

Grandparents and Other Relatives Raising Children

“Caring for you... caring for others”

Volume 1, Issue 2



KIDS AND SCHOOL

Kids are more successful in school when parents and guardians take an active interest in their homework—it shows kids what they do is important. The best thing you can do is stay involved and show your support.

ASK THE TEACHER:

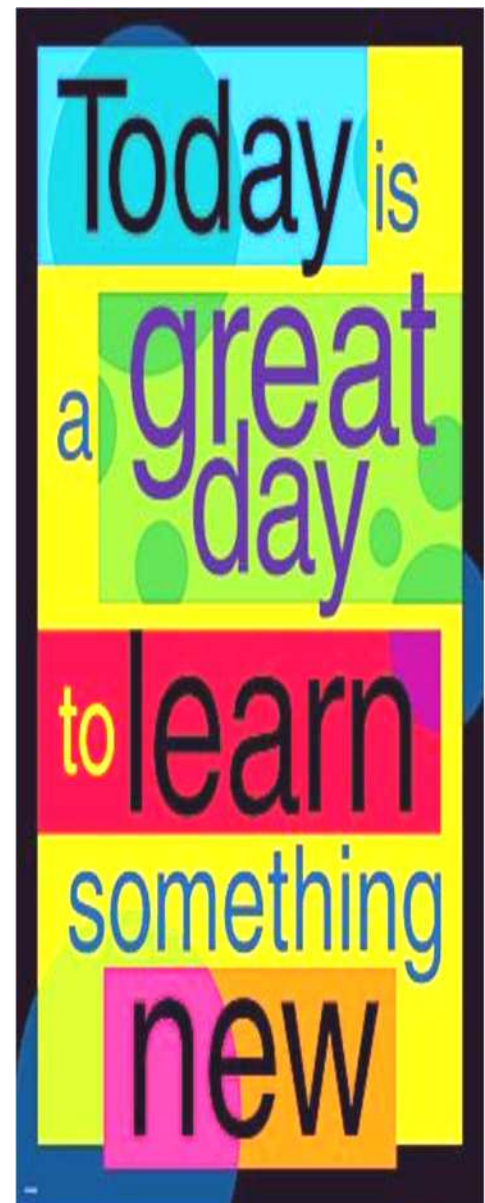
1. How can I know what the homework assignments are for my child?
2. Are there tutoring or classes available if my child needs extra help?
3. How can I help my child complete assignments and keep up with class work?

If you suspect a learning disability, discuss it with their teacher.

ASK THE CHILD:

- ◆ Do they feel there is too much homework or that it is too difficult?
- ◆ When with other kids, do they feel left out or unwelcome? Feeling isolated or insecure will cause a child to participate less in class. If they are having trouble socially, go over the situations that are causing trouble and help them to feel more confident about themselves. Encourage them to get involved in a club or sport that will make them feel more involved.
- ◆ Are they having trouble studying? Set aside a workspace. Encourage them to have a study partner.

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DEALING WITH BULLIES

It's natural for your child to experience social stress at school. But if the child is a victim of regular bullying, he or she will need coaching and intervention to help deal with the problem. Chronic bullying of a child is a very serious problem that needs to be addressed to avoid consequences such as depression, poor grades, inability to concentrate, and even fear of school. **Alert school officials** to the problem and work with them on solutions. Make sure **an adult who knows about the bullying** can watch out for your child's safety and well-being when you cannot be there.

KIDS AND SCHOOL (CONT. FROM PG 1)

HOMEWORK HELP

Kids won't learn if they don't think for themselves and make their own mistakes. If your child is having trouble sitting down to do their work, try this:

- ◆ Set aside quiet time with no TV or video games.
- ◆ If your child is truly stuck on a homework assignment, don't make the common mistake of trying to *re-teach* the information. Your approach might be too different from the teacher's. You can help by quizzing them on what they have just reviewed, listening to them talk

about something they have learned, or going to the library with them to help them find books they need.

- ◆ Help them learn how to manage their time by prioritizing homework. Begin with assignments due the next day. Break up large projects into small, easy to manage sections.

PRAISE THEIR WORK

Post well done tests or art projects on the refrigerator. Mention school achievements to friends and relatives.



READING WITH YOUR CHILD

Books build better brains

Reach Out and Read encourages all parents to make reading with their children part of their daily routine—even if just a few minutes.

- ◆ Talk about the pictures. You do not have to read the book to tell a story.
- ◆ Let your child turn the pages.
- ◆ Show your child the cover page. Explain what the story is about.
- ◆ Run your finger along the words as you read them.
- ◆ Silly sounds, especially animal sounds, are fun to make.
- ◆ Choose books about events in your child's life such as starting preschool, going to the doctor, getting a pet or going on a trip.
- ◆ Let your child retell the

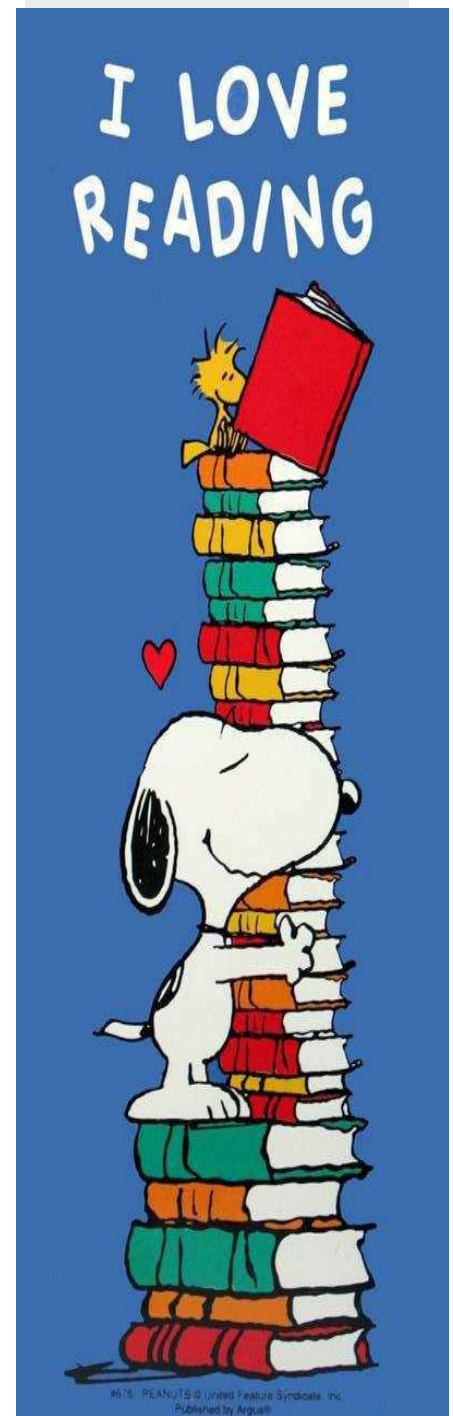
story.

- ◆ Make the story come alive by creating voices for the story characters.
- ◆ Ask questions about the story. What do you think will happen next?
- ◆ Visit your local library.

For babies- hold your baby on your lap while you read. Point at pictures to help them learn.

For 1-year-olds- often toddlers will move around while you are reading. Name the pictures to help them learn new words. Let them choose their own book and read it over and over.

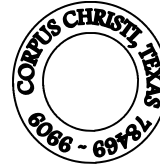
For preschoolers- have your child sit close or on your lap while reading. They like to help turn pages. Let your child tell you stories, even if they are farfetched.



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~Grand-Parenting News~

The Area Agency on



and

Funded in part by the:



ADDRESS SERVICE REQUESTED

OUR PURPOSE

To provide caregivers with critical information enabling them to do their job with confidence, pride and competence.

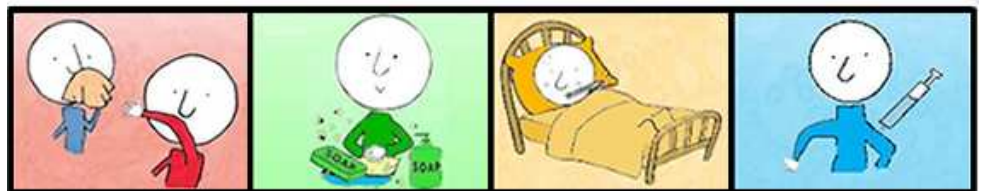
This newsletter is for informational use and should not be considered health advice. It is not meant to replace medical care but to supplement it. The publisher assumes no liability with respect to the accuracy, completeness or application of information presented or the reader's misunderstanding of the text.

THE FLUE

Question: I spend time with my grandchildren and provide care for them at times. Does my risk for the flu impact them?

Answer: Yes. The flu is a highly contagious illness and can easily be passed from person to person. Anyone who gets the flu is putting those around them at risk, including grandchildren and other family members and friends. It is important for grandparents to protect themselves by getting vaccinated—and for the children they care for to get vaccinated too.

FIGHT the FLU



Cover your cough!

Wash your hands.

Stay home when sick.

Get Vaccinated.

~ NOVEMBER 2016 ~

Grandparents and Other Relatives Raising Children (G R R C) Support Group

WHEN: (*) **Tuesday**, November 22nd

TIME: **10:00am — 11:00am**

WHERE: Greenwood Senior Center

ADDR.: **4040 Greenwood Drive, Corpus Christi**

PHONE: **(361) 883-3935 or 1-800-817-5743**

WHAT: (*) **EVENING SUPPORT GROUP**

WHEN: **Thursday** November 17th

TIME: **6:00pm — 7:00pm**

WHERE: **First United Methodist Church**

ADDR: **900 South Shoreline Blvd. Corpus Christi**

2nd floor—Rm #216 / parking & entrance behind church

PHONE: **(361) 334 2255**

FACILITATED/PRESENTED BY MCH FAMILY OUTREACH

(*) Please call if you will bring your grandchild(ren)



For additional information contact:

FELIPA LOPEZ WILMOT
Family Caregiver Program Specialist

Office: **(361) 883-3935 ext - 5153**

Toll Free: **1-800-817-5743**

Email: **felipa@cbcogaaa.org**

~ OR ~

MONZERATT SILGERO
NFCSP (Interim) Administrative Assistant

Office: **(361) 883-3935 ext - 5156**

Toll Free: **1-800-817-5743**

Email: **nfcsp@cbcogaaa.org**

Facilitation provided by:

The National Family Caregiver Support Program

a program of the:

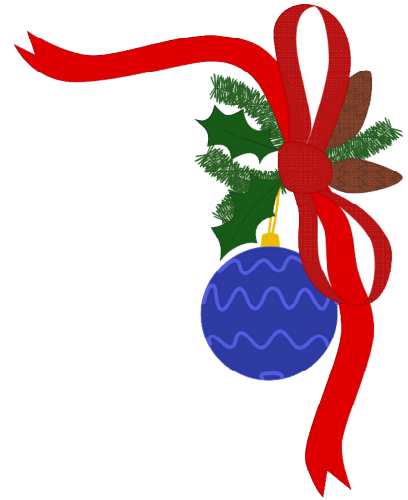
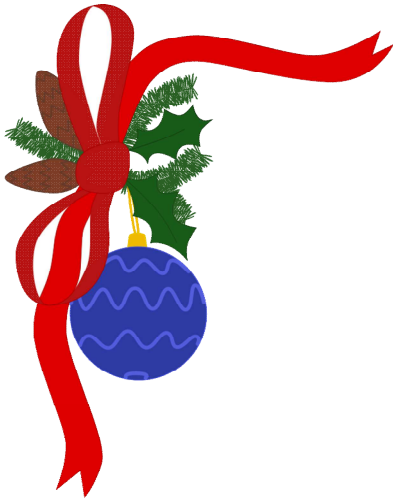


*The Area Agency on Aging
is a program of the:*



**COASTAL BEND
COUNCIL OF
GOVERNMENTS**

*The Area Agency on Aging of the Coastal Bend is funded in part by the :
Texas Health and Human Service Commission*



Dear Grandparent(s):

*You are cordially invited to a Christmas Celebration on
December 6th from 10:00 a.m to 12:00 p.m at Greenwood Senior Center.*

You may bring one of your favorite side dishes, chips or Christmas treats

Are you ready to play the white elephant game?!

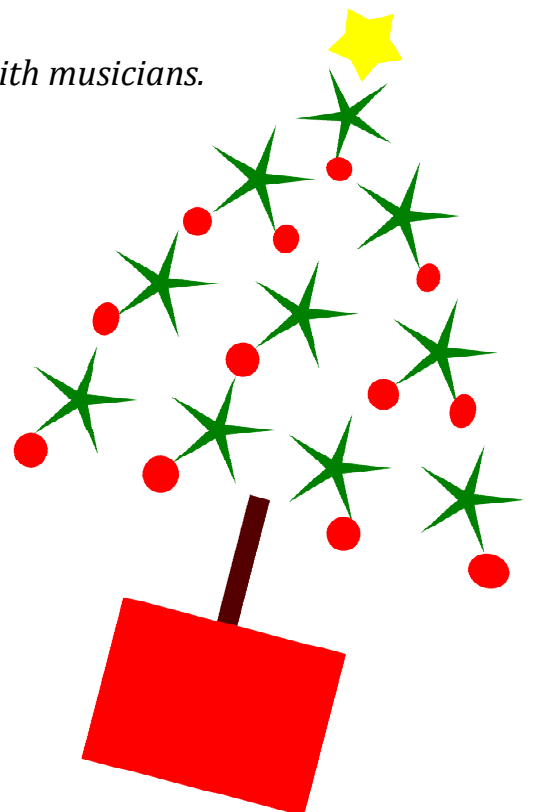
*If you wish to play the game, bring a wrapped gift to the party. The
gift is an item you bring from home that has been gently used or
never used.*

We will also have fun singing Christmas carols with musicians.

I hope to see all of you there.

Best regards,

Felipa Wilmot





REGISTRATION FOR TOYS FOR TOTS
STARTS MONDAY

OCTOBER 17, thru November 22, 2016

For Bee County residents, children ages 0-17
Must have social security cards
for each child



Register at The Beeville Vineyard

210 N. Monroe St. Beeville, TX

361-358-2320

Monday thru Thursday

9:00 a.m. – 12 & 1:00 p.m. – 3:00 p.m.

Each child receives 2 toys, 2 stocking stufers and 2
scholastic books, and toiletries

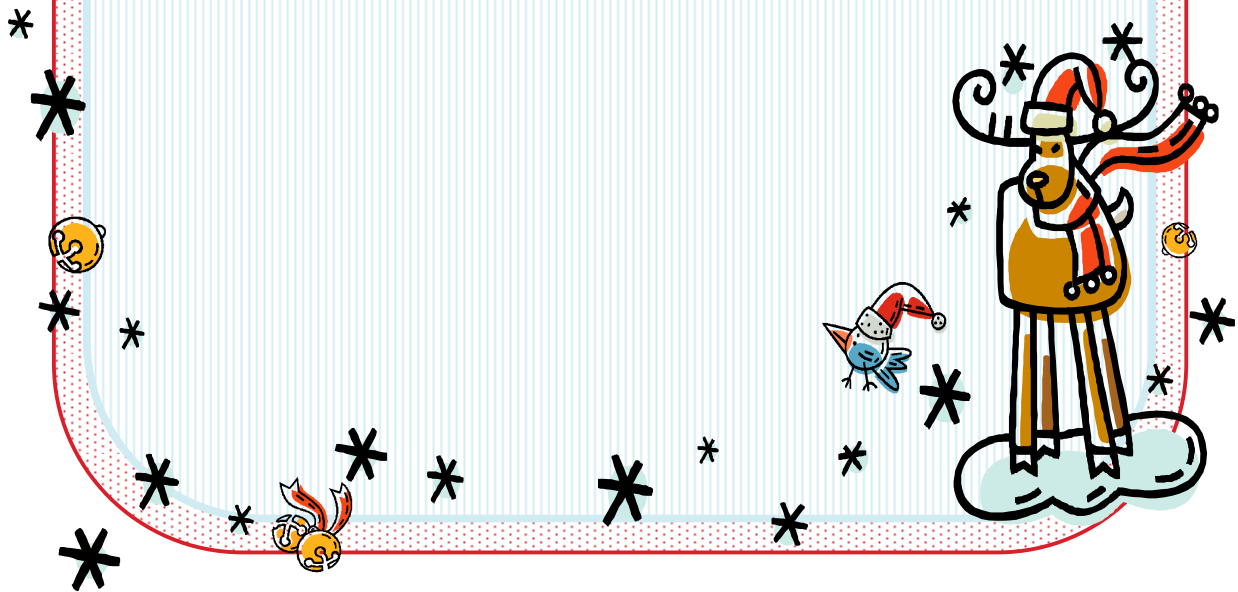
Christmas

at the Market

4710 S. Alameda

Come join us for a day of
shopping and great food and fun!!

Silent Auction and Pictures with Santa!!
December 3, 2016 at 10 a.m. til 5 p.m.



CHRISTMAS TREE FOREST FREE FAMILY FUN DAY

December 10, 2016

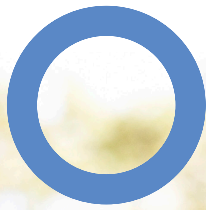
Saturday 10:00 a.m. – 2:00 p.m.

Corpus Christi Art Museum

1902 N. Shoreline Blvd.

Corpus Christi, TX 78401





world diabetes day

14 November



Join us on Monday,
November 14, 2016
4-7 p.m.

at Amistad Community Health Center
1533 S. Brownlee Blvd.

for **free** and **healthy** family fun!

Diabetes screenings • Blood pressure checks • Kidney screenings • Eye screenings
Free food • Education • Music • Kids activities • Vendors • and much more!



HEALTHY SOUTH TEXAS

