600 So. Hillside Dr. Beeville, TX.

CALL 361-358-8880 to RESERVE YOUR SPACE

FOR ADDITIONAL INFORMATION:

(361) 883-3935 or 1-800-252-9240

FELIPA LOPEZ WILMOT ~ FAMILY CAREGIVER SPECIALIST

ext - 5153 OR felipa@cbcogaaa.org

SALLY EDSILL ~ ASSISTANT

ext - 5156 OR nfcsp@cbcogaaa.org



TEXAS
Department of Family and Protective Services

Adult Protective Services Division

In Partnership with

Silver Advocate Partners

PRESENTS

Abuse of the Elderly & Disabled: “It’s Everyone’s Business”

11th Annual Training Symposium for Service Providers of the Aged & Disabled

Thursday, May 18, 2017

8:30 am – 4:30 pm

Breakfast & Lunch Provided

First United Methodist Church

900 S. Shoreline, Corpus Christi, TX

A Training for Social Workers, First Responders, Home Health personnel, all Service Providers that interact with elderly and disabled adults.

EARLY BIRD REGISTRATION DEADLINE: MAY 5, 2017

For Registration Information Contact: Jennifer Catalani at (361) 808-6322

CEUs Available

(For SW, LPC, LCDC)

Courtesy of Bayview Behavioral Hospital





CHANGING
THE PERCEPTION OF
AGING



VIRTUAL DEMENTIA TOUR®

YOUR WINDOW INTO THEIR WORLD
“Until There’s A Cure, Take the Tour”

The Virtual Dementia Tour® is an individual experience through simulated dementia created for families, organizations and companies seeking to better understand the physical and mental challenges of those with dementia.

KLEBERG COUNTY NURSING & REHAB

Invites you to participate in a **FREE Community Event**

TUESDAY, MAY 23, 2017

3:00 p.m. to 6:00 p.m.

316 General Cavazos Blvd. Kingsville

LIMITED AVAILABILITY, CALL TO RESERVE YOUR SPACE!!

To register or for more information call:

TERRA TORRES at 361-592-9366

* The Virtual Dementia Tour was created by Atlanta-based Second Wind Dreams®, a national non-profit organization founded by Virtual Dementia Tour author, P.K. Beville, M.S. in 1997 to fulfill dreams for those living in elder care communities and to research ways to improve their quality of life. All donations from tours are given to Second Wind Dreams to continue funding their elder dreams program*.

A DEMENTIA COLLABORATIVE PROJECT SPONSORED BY:



HOSTING PARTNER:

*Kleberg County Nursing & Rehab
Kingsville, Texas*

