# **MAY 2018 EVENTS**

You are not alone ... Please join us at one of the following sessions

# $\sim$ Family Caregiver Support Groups $\sim$

### **ALZHEIMER'S & GENERAL SUPPORT GROUPS**

WHEN: TIME: WHERE: ADDR.: PHONE:	
WHEN:	WEDNESDAY, MAY 2nd
TIME:	10:00 a.m.
WHERE:	SCC River Ridge Nursing Rehab Center
ADDR:	3922 West River Dr. (Off FM 624), Corpus Christi
PHONE:	(361) 767-2000
WHEN:	TUESDAY, MAY 8тн
TIME:	6:00 p.m.
WHERE:	Woodridge Nursing & Rehab Center
ADDR.:	600 So. Hillside Dr., Beeville
PHONE:	(361) 358-8880
WHEN:	WEDNESDAY, MAY 9тн
TIME:	12:00 p.m.
WHERE:	Lindale Center / Caregiver SOS
ADDR.:	3133 Swantner St., Corpus Christi
PHONE:	(361) 826-2343
WHEN:	<b>THURSDAY, MAY 10тн</b>
TIME:	3:00 Р.М.
WHERE:	Mirador Plaza (back side of facility)
ADDR.:	5857 Timbergate Drive, Corpus Christi
PHONE:	(361) 883-3935
WHEN:	TUESDAY, MAY 15тн
TIME:	9:30 а.m.
WHAT:	General Caregiver Support Group
WHERE:	Brookdale (Formerly Homewood Residence)
ADDR:	410 Meadow Vista, Corpus Christi
PHONE:	(361) 980-0208 FACILITATOR: Anita Valle
WHEN: TIME: WHERE: ADDR;: PHONE:	THURSDAY, MAY 17th 10:30 a.m. Ed & Hazel Richmond Public Library 110 N. Lamont St. Aransas Pass, Texas
WHEN:	THURSDAY, MAY 24тн
TIME:	4:30 p.m.
WHERE:	Kleberg County Nursing & Rrhab
ADDR:	316 General Cavazos Blvd., Kingsville
PHONE:	(361) 883-3935
WHEN	TUESDAY, MAY 29тн
TIME:	4:00 p.m.
WHERE:	Alice Public Library
ADDR:	401 E. Third Street, Alice

PHONE:

(361) 883-3935

### **GRANDPARENTS AND OTHER RELATIVES RAISING CHILDREN - GRRC**

WHEN: TIME: WHERE: ADDR: PHONE:	TUESDAY, MAY 22nd 10:00am —11:00am Greenwood Senior Center 4040 Greenwood Drive, Corpus Christi (361) 883-3935	
WHAT: WHEN: TIME:	(*) EVENING SUPPORT GROUP THURSDAY, MAY 31st 6:00 p.m. — 7:00 p.m.	
	First United Methodist Church	
ADDR:		
	-Rm #216 / parking & entrance behind church	
	(361) 334-2255	
FACILITATED/PRESENTED BY: MCH FAMILY OUTREACH (*) Please call if you will bring your grandchild(ren) CLASSES FOR ALL AGES		

For additional information contact:

**FELIPA LOPEZ WILMOT** Family Caregiver Program Specialist

Office: (361) 883-3935 ext - 5153 email: felipa@cbcogaaa.org

~ OR ~

# SALLY EDSILL

NFCSP Administrative Assistant

Office: (361) 883-3935 ext - 5156 email: sally@cbcogaaa.org







Facilitations are provided by: **THE NATIONAL FAMILY CAREGIVER SUPPORT PROGRAM** a program of Texas Health and Human Services

# SCHMIEDING METHOD BASIC SKILLS TRAINING CLASSES ~ FREE 12 hour class ~

CLASS DATES (each session is 4 hours): FRIDAY. JUNE 1st

> FRIDAY, JUNE 8th FRIDAY, JUNE 15th

TIME: 12:30 p.m. ~ 4:30 p.m.

WHERE: Del Mar College
Ctr. for Economic Development
Room # 126
3209 S. Staples St.
Corpus Christi, Texas 78411

# MUST PRE-REGISTER BY May 25th

Call to reserve your space: (361) 883-3935 or 1-800-252-9240

The Schmieding Method Basic Skills Training Classes is a community partnership provided by:

### DEL MAR COLLEGE



Facilitations are also provided by the: THE NATIONAL FAMILY CAREGIVER SUPPORT PROGRAM

### \*) COURSE CONTENT INCLUDES :

- ♦ Infection Control
- ♦ Skin Care
- ♦ Incontinence Management
- ♦ Medication Safety
- Proper Body Mechanics
- ♦ Body Movement and Mobility
- ♦ Caregiver Stress
- ♦ Home Safety
- Personal Care
- ♦ Transferring
- ◆ Nutrition & Hydration

For additional information contact:

~ FELIPA LOPEZ WILMOT ~ Family Caregiver Program Specialist

Office: (361) 883-3935 ext - 5153 Toll Free: 1-800-817-5743 email: felipa@cbcogaaa.org

> ~ OR ~ Sally Edsill

NFCSP Administrative Assistant

Office: (361) 883-3935 ext - 5156 Toll Free: 1-800-252-9240 email: nfcsp@cbcogaaa.org



# Stress-Busting Program for Family Caregivers™



Program for Family Caregivers of People with Dementia or a Chronic Illness

Do you provide care for a loved one with Dementia or for someone with a chronic illness?

## You Are Not Alone

- We know caregiving can be stressful
- This program will teach:
  - stress management techniques
  - relaxation and coping strategies
- Program available at no cost

Information

Who: Family caregivers

What: Multi-component program meets

- 90 minutes/ week for 9 weeks
- Groups of up to 8 people

"I was at a very low point in my life. This program saved my life." Participant









# Presents

# Elder Care Options and Resources Seminar

**Topics**: Advance Directives

Medicaid Estate Recovery Program

Transfer on Death Deed

Spousal Impoverishment

Miller's Trust

Speaker: Attorney Paul J. Zambie, Texas Legal Services Center

Time: 6:00 PM to 8:00 PM

Date: Thursday, May 24, 2018

Location: Del Mar Center for Economic Development 3209 S. Staples, Corpus Christi (Large Room)

This seminar is free and open to the public. For more information please call the Area Agency on Aging 361-883-3935

# ENGAGE AT EVERY AGE: MAY 2018

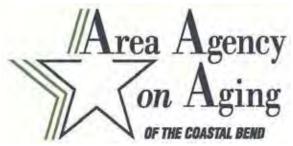
AMERICANS

OLDER

MONTH

# **CARE PROVIDER TRAINING**

A facilitation provided by: *The National Family Caregiver Support Program* a program of the:



# ~ <u>SAVE-THE-DATE</u> ~ WHEN: WED., **June 13, 2**01**8** TIME: 9:00 a.m. to 5:00 p.m.

WHERE: ADDRESS:

AREA AGENCY ON AGING 2910 LEOPARD ST., CORPUS CHRISTI

# **!!** <u>Free</u> 8 hour training **!!**

LEARN TO PROVIDE PERSONAL CARE TO SENIORS AND PERSONS WITH PHYSICAL DISABILITIES TO ENHANCE AND PROMOTE THE "QUALITY OF CARE IN THE HOME".

# MODULE TOPICS:

- ◆ Roles & Responsibilities of a Care Provider
- Assisting with Personal Care
- How to Help Someone who uses Adaptive Aide(s)
- Caring for Someone with Early to Mid Stage Alzheimer's
- Caring for Someone with Mid to Late Stage Alzheimer's
- Community Resources

\* Seating is limited; call to reserve your space \* Certificate of completion will be awarded at end of class \*





The Area Agency on Aging of the Coastal Bend is funded in part by the: Texas Health and Human Services

The Area Agency on Aging is a program of the:





HELPING PEOPLE LIVE WITH ALZHEIMER'S

# HEALTHY AGING SERIES

### Thursday, May 31, 2018

8:30 AM - 11:30 AM



First United Methodist Church Fellowship Hall 900 S Shoreline Blvd, Corpus Christi, TX 78401



Face to Face is proud to partner with First United Methodist Church in hosting the 2018 Healthy Aging Series presentation.

### Presentation by Nestor H. Praderio, MD

Special Guest Speaker (TBA)

. ... . . . . . .

Resource booths will be available

Free and open to the public

RSVP by phone 361-238-7777

by email <u>TexasFacetoFace@gmail.com</u>

www.TexasFaceToFace.com Facebook.com/TexasFaceToFace

Face to Face, LLC is a registered 501(c)(3) nonprofit organization.

Exhibitor Tables \$100 Space is limited. Call Elsa Munoz at 361-815-7814 to reserve your table.



#### **Adult Protective Services Division in Partnership with** Silver Advocate Partners presents

#### ABUSE OF THE ELDERLY & DISABLED: "IT'S EVERYONE'S BUSINESS"

12<sup>th</sup> Annual Training Symposium for Service **Providers of the Aged & Disabled** 

### Thursday, May 24, 2018 8:30 a.m. - 4:45 p.m.

(Continental Breakfast & Lunch provided)

### **First United Methodist Church** 900 South Shoreline, Corpus Christi, Texas

A Training for Social Workers, First Responders, Home Health personnel, all Service Providers that interact with elderly and disabled adults

#### WHAT TRAINING WILL BE PROVIDED?

- The Spirtual Context of Aging
- Adult Protective Services
- Advance Planning
- Innovations in Memory Care
- ...and more valuable information & resources!

#### WILL CEU's BE OFFERED?

Yes, 5 CEU hours will be offered to Social Workers, LPCs & LCDCs.

All attendees will receive a certificate of attendance.

### **REGISTRATION DEADLINE: MAY 11, 2018**

**REGISTRATION FEES:** 

PRE-REGISTERED (BY MAY 11<sup>TH</sup>) \$25.00 each GROUP OF 5 OR MORE AFTER MAY 11 & AT DOOR

\$20.00 each \$35.00 each

(form on page 2)

# FOR ADDITIONAL INFORMATION CALL 361-808-6321

**Register Today!** 

### **REGISTRATION FORM & PAYMENT OPTIONS FOR**

 $\sim 12^{th}$  Annual Training Symposium for Service Providers of the Aged & Disabled  $\sim$ 

Thursday, May 24, 2018 🛛 🗢 < 8:30 AM - 4:45 PM

### ~ PLEASE WRITE CLEARLY AND LEGIBLY ~

Type of Payment D Check D Credit Carc	Attendee First Name	Attendee Last Name
C	Organization or Agency Name	
Street Address Mailing Address	City	Zip Code
Phone Number with area code	Email Address	
Make check payable to: Mail completed registration with payment to:	SILVER ADVOCATE PARTNERS S.A.P. c/o: Rudy Moreno 4626 Weber Road, Suite 21 Corpus Christi, Texas 78411	
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